



Bonnier Books UK
Adult Trade Publishing

NEW TITLES JULY – DECEMBER 2020

I'm delighted to present Bonnier Books UK's Adult Trade catalogue for the second half of the year.

Our programme is every bit as rich and diverse as our first six months and reflects our widening publishing range. It also showcases the benefits of bringing together our fiction and non-fiction lists, with the announcement of worldwide phenomenon Heather Morris's first foray into non-fiction, the inspirational *Stories of Hope*, *Sunday Times* bestseller Ollie Ollerton's debut thriller, and No 1 parenting blogger and bestselling novelist Louise Pentland's warm, funny and practical guide to parenthood, *MumLife*.

Zaffre, our flagship fiction imprint, confirms its reputation as a publisher of talented debuts with Helly Acton's witty and trenchant first novel *The Shelf*, Iain Ryan's complex thriller *The Spiral*, and *City of Spies*, Mara Timon's compelling espionage novel set in wartime Lisbon. We also have new novels from Queen of Crime Drama Lynda La Plante, whose *Blunt Force* takes Jane Tennison into the dark world of the theatre, from global bestseller Wilbur Smith with *Legacy of War*, sequel to his No 1 bestseller *Courtney's War*, and best-loved saga novelist Rosie Goodwin, whose *The Winter Promise* marks the start of her exciting 'Precious Stones' series.

Our non-fiction imprints Blink and John Blake have a strong and varied season ahead, too. For Blink, Michael Portillo's authoritative portrait of *The Tories* offers real insight into this most successful of political parties, while Chantelle Edmunds' *Milk It* is the ultimate guide to breast-feeding from this popular Instagram guru, and Dr Max

Skittle's *The Secret GP* is a compelling and funny insider's peek behind the curtain of front-line medicine. John Blake continues to dominate the world of true crime and misery memoir with books from No 1 true crime author Christopher Berry-Dee and *Peaky Blinders: The Legacy*, Carl Chinn's follow-up to his bestseller *The Real Peaky Blinders*, and, new to our list, bestselling story-teller Toni Maguire. We are also proud to publish Camilla Thurlow's inspirational autobiography *Not The Type*, Lesley-Ann Jones's compelling biography *Who Killed John Lennon?* and the brilliant *On This Day She*, the almanac that aims to put women back in history one day at a time.

I hope you will find something here to intrigue and delight – and thank you, as ever, for your support for our authors and their books.

Best wishes,



Kate Parkin

Managing Director of Adult Trade Publishing,
Bonnier Books UK

Fiction
ion

Hitler's Secret

RORY CLEMENTS

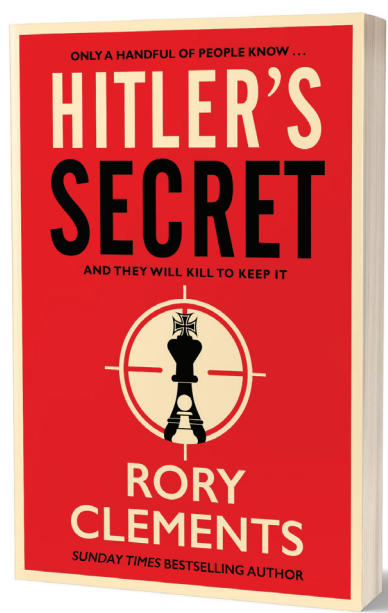
The best weapon against the Nazis may not be a weapon at all . . .

Autumn 1941.

The war is going badly for Britain and its allies, and a new weapon is desperately needed.

In Cambridge, professor Tom Wilde is approached by an American intelligence officer who claims to know of a weapon so secret even Hitler himself isn't aware of its existence. If Wilde can smuggle the package out of Germany, the Third Reich will surely fall.

But it's only when he is deep behind enemy lines that Wilde discovers why the Nazis are so desperate to prevent the 'package' falling into Allied hands. And as ruthless killers hunt him through Europe, a treacherous question hangs over the mission: if Hitler's secret will win them the war, why is Wilde convinced it must remain hidden?



**** The *Sunday Times* bestseller ****



RORY CLEMENTS is a *Sunday Times* bestselling author. He won the CWA Ellis Peters Historical Award for his second novel, *Revenger*, and a TV series of the John Shakespeare novels is currently in development. Rory lives in Norfolk with his family. Find out more at www.roryclements.co.uk.

9781838770297 | Paperback | £7.99 | Zaffre

The Shelf

HELLY ACTON

Six women. Four weeks. One house. Who will be left on *The Shelf*?

Everyone in Amy's life seems to be getting married (or so Instagram tells her), and she feels like she's falling behind.

So, when her boyfriend surprises her with a dream holiday to a mystery destination, she thinks this is it – he's going to pop the Big Question. But the dream turns into a nightmare when she finds herself on the set of a *Big Brother*-style reality television show, *The Shelf*.

Along with five other women, Amy is dumped live on TV and must compete in a series of humiliating and obnoxious tasks in the hope of being crowned 'The Keeper'.

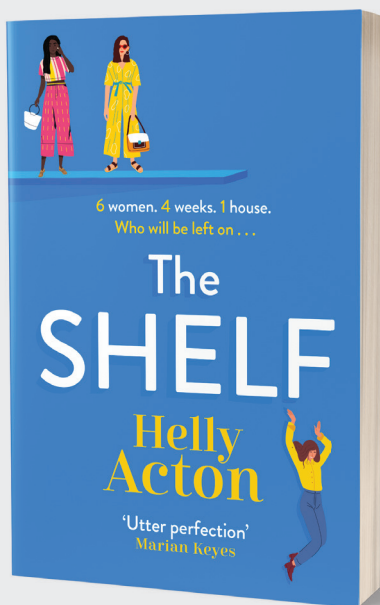
Will Amy's time on the show make her realise there are worse things in life than being left on the shelf?

A funny, feminist and all-too-relatable novel about our obsession with settling down and coupling up, and the battle we all have with accepting ourselves, *The Shelf* introduces the freshest new voice in women's fiction.



HELLY ACTON was born in Zimbabwe and lived in the Middle East, Africa and Australia before moving to London, where she now lives. Terrified of being single, Helly got married at 28 and the marriage lasted only 6 months. She uses this and her experience as a single woman in her early thirties as inspiration for her writing.

9781838770877 | Hardback | £12.99 | Zaffre
9781838770884 | Trade paperback | £12.99



PRAISE FOR HELLY ACTON

'Compelling and hilarious ...
A must-read'
LUCY VINE

'Brilliant, original and hilarious'
KATIE FFORDE



‘I absolutely LOVED The Shelf. One of those delicious books you just can’t put down. So many gorgeous witty one-liners. Utter PERFECTION!’

MARIAN KEYES

Shed No Tears

CAZ FREAR

Four victims. Killer caught. Case closed . . . Or is it?

Christopher Masters, known as 'The Roommate Killer', strangled three women over a two-week period in a London house in November 2012. Holly Kemp, his fourth victim, was never found.

Until now.

Her remains have been unearthed in a field in Cambridgeshire and DC Cat Kinsella and the major investigation team are called in. Immediately there are questions surrounding the manner of her death. And with Masters now dead, no one to answer them.

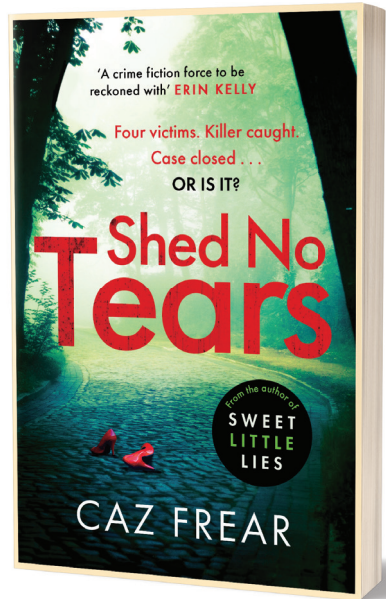
Cat and the team are determined to investigate every lead again and find the truth.

But if you'd got away with murder, what would you do when the case is re-opened?



CAZ FREAR'S debut bestseller, *Sweet Little Lies*, won the WHSmith/Richard & Judy Search for a Bestseller competition and to date has sold over 240,000 copies

across all editions. She grew up in Coventry, where she currently lives, and has a first-class degree in History & Politics.



**PRAISE FOR
CAZ FREAR**

'A treat for all crime fans'
ANN CLEEVES

'A crime fiction force to be
reckoned with'
ERIN KELLY

9781785765698 | Paperback | £7.99 | Zaffre

The Syndicate

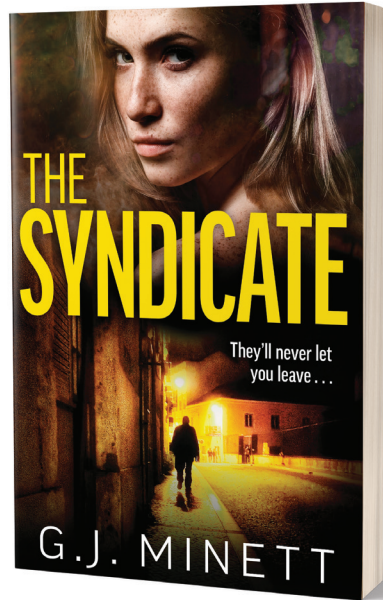
G.J. MINETT

**You think you're free,
but they'll never let you
leave . . .**

Twenty years ago, Jon Kavanagh worked for a crime syndicate. Then one night he made a mistake. He left a witness at a crime scene. Alive.

Now, he is haunted by the memories of that young girl. Her face a constant reminder of the life he chose to leave behind. Time has passed and now he wants answers: What happened to her?

But as Kavanagh attempts to atone for his mistakes, his past is catching up with him. Because he might have walked away, but the syndicate is for life. And they're coming for him.



G.J. MINETT studied at Cambridge and then spent many years as a teacher of foreign languages. He studied

for an MA in Creative Writing at the University of Chichester, and won the 2010 Chapter One Prize for unpublished novels with the opening chapter of *The Hidden Legacy*.

9781785765360 | Paperback | £8.99 | Zaffre

Time to Say Goodbye

ROSIE GOODWIN

The finale of Rosie Goodwin's bestselling *Days of the Week* collection

Kathy has grown up at Treetops home for children, where Sunday and Tom Branning have always cared for her as one of their own, raising her alongside their daughter Livvy. Sunday is keen to see both her girls married, but Livvy has no intentions of settling down and when Kathy falls for the wrong man, she embarks on a secret affair.

When Tom dies suddenly in a riding accident, the running of the estate falls into chaos, and life at Treetops will never be the same again. As their financial difficulties begin to mount, they are forced to leave their home.

The women of Treetops think that things can't get any worse. But then it is announced that the country is at war once more . . .



ROSIE GOODWIN is the million copy bestselling author of more than thirty novels. She is the first author in the world to be allowed

to follow three of Catherine Cookson's trilogies with her own sequels. Having worked in the social services sector for many years, then fostered a number of children, she is now a full-time novelist. She is one of the top 50 most borrowed authors from UK libraries.

9781838770235 | Paperback | £7.99 | Zaffre



PRAISE FOR ROSIE GOODWIN

'The new Catherine Cookson'
COVENTRY EVENING STANDARD

'Rosie writes such heartwarming sagas'
LYN ANDREWS

The Wayward Girls

AMANDA MASON

The most chilling debut novel of the year

Their dangerous game became all too real . . .

THEN

1976. Loo and her sister Bee live in a run-down cottage in the middle of nowhere, with their mother and wild siblings. At the height of the stifling summer, unexplained occurrences in the house begin to disturb the family, until they intrude on every waking moment . . .

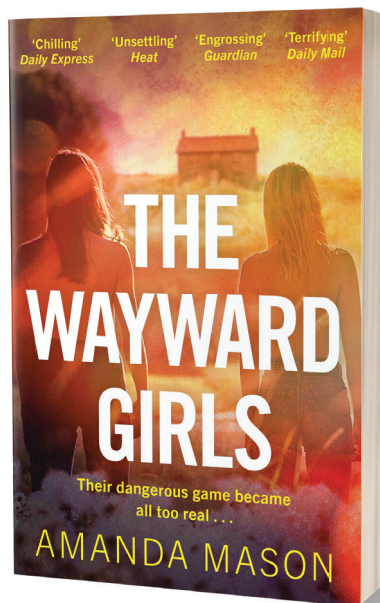
NOW

Loo, now Lucy, is called back to her childhood home. A group of strangers are looking to discover the truth about the house and the people who lived there. But is Lucy ready to confront what really happened all those years ago?



AMANDA MASON was born and brought up in Whitby, North Yorkshire. Her short stories have been published in several anthologies.

The Wayward Girls, her debut novel, was longlisted for the Deborah Rogers prize.



PRAISE FOR AMANDA MASON

'A near perfect ghost story'
GUARDIAN

'A chillingly claustrophobic read in which the secrets of the past seep into the present'
SUNDAY EXPRESS

9781785767067 | Paperback | £8.99 | Zaffre

Blunt Force

LYNDA LA PLANTE

Jane Tennison must navigate the salacious world of theatre to solve a brutal murder in the heart of London's West End

Things can't get much worse for Detective Jane Tennison. Unceremoniously kicked off the adrenaline-fuelled Flying Squad, she now plies her trade at a sleepy police station in the heart of London's affluent Knightsbridge. With little more than petty crimes to solve, she can feel her career slowly flatlining.

That is, until the discovery of the most brutal murder Jane has ever seen: big-time theatrical agent Charlie Foxley has been found viciously beaten to death with a cricket bat – his body dismembered and disembowelled.

Foxley had a lot of powerful friends – but just as many enemies. Alongside her old friend DS Spencer Gibbs, Tennison must navigate the salacious world of show business to find the killer, before they strike again.

LYNDA LA PLANTE is the author of twenty-nine international bestsellers and creator of the award-winning TV series *Prime Suspect*. Her first breakthrough TV series, *Widows*, is the basis for Steve McQueen's major motion picture. Lynda was awarded a CBE for services to Literature, Drama and Charity in 2008.



9781785769856 | Hardback | £18.99 | Zaffre
9781785769863 | Trade paperback | £13.99
9781838772604 | Physical Audiobook | £19.99

Buried

LYNDA LA PLANTE

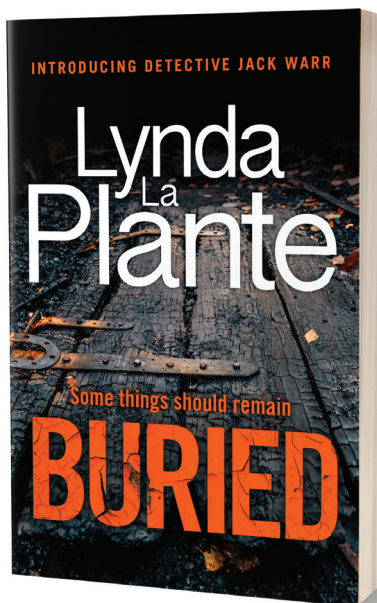
The first book in a brand-new thriller series by the Queen of Crime Drama, Lynda La Plante.

A burnt-out cottage, a fortune buried in the ashes – and a body that could solve a decades-old crime . . .

DC Jack Warr and his girlfriend Maggie have just moved to London to start a new life together. Though charming, Jack can't seem to find his place in the world – until he's drawn into an investigation that turns his life upside down.

In the aftermath of a fire at an isolated cottage, a badly charred body is discovered, along with the burnt remains of millions of stolen, untraceable bank notes.

Jack's search leads him deep into a murky criminal underworld – a world he finds himself surprisingly good at navigating. But as the line of the law becomes blurred, how far will Jack go to find the answers – and what will it cost him?



PRAISE FOR LYNDA LA PLANTE

'Lynda La Plante practically invented
the thriller'
KARIN SLAUGHTER

'La Plante excels in her ability to
pick out the surprising but plausible
details that give her portrayal of
everyday life in a police station a
rare ring of authenticity'
SUNDAY TELEGRAPH

9781838770327 | B Format Paperback | £8.99 | Zaffre
9781838772017 | Physical Audiobook | £19.99

Every Move You Make

DEBORAH BEE

A dark psychological thriller perfect for fans of Clare Mackintosh and Lisa Jewell

There are two sides to every story. But only one is the truth.

A young woman turns up at a police station. She has been kept prisoner in her own home. Abused and tortured, her every move watched, her every thought controlled. Now she's finally escaped.

That's what she says.

But when the police arrive at the address she's given them, her story doesn't seem to add up. Her husband is missing, but his phone and wallet are still in the house.

She says she's the victim, but what if she's not? What if the stories she's telling aren't her stories at all . . .



DEBORAH BEE studied fashion journalism at Central St Martins in the '80s. She has worked at various magazines and newspapers including *Vogue*, *Cosmopolitan*,

The Times and the *Guardian*, as a writer, fashion editor and later as an editor. Her bestselling debut novel was *The Last Thing I Remember*.



End of Summer

ANDERS DE LA MOTTE

The first in a new standalone series from bestselling and award-winning Swedish author Anders de la Motte

You can always go home. But you can never go back . . .

Summer 1983: Four-year-old Billy chases a rabbit in the fields behind his house. But when his mother goes to call him in, Billy has disappeared.

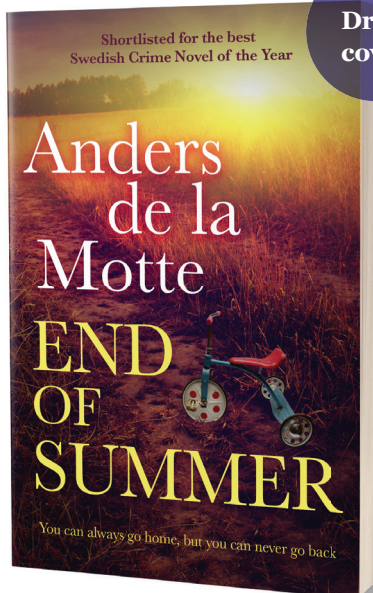
Today: Veronica is a bereavement counsellor. She's never fully come to terms with her mother's suicide after her brother Billy's disappearance. When a young man walks into her group, he looks familiar and talks about the trauma of his friend's disappearance in 1983. Could Billy still be alive after all this time?

Needing to know the truth, Veronica goes home, to the place where her life started to fall apart. But is she prepared for the answers that wait for her there?



ANDERS DE LA MOTTE is a former police officer and award-winning author. Published in Sweden in 2016, *End of Summer* is the first standalone instalment of

the bestselling and suspenseful new crime fiction series which has taken Sweden by storm, and sold over 500,000 copies to date.



PRAISE FOR ANDERS DE LA MOTTE

'An absorbing crime novel with an atmospheric setting, strong characters, and a suspenseful plot. . . one of Sweden's most talented crime fiction authors'
ERIK AXL SUND

'An utterly brilliant crime novel! So delicate and perceptive'
KRISTINA OHLSSON

Legacy of War

WILBUR SMITH AND
DAVID CHURCHILL

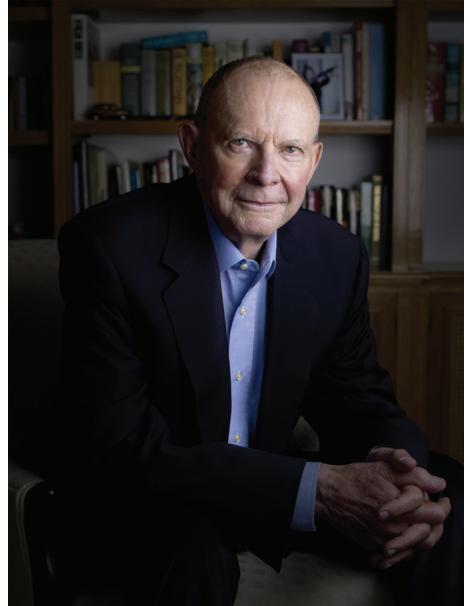
The sequel to the number one bestseller, *Courtney's War*

Just because the war is over and Hitler dead, doesn't mean the politics he stood for have died with him. Saffron Courtney and her beloved husband Gerhard just survived the brutal war, but Gerhard's Nazi-supporting brother, Konrad, is still free, and determined to regain power. A plot against the couple begins to stir – one that will have ramifications throughout Europe . . .

Further afield in Kenya, the last outcrop of the colonial empire is feeling the stirrings of rebellion. As the situation becomes violent, Leon Courtney finds himself caught between two powerful sides, and a battle for the freedom of a country.

WILBUR SMITH is a worldwide phenomenon. His readership has built up over fifty-five years of writing. Born in Central Africa in 1933, Wilbur became a full-time writer in 1964 following the success of *When the Lion Feeds*, and has since published over forty global bestsellers, including the *Courtney Series*, the *Ballantyne Series*, the *Egyptian Series*, the *Hector Cross Series* and many successful standalone novels, all meticulously researched on his numerous expeditions worldwide.

DAVID CHURCHILL is the author of *The Leopards of Normandy*, the critically acclaimed trilogy of novels about the life and times of William the Conqueror.



PRAISE FOR WILBUR SMITH

'A master storyteller'
SUNDAY TIMES

9781838772246 | Hardback | £20.00 | Zaffre

‘Best historical novelist
– I say Wilbur Smith’
STEPHEN KING



The Foundling

STACEY HALLS

The Sunday Times
bestseller from the author
of *The Familiars*.
***The Foundling* explores**
families, secrets, class,
equality, power and the
meaning of motherhood

A mother's love knows no bounds . . .

London, 1754. Six years after leaving her illegitimate daughter Clara at London's Foundling Hospital, Bess Bright returns to reclaim the child she has never known. Dreading the worst – that Clara has died in care – the last thing she expects to hear is that her daughter has already been reclaimed – by her. Her life is turned upside down as she tries to find out who has taken her little girl – and why.

Less than a mile from Bess' lodgings in the city, in a quiet, gloomy townhouse on the edge of London, a young widow has not left the house in a decade. When her close friend – an ambitious young doctor at the Foundling Hospital – persuades her to hire a nursemaid for her daughter, she is hesitant to welcome someone new into her home and her life. But her past is threatening to catch up with her and tear her carefully constructed world apart.



STACEY HALLS was born in 1989 and grew up in Rossendale, Lancashire. She studied journalism at the University of Central Lancashire and has written for publications including the *Guardian*, *Stylist*, *Psychologies*, *The Independent*, *The Sun* and *Fabulous*. Her first book *The Familiars* was the bestselling debut novel of 2019. *The Foundling* is her second novel.



PRAISE FOR STACEY HALLS

'The new Hilary Mantel'
COSMOPOLITAN

'Assured and alluring'
JESSIE BURTON,
AUTHOR OF THE MINIATURIST

9781838771409 | Paperback | £8.99 | Manilla Press
9781786580467 | Physical Audiobook | £19.99

‘Truly spellbinding’
GOOD HOUSEKEEPING



City of Spies

MARA TIMON

In the City of Spies, who is a friend, and who is a foe?

LISBON, 1943.

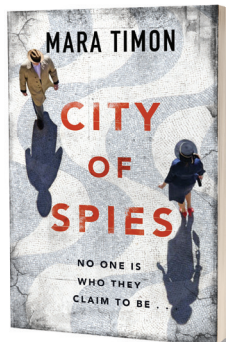
After a daring escape from Nazi-occupied France, special agent Elisabeth de Mornay receives new instructions: to travel to glamorous, neutral Lisbon, where Europe's richest citizens have gathered to wait out the war. Someone there is leaking vital information to the Germans. As wealthy French widow Solange Verin, Elisabeth must infiltrate high society and find the traitor – before more British servicemen are killed.

But when Solange comes to the attention of German Abwehr officer Major Eduard Graf, complications arise. As the two grow ever closer, Elisabeth struggles to keep her lies close to the truth.

Because in a city filled with spies, how can she know who to trust?

MARA TIMON moved from New York to the UK almost 20 years ago, where she fell in love with London. She started writing at an early age, and is currently working on her second novel.

When not writing, she enjoys running, Pilates, travelling, and spending time with friends and family.



9781838770709 |
Paperback | £8.99 |
Zaffre

The Wreck

MEG KENEALLY

An epic historical adventure about rebellion and revolt in 19th century Australia

1820

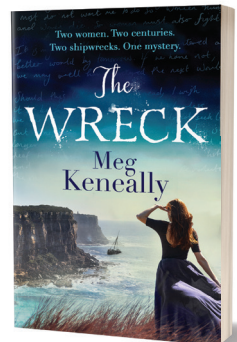
Sarah McCaffrey, fleeing arrest for her part in a failed rebellion, thinks she has escaped when she finds herself aboard the *Serpent*, bound from London to the colony of New South Wales. But when the mercurial captain's actions drive the ship into a cliff, Sarah is the only survivor. Adopting a false identity, she becomes the right-hand woman of Molly Thistle, who has grown her late husband's business interests into a sprawling real estate and trade empire. As time passes, Sarah begins to believe she might have found a home - until her past follows her across the seas.

MEG KENEALLY worked as a public affairs officer, sub-editor, freelance feature writer, reporter, and talkback radio producer, before co-founding a financial service public relations company. She is the author of *Fled*, a historical novel, and co-author with Tom Keneally of *The Soldier's Curse* and *The Unmourned*.

PRAISE FOR MEG KENEALLY

'Moving and heartbreaking, the rhythm of the sea runs through every page of this dramatic, evocative tale'
WOMAN'S WEEKLY

9781838771393 |
Paperback | £7.99 |
Zaffre



The Dover Café at War

GINNY BELL

The first book in a brand-new World War II saga series. Perfect for readers of Ellie Dean and Annie Groves

Dover, 1939.

At the heart of Dover's Market Square lies the Castle Café. A bustling, friendly place run by the formidable Nellie Castle and her six children. Since the scandalous birth of her beloved son ten years before, Marianne, Nellie's eldest daughter, has preferred to stay in the kitchen, hidden away from the scrutiny of the town gossips. Overcome with shame, Marianne has never revealed the name of Donny's father – not even to her own mother.

But with World War II just around the corner, Marianne's past catches up with her. And suddenly the lives of the Castle family become a lot more complicated.

Will the strength of their bond see them through the hard times?



GINNY BELL went to school in Dover, never realising at the time what a fascinating and crucial role the town played in World War II. She is a freelance editor who lives in London with her

three children. *The Dover Café at War* is her first novel.

9781838771430 | Paperback | £7.99 | Zaffre

Fatal Isles

MARIA ADOLFSSON

Ann Cleeves meets Håkan Nesser in this Scandi crime debut

Detective Inspector Karen Eiken Hornby has worked hard to become one of the few female police officers on Heimö, the main island of the remote Doggerland peninsula. So when she wakes up in a hotel room next to her boss, Jounas Smeed, the size of her regret is matched only by her monumental hangover.

But Karen's day is about to get a lot worse: later that morning Jounas's ex-wife, Susanne, is found brutally murdered in her own kitchen. The news sends shockwaves through the tight-knit island community. Finding no obvious motive for the killing, Karen suspects the truth lies in Doggerland's history. And the deeper she digs, the clearer it becomes that even beautiful places hide dark secrets . . .



MARIA ADOLFSSON grew up in the Swedish archipelago and now lives in Stockholm. Until recently she worked as a Communications Director, and now writes full time.

The *Doggerland* series has been sold into 18 languages to date, and has sold over 150,000 copies.

9781785768378 | Paperback | £8.99 | Zaffre

Cilka's Journey

HEATHER MORRIS

The International Number One bestselling novel, based on a true story of love and resilience

Cilka Klein is sixteen years old when she is taken to Auschwitz-Birkenau Concentration Camp. The Commandant at Birkenau notices her long beautiful hair, and forces her separation from the other prisoners. Cilka learns quickly that power, even unwillingly given, equals survival.

After liberation, Cilka is charged as a collaborator by the Russians and sent to a desolate, brutal prison camp in Siberia. Imprisoned once again, each day is a battle for survival. When she meets a man called Alexandr, Cilka finds that despite everything, there is room in her heart for love.

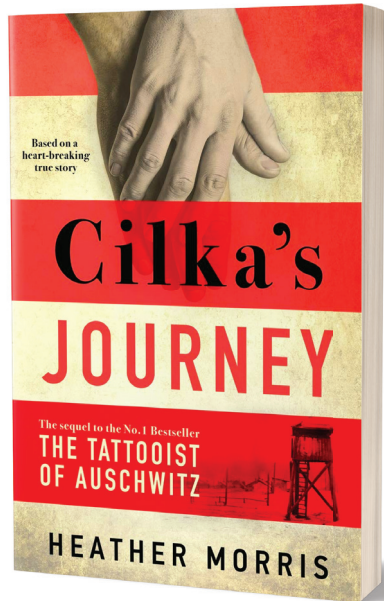
Based on what is known of Cilka's life, and on the experience of women in Siberian prison camps, this novel is a powerful testament to the triumph of human will.



Born in New Zealand, **HEATHER MORRIS** is an international number one bestselling author. In 2003 Heather met Lale Sokolov and

changed both their lives. Their friendship grew and Lale embarked on a journey of self-scrutiny, entrusting the innermost details of his life during the Holocaust to her. Her second novel, *Cilka's Journey*, is the sequel to *The Tattooist of Auschwitz*.

9781785769054 | Paperback | £8.99 | Zaffre
9781785769603 | Physical Audiobook | £17.99
9781838770433 | Export | £6.99



PRAISE FOR CILKA'S JOURNEY

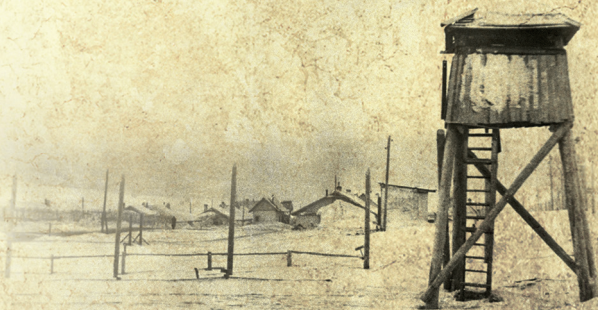
'Her truly incredible story is one to be read by everyone'
THE SUN

'Her courage and determination to survive makes for a heartbreaking read'
DAILY MIRROR

October

‘[Cilka] was the bravest person I ever met. Not the bravest girl, the bravest person.’

LALE SOKOLOV,
The Tattooist of Auschwitz



UNTITLED

ANTON DU BEKE

Anton Du Beke returns with his third novel set in the Buckingham Hotel. Perfect for fans of *Downton Abbey*

Return to the Buckingham Hotel in Anton Du Beke's sparkling new novel . . .

London, 1938.

As the threat of war looms ever closer, the Buckingham Hotel's difficulties grow. Still reeling from the events of last year, and with guests decreasing as foreign tensions mount, the staff of the Buckingham will have to struggle to keep up the hotel's glamorous reputation. Life for Nancy Nettleton and the man she loves, demonstration dancer Raymond de Guise, is only about to get harder. But beneath the glitz of the ballroom lies a thousand secrets . . .

ANTON DU BEKE is one of the most instantly recognisable dancers today, best known for his role on the BBC's *Strictly Come Dancing*. A household name and all-round entertainer, known as Mr Debonair, Anton brings all the wit, charm and style he's famous for to his writing.



PRAISE FOR ANTON DU BEKE

'Downton with dance, perfect!'
SANTA MONTEFIORE

'A rollicking good read, the work of
a gifted storyteller'
DAILY MAIL

9781838771928 | Hardback | £18.99 | Zaffre
9781838772611 | Physical Audiobook | £19.99

October



ANTON
DU BEKE

THE *SUNDAY TIMES* BESTSELLING AUTHOR

The Stasi Game

DAVID YOUNG

They'll stop at nothing to hide the truth . . .

Dresden, East Germany, 1980

A man's body is found buried in concrete at a building site in the new town district. When People's Police homicide captain Karin Müller arrives at the scene, she discovers that all of the body's identifiable features have been removed – including its fingertips.

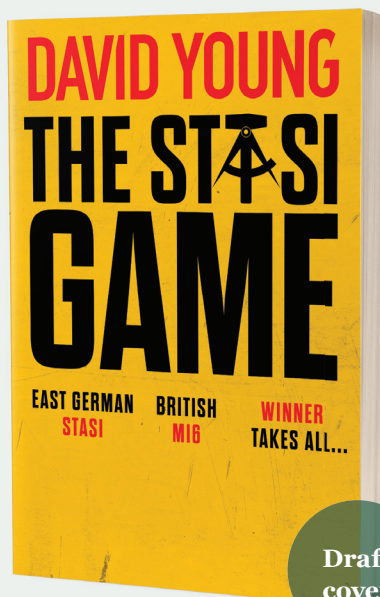
The deeper Karin digs, the more the Stasi begin to hamper her investigations. She soon realises that this crime is just one part of a clandestine battle between two secret services – the Stasi of East Germany and Britain's MI6 – to control the truth behind one of the deadliest events of the war.

The Stasi Game brilliantly fictionalises the true story of how Britain's wartime leaders justified the fire-bombing of Dresden, which many have since condemned as a war crime.



DAVID YOUNG began his East German-set crime series with *Stasi Child*, which won the 2016 CWA Historical Dagger, and both it and the 2017 follow-up, *Stasi Wolf*, were longlisted for the Theakston Old Peculiar Crime Novel of the Year. His novels have been sold in eleven territories around the world.

9781838772529 | Paperback | £7.99 | Zaffre



Draft cover

PRaise FOR DAVID YOUNG

'Up there with Martin Cruz Smith and other greats of the field.'
ABIR MUKHERJEE

We Begin At The End

CHRIS WHITAKER

A triumph of a novel from the award-winning author of *Tall Oaks*

Thirty years ago, Vincent King became a killer.

Now, he's been released from prison and is back in his hometown of Cape Haven, California. Not everyone is pleased to see him. Like Star Radley, his ex-girlfriend, and sister of the girl he killed.

Duchess Radley, Star's thirteen-year-old daughter, is part-carer, part-protector to her younger brother, Robin – and to her deeply troubled mother. But in trying to protect Star, Duchess inadvertently sets off a chain of events that will have tragic consequences not only for her family, but also for Vincent and the whole town.

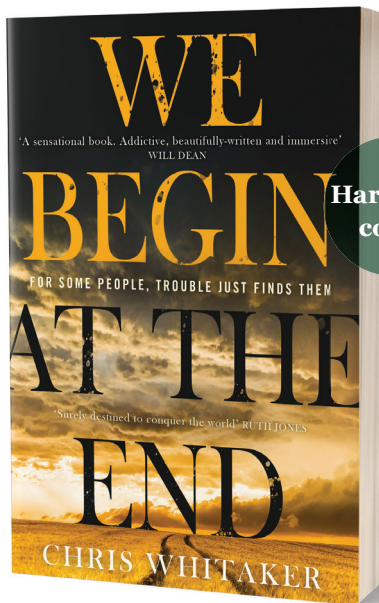
Murder, revenge, retribution.

How far can we run from the past when the past seems doomed to repeat itself?



CHRIS WHITAKER is the award-winning author of *Tall Oaks* and *All The Wicked Girls*. Both books were published to widespread

critical acclaim, with *Tall Oaks* going on to win the CWA John Creasey New Blood Dagger Award. Chris lives in Hertfordshire with his wife and two young sons.



Hardback cover

PRAISE FOR CHRIS WHITAKER

'Surely destined to conquer the world . . . Astonishingly good.'
RUTH JONES

'A gorgeous, crystalline novel... I love this beautiful book.'
JEANINE CUMMINS
author of *American Dirt*

9781785769405 | Paperback | £8.99 | Zaffre

Call of the Raven

WILBUR SMITH

The new novel by Wilbur Smith and the prequel to *A Falcon Flies*

The son of a wealthy plantation owner, Mungo St John is accustomed to the wealth and luxuries his privilege has afforded him. That is until he returns from university to discover his family ruined, his inheritance stolen and his childhood sweetheart, Camilla, taken by the conniving Chester Marion. Fueled by anger, and love, Mungo swears vengeance and devotes his life to saving Camilla – and destroying Chester.

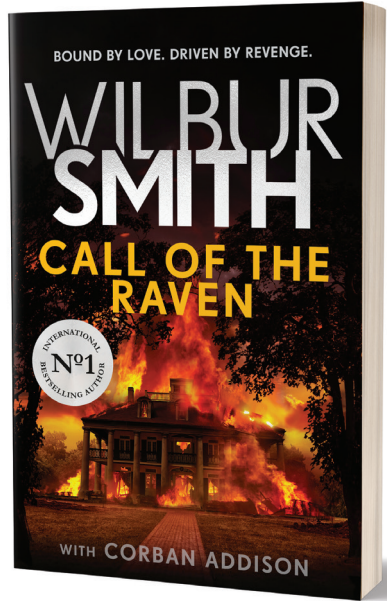
As Mungo battles his own fate and misfortune to achieve the revenge that drives him, and regain his power in the world, he must question what it takes for a man to survive when he has nothing, and what he is willing to do in order to get what he wants.



WILBUR SMITH is a worldwide phenomenon. His readership has built up over fifty-five years of writing. Born in Central Africa in 1933, Wilbur became a full-time writer in 1964 following the

success of *When the Lion Feeds*, and has since published over forty global bestsellers, including the *Courtney Series*, the *Ballantyne Series*, the *Egyptian Series*, the *Hector Cross Series* and many successful standalone novels, all meticulously researched on his numerous expeditions worldwide.

CORBAN ADDISON is the internationally bestselling author of four novels and was the winner of the inaugural Wilbur Smith Adventure Writing Award. An attorney, activist, and world traveller, he is a supporter of numerous humanitarian causes. He lives with his wife and children in Virginia.



PRaise FOR WILBUR SMITH

'Best historical novelist – I say
Wilbur Smith'
STEPHEN KING

9781785768118 | A Format Paperback | £6.99 | Zaffre
9781785767951 | B Format Paperback | £8.99

The Winter Promise

ROSIE GOODWIN

Nuneaton, 1867.

When Opal Sharp's parents die from an illness and she suddenly finds herself penniless, homeless and caring for her three younger siblings, she thinks things can get no worse. But soon her younger siblings are both struck down with the same virus that killed her parents.

Not knowing where to turn, and with the promise of a doctor to treat them, Opal sends little Susie and Jack to the local workhouse.

In a bid to get them back, their teenaged brother, Charlie, starts taking some risks and soon finds himself being arrested for theft. Opal's heart is broken when her brother is sent to a penal colony in Australia. Will she ever see her family again?

ROSIE GOODWIN is the million copy bestselling author of more than thirty novels. She is the first author in the world to be allowed to follow three of Catherine Cookson's trilogies with her own sequels. Having worked in the social services sector for many years, then fostered a number of children, she is now a full-time novelist. She is one of the top 50 most borrowed authors from UK libraries. Rosie lives in Nuneaton, the setting for many of her books, with her husband and their beloved dogs.



9781838772215 | Hardback | £12.99 | Zaffre

Thriller

OLLIE OLLERTON

The first Alex Abbott thriller from former-Special Forces soldier turned number one bestselling author, Ollie Ollerton

Ex-special forces soldier-turned mercenary-with-a-heart Alex Abbott is recuperating in Singapore. After years of running security details in Iraq for the big US corporates, Abbott has skipped town.

Physically strong and mentally sharp, Abbott is battling from the aftereffects of PTSD, a relationship that's hanging by a thread and a family unit that's shot to pieces. He's self-medicated throughout his life, but the substances he's taking are getting stronger and his willpower is getting weaker.

Now he's heard on the grapevine that a member of his old crew in Iraq has gone missing. When his military son also disappears, Abbott finds himself on a flight back to Baghdad.

As the bodies begin to count up, the world around Abbott turns to hell, and the cocktail of alcohol and action is beginning to numb his brain. And now he's starting to cut corners. With time running out, Abbott finds a lead. It's one that will take him back to the beginning and a mistake from his past that refuses to remain buried.

MATTHEW 'OLLIE' OLLERTON is a former Special Forces soldier and a member of the Directing Staff on Channel 4's hit show *SAS: Who Dares Wins*.

Ollie's military career began at the age of 18 when he joined the Royal Marine Commandos and toured operationally in Northern Ireland and in Iraq for Operation Desert Storm. He subsequently spent six years in the Special Boat Service rising to team leader, before working in Iraq as a private security contractor and carrying out charity work in South-East Asia.

Ollie now spends his time as a corporate training entrepreneur for his company Break-Point, an ambassador for the *Royal Marines Charity* and a director of the mental health charity *StrongMen*.

9781788703802 | Hardback | £12.99 |
9781788703819 | Trade Paperback | 10.99
9781788703789 | Physical Audiobook | £19.99

November



Body Language

A.K. TURNER

The dead can talk – if you know how to listen . . .

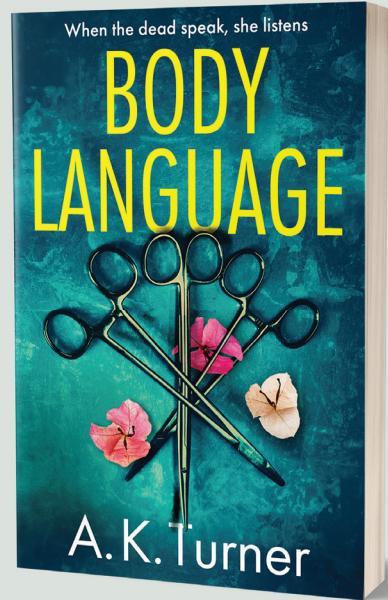
Camden mortuary assistant Cassie Raven has pretty much seen it all. But this is the first time she's come face to face with someone she knew on the slab – her beloved teacher, Geraldine Edwards.

Deeply intuitive, Cassie often feels that she can pick up the last thoughts of the dead, and during the post-mortem she senses that there is more to what happened to Mrs Edwards than the ruling of an accidental death. With time running out, Cassie sets out to find the truth and deliver justice for the woman who saved her life.

For fans of Elly Griffiths' *Ruth Galloway* series and Kathy Reichs' *Temperance Brennan* comes a new heroine for forensic medicine.



A.K. TURNER'S first foray into crime fiction was the critically acclaimed *Kiszka & Kershaw* detective thriller trilogy, written under the pen name Anya Lipska. She is also a writer and producer of documentaries and drama-docs on a diverse range of subjects.



PRAISE FOR A.K. TURNER

'A gripping reminder of how crime fiction reveals the world around us'
VAL MCDERMID
on the *Kiszka & Kershaw* series

'A crime writer of bavura skills'
BARRY FORSHAW

9781838770044 | Paperback | £7.99 | Zaffre

The Return

HARRY SIDEBOTTOM

He became a hero. But death isn't finished with him yet . . .

145BC – CALABRIA, ANCIENT ROME. After years of spilling blood for Rome, Gaius Furius Paullus has returned home to spend his remaining days working quietly on the family farm.

But it seems death has stalked Paullus from the battlefield. Just days after his arrival, bodies start appearing - murdered and mutilated. As the deaths stack up and panic spreads, the war hero becomes the prime suspect. After all, Paullus has killed countless enemies on the battlefield - could he have brought his habit home with him?

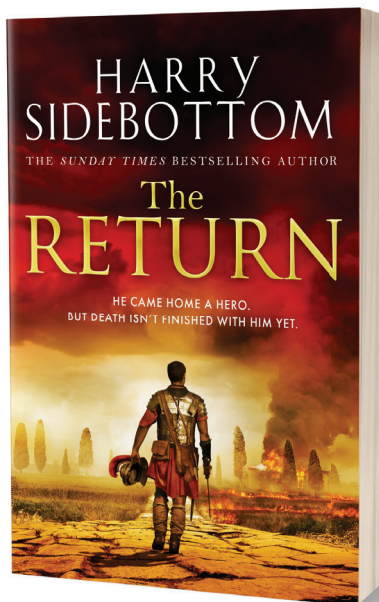
With the psychological effects of combat clouding every thought, Paullus must use all his soldier's instincts to hunt the real killer. Because if they are not brought to justice soon, he may become the next victim.



HARRY SIDEBOTTOM

teaches Ancient History at Oxford University. His career as a novelist began with his *Warrior of Rome* series, which

has sold over half a million copies. His next series, *Throne of Caesars*, was equally acclaimed. *The Return* is his twelfth novel.



PRAISE FOR HARRY SIDEBOTTOM

'Relentless, brutal, brilliant'
BEN KANE

'A cracking tale. More twists and turns than the Tiber itself'
RORY CLEMENTS

9781785769658 | Paperback | £7.99 | Zaffre

Blood's Campaign

ANGUS DONALD

Angus Donald mixes historical fact with fiction in this exciting series

August 25, 1689

The English Army is besieging the forces of deposed Catholic monarch James II at Carrickfergus in Ireland. For Captain Holcroft Blood, this is more than war – a lust for private vengeance burns within him. French intelligence agent Henri d'Erloncourt has travelled to Ireland with orders to foment rebellion against William of Orange. But when freedom fighter Michael 'Galloping' Hogan takes the Frenchman's gold, he suspects that he has merely swapped one foreign overlord for another.

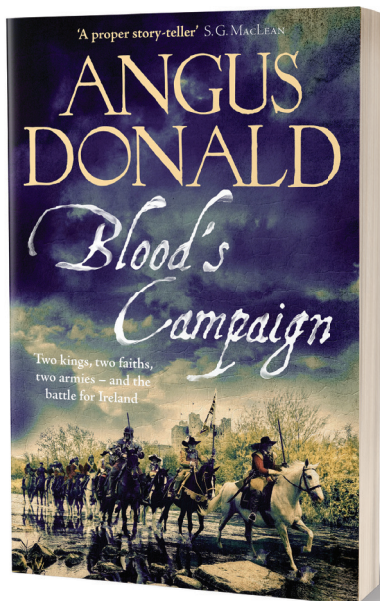
July 1, 1690

On the banks of the River Boyne, two armies clash in bloody battle. When the slaughter is over, for these three men, nothing will ever be the same again . . .



ANGUS DONALD was born in China in 1965 and educated at Marlborough College and Edinburgh University. For over twenty

years he was a journalist in Hong Kong, India, Afghanistan and London. He now works and lives in Kent with his wife and two children.



PRAISE FOR ANGUS DONALD

'Stand-out historical adventure'
**THE TIMES, BEST HISTORICAL
FICTION OF THE YEAR**

'Angus Donald is a proper
story-teller'
S.G. MACLEAN

9781785767463 | Paperback | £8.99 | Zaffre

The Mother and Baby Home

SHEILA NEWBERRY

A heart-warming new novel from the Queen of family saga, Sheila Newberry

Sunny grew up in the mother and baby home on Grove Lane, London. The daughter of a wartime nurse from Trinidad and a Polish pilot, Sunny was abandoned by her mother shortly after her birth and taken in by Nan, the warm and gentle proprietress.

Never having known her parents, Sunny has always felt like she doesn't quite fit in. As 1950s post-war London is changing at a rapid pace, so is Sunny. But when someone from her past returns, Sunny has some tough decisions to make. Decisions that could affect the rest of her life . . .



SHEILA NEWBERRY was born in Suffolk. She spent forty years living on a smallholding in Kent with her husband and had nine children and twenty-two lively grandchildren.

She was published for most of her adult life and retired back to Suffolk, where she died in 2020.

PRAISE FOR SHEILA NEWBERRY

'So gloriously nostalgic'
MAUREEN LEE

'Like having dinner with your mother in her warm and cosy kitchen'
DIANE ALLEN

The Glasgow Girl At War

EILEEN RAMSAY

A powerful story of courage and determination in WWII Scotland

1930s Scotland. Ferelith Gallagher has been brought up in a convent in Glasgow, but dreams of bigger and better things. With no money behind her, and no family to speak of, she travels to Edinburgh to study to be a lawyer. But then she meets a young man who sweeps her off her feet.

After a brief and disastrous marriage, Ferelith swears she is done with love, and buries herself in her studies, working hard to become the first female senior advocate in Scottish history. But when she falls in love a second time, she finds herself torn between love and her career. And then war breaks out, and life will never be the same again . . .



EILEEN RAMSAY grew up in Dumfriesshire. She has worked as a teacher in both Scotland and the USA, and has served on the committees of The Society of Authors in Scotland, The Scottish Association of Writers and The

Romantic Novelists Association.

PRAISE FOR EILEEN RAMSAY

'As always, Ramsay's prose is vivid and flowing, and the pages just fly by'
CHOICE

'The beautiful Scottish setting only adds to this poignant and poetic journey . . . as unique as it is exquisite'
DAILY RECORD

9781838771454 | Paperback | £7.99 | Zaffre

9781785762192 | Paperback | £7.99 | Zaffre

The Spiral

IAIN RYAN

It's not just the truth that lurks at the bottom of the spiral . . .

Erma Bridges' life is far from perfect, but entirely ordinary. So when she is shot twice in a targeted attack by a colleague, her quiet existence is shattered in an instant.

With her would-be murderer dead, no one can give Erma the answers she needs to move on from her trauma. Why her? Why now?

So begins Erma's quest for the truth – and a dangerous, spiralling journey into the heart of darkness.

With all the inventiveness of *The Seven Deaths of Evelyn Hardcastle* and the raw brutality of *Mulholland Drive*, *The Spiral* is a unique crime thriller, featuring a series of deeply involving twists, and concluding with one of 2020's most unsettling finales.

IAIN RYAN is an Australian writer who lives in Melbourne. He is the author of two previous novels *Four Days* (2015) and *The Student* (2017), both of which were shortlisted for the Ned Kelly Award.



PRAISE FOR IAIN RYAN

'A terrific neo-noir from an exciting new voice in Australian crime fiction'
ADRIAN MCKINTY
on *The Student*

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SPIRAL



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JAIN RYAN



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The Secret GP

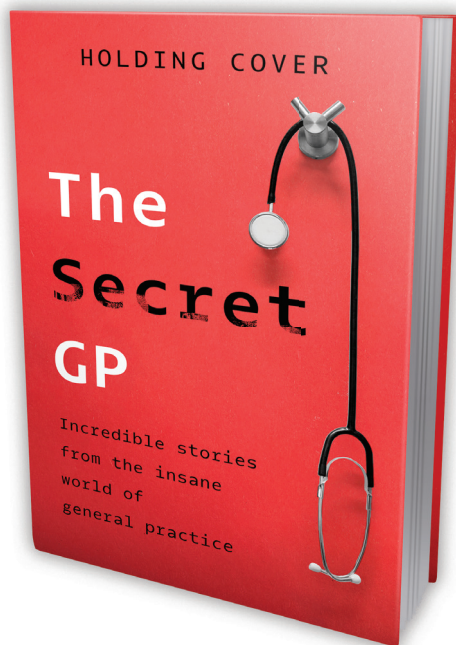
DR MAX SKITTLE

Angrier than *The Secret Barrister*, funnier than Adam Kay, and with stories that would make them both blush, *The Secret GP* is an amazing look at the true front lines of medicine.

Everyone has been to a GP (and if you haven't, you probably should). Everyone thinks they know about the life of a GP, but Dr Max Skittle (pseudonym) is here to tell you... you really have no idea. In this journey into the insane world behind the curtain of a surgery, where patients bring their growths, feelings, injuries and existential crises, *The Secret GP* explains why this is the most fascinating, frustrating and fun area of medicine.

As well as capturing the stories of those who should have gone to hospital months ago to those who really should just go to a therapist, he reveals why you only get ten minutes, why the system is broken, why your GP is sometimes late, why he loves his job, why it makes him despair and why you should never, ever Google it beforehand.

THE SECRET GP works in London. That is all you need (or rather, want) to know.



9781788703307 | Hardback | £16.99 | Blink

Undercover War

HENRY GOW

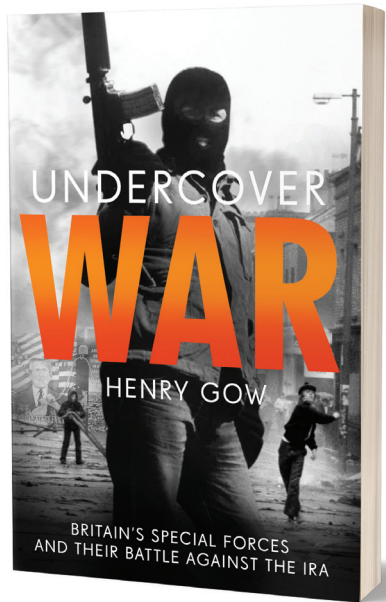
The most comprehensive book ever published about British Special Forces operations against the IRA during the Troubles.

When British troops first deployed to Northern Ireland in 1969, to halt the threat of a new rising force - the Provisional Irish Republican Army - they could not have known that the longest campaign in the British Army's history was beginning.

While patrols, vehicle bombs and incendiary speeches are the defining memories of the Troubles, the real war was fought out of sight and out of mind. For thirty years, Britain's Special Forces waged a ferocious, secretive struggle against a ruthless and implacable enemy.

Undercover War is a blistering account of the history of Britain's war against the IRA between 1970 and 1988 - the most murderous years of the conflict - drawn from his own operational experience and backed by first-hand accounts and unpublished documents from personal contacts in the military and the police.

HENRY GOW served right across British Special Forces during the Northern Ireland conflict. He served seven tours with the Parachute Regiment, before qualifying for 14 Intelligence Company. He then completed six years with the SAS, including two within anti-terrorism teams, before joining the Royal Ulster Constabulary.



9781789462852 | Paperback | £8.99 | John Blake

Money for Something

MIA WALSCH

A scramble through drug addiction, mental illness and the Sydney sex industry in the early millennium

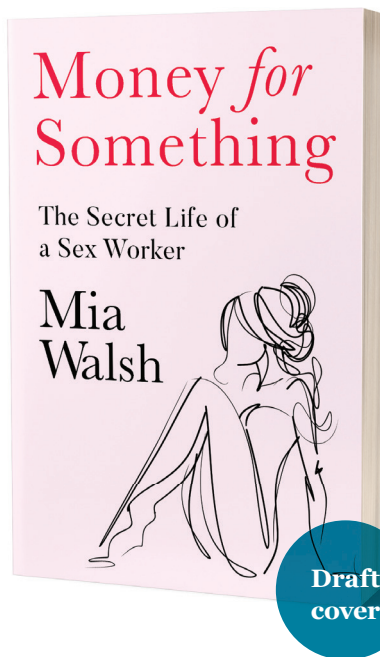
Mia is nineteen, too mentally ill and too often on drugs to keep a 'straight' job so she starts working at a massage parlour. She takes to sex work with recklessness, aplomb, and good humour.

As she works her way through Sydney's many rub-and-tug joints, Mia, or Sasha as she is now known, meets women from every walk of life who choose sex work for myriad reasons.

While negotiating the demands of her new job, she battles her problematic drug use, and the mental illness that has shaped her life. Rather than needing saving from sex work, it is the work that saves her from her many demons.

This is a unique memoir, a story about a distinct period in a woman's life, a path taken on the way to making her what she is. It is shameless, painfully honest and with an ending that refuses to wrap up in a tidy bow.

MIA WALSCH is an Australian author, writing under a pseudonym.



Traces

PATRICIA WILTSHIRE

The compelling memoir of a leading forensic scientist and criminal investigator.

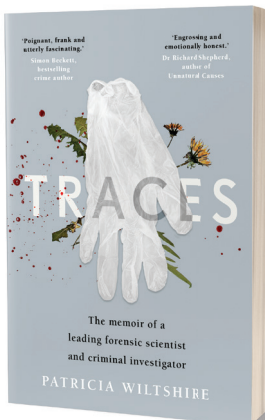
In *Traces*, Professor Patricia Wiltshire will take you on a journey through the fascinating edgeland where nature and crime are intertwined.

From flowers, fungi, tree trunks to car pedals, walking boots, carpets, and corpses' hair. *Traces* is a unique, and utterly compelling book on life, death, and one's indelible link with nature.

PROFESSOR PATRICIA WILTSHIRE has worked on over 250 criminal cases across the UK, including some of the highest profile cases of the past 25 years. A leading voice in forensic science, she has worked with every police force in the UK on cases involving rape, murder, abduction, neglect, and searching for graves and hidden remains.

'Engrossing, emotionally honest and forensically fascinating' - **DR RICHARD SHEPHERD**, author of *Unnatural Causes*
'Poignant, frank and utterly fascinating'
SIMON BECKETT, bestselling author

9781788700634 | Paperback | £8.99 | 535



Eve of Destruction

COLONEL JOHN HUGHES-WILSON

An expert military historian reveals just how close we have come to nuclear disaster, military and civilian, on numerous occasions.

Since the first use of atomic weapons in anger in 1945, there have been a terrifying number of nuclear mishaps, from the careless or accidental to the genuinely intentional.

Despite the catastrophic nature of any nuclear conflict, disaster has only been narrowly averted. Additionally, severe accidents in non-military nuclear facilities include disasters such as those at Chernobyl and Fukushima, and the loss of the Russian nuclear submarine *Kursk*

Eve of Destruction is a warning from recent history. This timely and important book is a call to note the real and ever-present danger of nuclear catastrophe.

COLONEL JOHN HUGHES-WILSON is one of Britain's leading military historians, and a well-reviewed author and commentator on a wide range of intelligence and military subjects. He served for twenty-five years in the Intelligence Corps and Special Forces, and is a practised broadcaster on radio and television.

9781789463378 | Hardback | £20.00 | John Blake

JOHN BLAKE

Behind Bars

CHARLES BRONSON

A satirical guide to life behind bars by Britain's most notorious prisoner.

Charlie has taken his twenty-four years of experience of prison dwelling and condensed it into one handy and comprehensive volume. Moved regularly around the prisons of the British Isles he has sampled all that prison life has to offer, taking in both the historic and pre-historic buildings that comprise Britain's infamous prison system. It's all in here from the correct way to brew vintage prison 'hooch' and how to keep the screws from finding it, to the indispensable culinary methods required to make prison food edible.

Read about Charlie's special taming techniques for prison wildlife such as spiders, rats and cockroaches, creatures that may be your only friends on long stretches in solitary. Also Charlie shows how to plan and prepare for marriage inside what can be seen as a less than romantic setting. With over 70,000 people (and rising) currently residing at Her Majesty's pleasure, Charlie Bronson's *Good Prison Guide* is essential for young offenders and 'old lags' alike. Make sure you don't get nicked without it.

CHARLIE BRONSON is Britain's most feared and dangerous convict, and its most famous. He is also an award winning artist and husband to Saira who he married in 2001. He is a legend of the underworld and author of *Bronson*, *Insanity*, *The Good Prison Guide* and *The Krays and Me*.

JOHN BLAKE

Milk It: Everything You Need to Know About Breastfeeding

CHANTELLE CHAMPS

A modern, up-to-date, friendly and non-judgemental breastfeeding guide for new parents, with personal stories and expert advice

Chantelle believes every parent should feed their baby however they think is best, and has a mission to make sure mums have as much information as possible when thinking about breastfeeding. *Milk It* is her way of doing just that.

In her down-to-earth style, Chantelle will act as your guide and support system as you prepare to *Milk It*, including:

- Preparing before birth
- What to expect in the early days
- Milestones to reach
- Breastfeeding in public and going back to work
- Problems to look out for with tried and tested solutions
- ...and much more

CHANTELLE CHAMPS is mum to Dakota (5), and twins Tatum and Blakely (18 months). She started an Instagram account to document her pregnancy with twins, and having breastfed all of her children, wants to share years' worth of accumulated knowledge with the thousands of parents who have messaged her for advice.

Milk It is written with the support and know-how of a certified lactation consultant.

9781788702744 | Trade Paperback | £12.99 | Lagom



Silent Child

TONI MAGUIRE

From bestselling author Toni Maguire comes a new true story of abuse and escape

When Hannah was four years old, her father left - and a new man was brought into her life. Her step-father loved her, he kept telling her so, but the emotional and physical abuse she suffered at his hands were a daily nightmare. Until one day, after he crept into her bedroom, Hannah's life became unbearable. Raped for the next ten years until she turned fifteen, Hannah was often sexually abused right in front of her mother - who decided each time to turn a blind eye and ignore what was happening. Astonishingly, Hannah managed to escape the hell her home had become, using her education and intelligence to gain a place at university in Ireland.

Bravely sharing her story for the first time, Hannah, with bestselling writer Toni Maguire, sheds light on the rampant abuse still happening in Britain today. Powerful and shocking, sharing her story means Hannah finally has a voice to say: Enough.

TONI MAGUIRE is the author of seven books, including her own bestselling memoirs *Don't Tell Mummy* and *When Daddy Comes Home*. Telling her own story encouraged others who had kept their childhood secrets hidden to approach her, and she now writes for those who need a voice too. To date, she has sold over 1.5 million books worldwide.

9781789463057 | Paperback | £8.99 | John Blake

JB

JOHN BLAKE

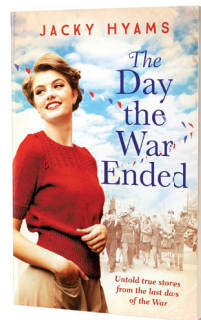
The Day The War Ended

JACKY HYAMS

Snapshots of Britain during the momentous events which brought the Second World War to a close

Tuesday, 8 May 1945: Victory in Europe Day. The day Allied forces formally accepted the unconditional surrender of Nazi Germany. A day of joyous celebration, as the end of a conflict which had engulfed the world came within touching distance. Yet in a very real sense, not all was right in the world. Struggles remained ahead - war still raged on between the Allies and Japan. Agreements and treaties were still yet to be forged. Lives continued to be lost. Meanwhile in Britain, bonds forged by the momentum of the struggle and common purpose would begin to fade and give way to the fresh wounds of sorrow and trauma after six years of conflict.

What was it really like to be living in Britain, as the war drew to a close? In *The Day the War Ended*, bestselling author Jacky Hyams delivers a sweeping story, weaving together illuminating unpublished interviews and untold stories.



Army and Spitfire Stories.

JACKY HYAMS is a Brighton-based journalist and *Sunday Times* bestselling non-fiction author. She has written over ten non-fiction books, including three personal memoirs about post-war London in the 50s and 60s and several historical titles, *The Female Few*, *Bomb Girls: Britain's Secret*

9781789463392 | Paperback | £8.99 | John Blake

You're Going Home In A F*cking Ambulance

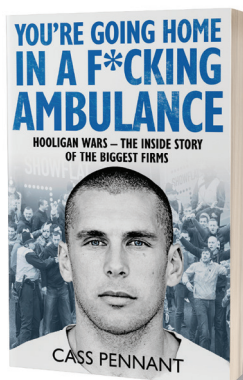
CASS PENNANT

An eye-opening study of a problem that refuses to go away, by a writer who knows his subject inside-out

The history of such infamous 'firms' as the ICF, the Bushwackers, the Headhunters, and the Red Army has never been fully documented . . . until now. In his latest book, bestselling author Cass Pennant takes an unparalleled look at some of the most violent instances of fans following their football clubs from the past five decades, and examines the lengths to which many will go to put one over their local rivals. Featuring many first-hand accounts of incidents that make chilling reading, *You're Going Home in a F*cking Ambulance* provides the most comprehensive look behind the match-day madness and the activities of some of British football's most notorious hooligans.

CASS PENNANT is a writer, historian and filmmaker, and the author of nine published books, five of which have been UK Top Ten bestsellers in the sport, biography and crime genres. He is also the eponymous hero of the British feature film *Cass*, based on his bestselling autobiography.

9781789461909 | Paperback | £8.99 | John Blake



MS-13

STEVEN DUDLEY

The definitive account of America's most infamous street gang

Today, MS-13 is one of the most infamous street gangs on earth, with an estimated ten thousand members operating in dozens of states and linked to thousands of grisly murders each year. Through the story of Norman and his family, journalist Steven Dudley brings readers inside the nefarious group, to tell a larger story of flawed US and Central American policy, and the exploitative and unequal economic systems they foster. Ultimately, *MS-13* is the story of the modern immigrant and the perennial battle to escape a vortex of poverty and crime.

STEVEN DUDLEY is one of the foremost experts on MS-13. The co-director of InSight, an initiative of aimed at monitoring, analysing and investigating organized crime in the Americas. Dudley has a BA in Latin American History and an MA in Latin American Studies. He speaks Spanish and Portuguese fluently.

9781788701037 | Paperback | £8.99 | Blink



The Dirty Dozen

NOEL 'RAZOR' SMITH

The true story of London's most prolific armed robbery gang.

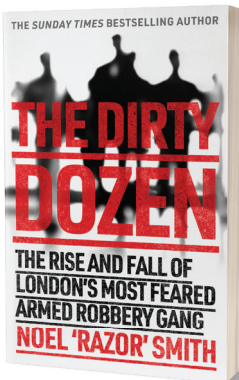
The average bank robbery takes around four minutes. The essential ingredients are ruthlessness, cunning and plenty of bottle. You'll also need a weapon, a disguise and a getaway car. If you have all those things, then you could go to work right now. The Bradish boys had all these things and, boy, did they go to work.

The 'Dirty Dozen' were a ruthless federation of criminals who ran the armed robbery game in London for over a decade. Hardened by a life in London's most lawless corners, led by the infamous Bradish twins, they recruited a tight-knit crew to forge a reputation as the brutal kings of their underworld trade.

But with the Met hot on their heels, a member of the inner circle cracked under the pressure and turned grass - and so began the thrilling chase-down of the Bradish boys and their illicit empire. *The Dirty Dozen* is the real story of the rise and fall of London's most feared crime syndicate.

NOEL 'RAZOR' SMITH is a former armed robber who has spent thirty-three years of his life serving sentences in prisons around Britain. He taught himself to read and write in prison, gained an Honours Diploma from The London School of Journalism, an A-Level in Law, and has penned bestselling memoir *A Few Kind Words and a Loaded Gun*.

9781789462265 | Paperback | £8.99 | John Blake



Hell is Round The Corner

TRICKY

The critically acclaimed autobiography of unique British recording artist Tricky in paperback

Tricky is one of the most original music artists to emerge from the UK in the past 30 years. His signature sound took the UK by storm in the early 1990s and defined a generation.

This unique, no-holds barred autobiography is not only a portrait of an incredible artist - it is also a gripping slice of social history packed with extraordinary anecdotes and voices from the margins of society.

TRICKY examines how his creativity has helped him find a different path to that of his relatives, some of whom were bare-knuckle fighters and gangsters, and how his mother's suicide has had a lifelong effect on him, both creatively and psychologically.

Born in 1968, into the 'white ghetto' Knowle West area of Bristol, to an Anglo-Guyanese mother and Jamaican father, Adrian Thaws has released 13 studio albums, selling over 2 million copies worldwide. He currently lives and records in Berlin.

9781788702300 | Paperback | £8.99 | Blink
9781788703178 | Physical Audiobook | £16.99



MumLife

LOUISE PENTLAND

The beautiful motherhood memoir from bestselling author and the UK's no.1 parenting vlogger, Louise Pentland

MumLife; noun: the inescapable swirling vortex of love, guilt, joy, annoyance, laughter and boredom that makes up the life of a mum.

Louise Pentland has been through a lot. From a traumatic birth with her first daughter, to single motherhood, to finding love again and having a second child, Louise's parenting journey has been full of surprises.

Reflective, uplifting and with her signature hilarious wit, *MumLife* will share Louise's ups and downs, reflecting on her route to motherhood and what she has learnt along the way. This is the honest truth, from someone who's been there and experienced it all.

LOUISE PENTLAND has 8 million combined followers across her social platforms. She is also a bestselling author and creator and host of the podcast *Mothers' Meeting*. She writes for *Mother & Baby* magazine and featured on the 2019 'Sunday Times Top 100 Influencers' list.



PRAISE FOR LOUISE PENTLAND

'Such a warm and witty author'
JENNY COLGAN

'Beautifully poignant and touching'
PAIGE TOON

'So, so honest and downright brave'
LINDSEY KELK

'A refreshingly relatable view of just how tough motherhood can be'
HEAT

9781788702928 | Hardback | £14.99 | Blink

LOUISE PENTLAND



MumLife



WHAT NOBODY EVER TELLS
YOU ABOUT BEING A MUM

Draft
cover

Easy Peasy Doggy Squeezy

STEVE MANN

More tips and tricks from the the UK's No.1 Dog Trainer

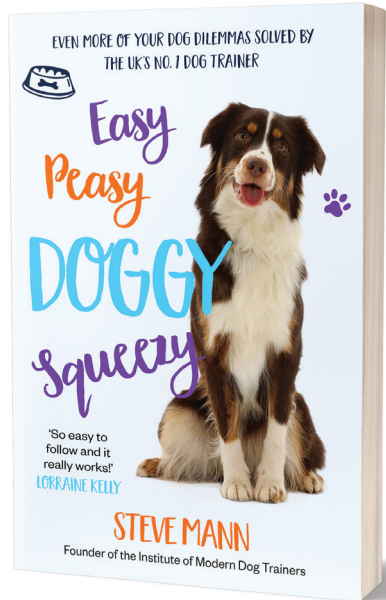
**What should I expect when I adopt
rescue dog?**

**How can I stop my dog from barking
at strangers?**

How do I teach an older dog, new tricks?

Steve Mann knows dogs. His incredible ability to understand dogs quickly has earned Steve the gratitude of over 100,000 dogs and their owners everywhere.

Easy Peasy Doggy Squeezy provides solutions to all your dog training problems, including socialising, excessive barking and recall. Steve teaches owners how to work out what kind of pet carer they are, and what techniques will work best with their pup. Believing that dogs need to be treated ethically, with good habits rewarded, Steve has developed a fun and practical programme that really works.



A regular on TV, **STEVE MANN** has been a professional dog trainer for over 30 years. He has trained over 100,000 dogs and thousands of professional dog trainers. He is founder and chairman of the Institute of Modern Dog Trainers and presents seminars, courses and workshops for dog trainers worldwide.

9781788703413 | Trade Paperback | £12.99 | Blink

Not The Type

CAMILLA THURLOW

‘Your teenage daughter could do much worse than look up to Camilla Thurlow’ - *Sunday Times*

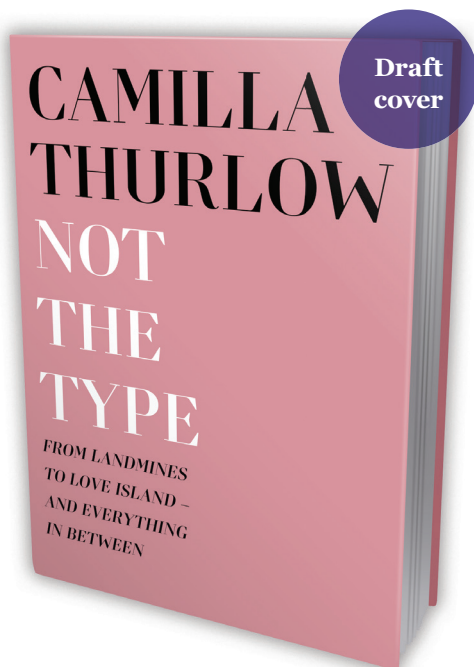
Camilla Thurlow came second on *Love Island* in 2017, and more recently impressed viewers in the latest series of *Celebrity SAS: Who Dares Wins*. But that’s not the most interesting part . . .

Camilla can do something that not even the ex-Special Forces instructors on *Celebrity SAS* can do: find, neutralise and destroy the landmines that threaten the lives and livelihoods of so many people in the world’s former war zones.

This is at once a memoir of an extraordinary life, and a script for living one’s life to the full. It will resonate with anyone seeking meaning in a world where women are too often discounted, or who frequently feel alienated amid the frenzy of contemporary life.

Born and educated in Scotland, **CAMILLA THURLOW** determined to try to do something that would make a difference, rather than set about a more traditional career. At the age of twenty-three - two years younger than the normal minimum age - she was accepted by the HALO Trust to train in explosive ordnance disposal - finding and clearing landmines in some of the world’s most dangerous and inhospitable places. Seeking a new challenge, she applied and was accepted to appear as a contestant on *Love Island*, and came second in the 2017 series; she is also the subject of the 2019 TV documentary *What Camilla Did Next*.

9781789463439 | Hardback | £14.99 | John Blake
9781789463446 | Trade Paperback | £12.99

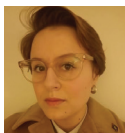


Haven't You Heard?

MARIE LE CONTE

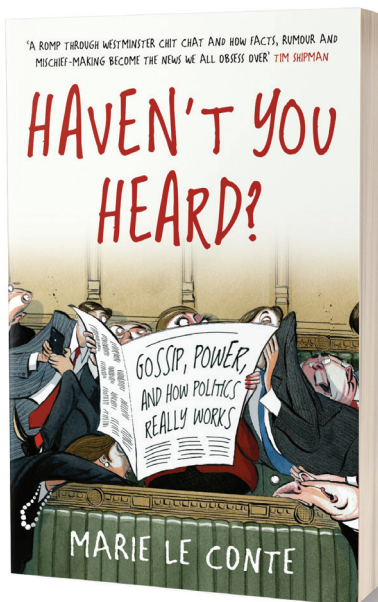
Gossip, power and how politics really works

In *Haven't You Heard?*, Marie Le Conte looks at the role gossip, whispers and tittle-tattle play in all areas of politics – for the MPs and their advisers, the press who cover them and the civil servants in the middle of it all. From policy rows which aren't about policy at all and boozy nights with dramatic consequences, to people spinning their way to the top and dark secrets never seeing the light of day, Marie explores the human side of the people running the country against a backdrop of political mayhem.



MARIE LE CONTE is a French-Moroccan journalist living in London. She previously was the Evening Standard's political

diarist, BuzzFeed News' media and politics correspondent and went freelance in June 2017.



PRAISE FOR MARIE LE CONTE:

A Book of the Year
I NEWSPAPER

'Crammed full of good gossip'
TIM SHIPMAN

'Exposes the multi-layered madness'
LAURA KUENSSBERG

'A cracking read'
JOHN CRACE, *The Guardian*

'Amazing'
EMMA BARNETT, *BBC Newsnight*

'An essential read'
EMILY THORNBERRY

9781788702874 | Paperback | £9.99 | 535
9781788703130 | Physical Audiobook | £13.99

Pure Narco

LUIS NAVIA AND JESSE FINK

***Goodfellas* on go-fast boats - the inside story of the 'Gentleman Narco'**

In August 2000, 43 people were arrested and 25 tons of cocaine seized as the successful conclusion to "Operation Journey," a cooperation among 12 countries working together for two years to bring down one of the largest drug trafficking groups ever targeted by law enforcement. Among those charged and convicted was Luis Antonio Navia, a Cuban fugitive and high level player in several major Colombian cocaine cartels including the Medellin, Cali and North Valley cartels, who, over his 25-year career as a smuggler-for-hire, moved over 300 tons of product.

In the first of its kind, *Pure Narco* will be the larger-than-life story of this approachable, affable criminal as told by the man himself with the help of bestselling author Jesse Fink and with the additional contribution of interviews with others who were involved in the cartel or in its downfall. It is a story of riches to obscene riches to an orange jumpsuit. Ultimately, however, it is the story of one man's journey to find and appreciate the value of contributing to society instead of taking from it, to finding a noble purpose in his life.

Cuban-American **LUIS NAVIA**, 62, aka 'Pirate of the Caribbean', 'Senador' and 'The Greek', was sentenced to 11 years jail in 2001 but served five after cooperating with US authorities. He was released in 2005 and lives in Miami.

British-Australian **JESSE FINK**, 45, is a bestselling author whose books have been translated into 12 languages.



JOHN BLAKE

EAT. SLEEP. RAVE. REHEAT.

CHRIS STARK

A humorous but practical cookery guide for students by *Radio 1 DJ*, Chris Stark

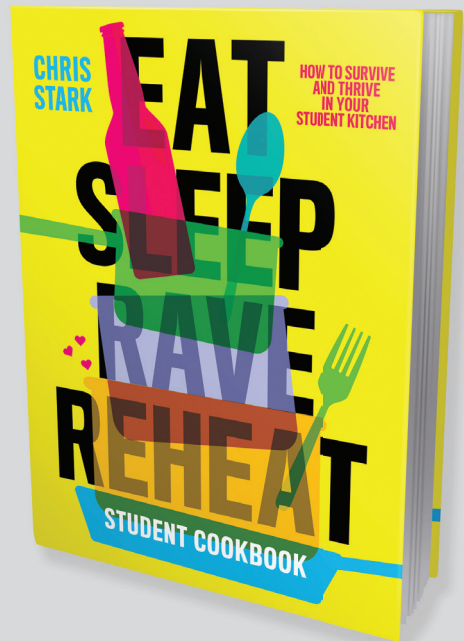
Radio 1 presenter, Chris Stark, was just like you. A kitchen novice who couldn't tell a cordon bleu from a courgette. A lost soul, boiling his pasta in the kettle and destroying his toaster while attempting to make toasties. Now, after years of secretly seeking the perfect student recipes, Chris comes armed with a hard-won immunity to salmonella and one deep truth: there are only three student-chef commandments that matter: let all food be practical, Instagrammable, and dead cheap.

This book provides inspiration for meals for any occasion: speedy eats, detox dishes, one-pot wizardry, date night delights, 'DIY takeaway solutions' and breadline-time rations - all guaranteed to be delicious, nutritious and cheaper than your last library fine.



CHRIS STARK has been a Radio 1 presenter on the Scott Mills show since 2012, joining him daily for their very popular broadcast. Their show's predominant listenership is student-aged, 16 to 24, and as such

he also boasts strong engagement with his 400k very active Twitter followers.



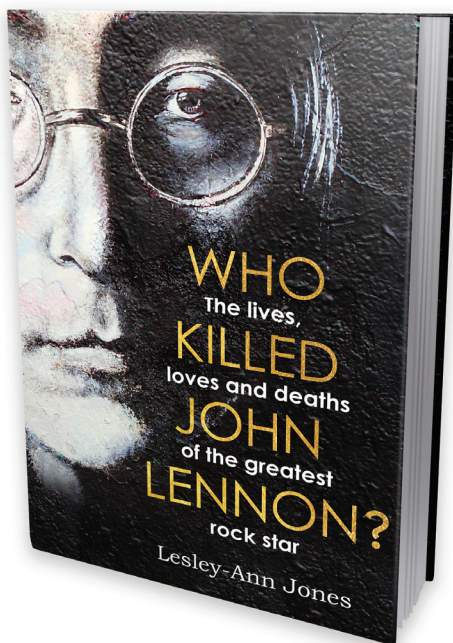
9781786065728 | Hardback | £9.99 | John Blake

Who Killed John Lennon?

LESLEY-ANN JONES

A compelling biography that unravels the enigma of John Lennon from acclaimed music biographer Lesley-Ann Jones

In this compelling biography, acclaimed biographer Lesley-Ann Jones unravels the enigma that was John Lennon to present a complete portrait of the man, his life, his loves, his music, and his untimely death. Jones closely tracks the life events and personality traits that led to Lennon living in self-imposed exile in New York, where he was shot dead outside his apartment on the 8th December 1980. Who, or what, really killed John Lennon? And when did the 'real' John Lennon die? Using fresh first-hand research, unseen material and exclusive interviews with the people who knew Lennon best, Jones' search for answers offers a spellbinding, 360-degree view of one of the world's most iconic music legends forty years on from his death.



LESLEY-ANN JONES is an acclaimed biographer, novelist, and broadcaster. She is the bestselling author of *Bohemian Rhapsody: The Definitive Biography of Freddie Mercury*, and *Hero: David Bowie*. A childhood friend of Bowie, Jones has interviewed and become lifelong friends with many globally-adored artists, including Paul McCartney, Madonna and Prince.

9781789461404 | Hardback | £20.00 | John Blake

9781789462975 | Trade Paperback | £14.99

9781789463606 | Physical Audiobook | £19.99

Talking With Serial Killers: Stalkers

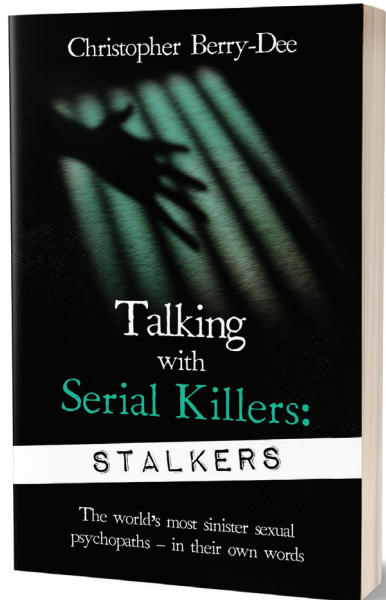
CHRISTOPHER BERRY-DEE

**Do you ever have that feeling
you're being watched?
Perhaps you are . . .**

Leading criminologist Christopher Berry-Dee turns his unflinching gaze on maybe the most sinister and disturbing of all killers - those who first stalk their unwitting victims, often for months at a time. Based on twenty-five years' experience interviewing some of the most dangerous serial killers of contemporary times, this latest book from the bestselling author explores the darkest corners of these thrill-killers' minds.

As all law-enforcement authorities will confirm, the majority of sexual psychopaths gain most of their perverse thrills from the stalking of their unsuspecting prey, often in so many different ways. As these cases show, victims have frequently been unwittingly followed, watched, or even visited before they are attacked, sometimes for weeks or even months.

CHRISTOPHER BERRY-DEE'S recent books include *Talking With Psychopaths and Savages*, the UK's bestselling true-crime title of 2017, and *Talking With Female Serial Killers*. He is the country's No. 1 true-crime author.



9781789462678 | Paperback | £8.99 | John Blake



Christopher Berry-Dee

The country's No.1 true-crime author

The Real Peaky Blinders: The Legacy

CARL CHINN

The follow-up to the incredible Sunday Times bestseller, *Peaky Blinders: The Real Story*

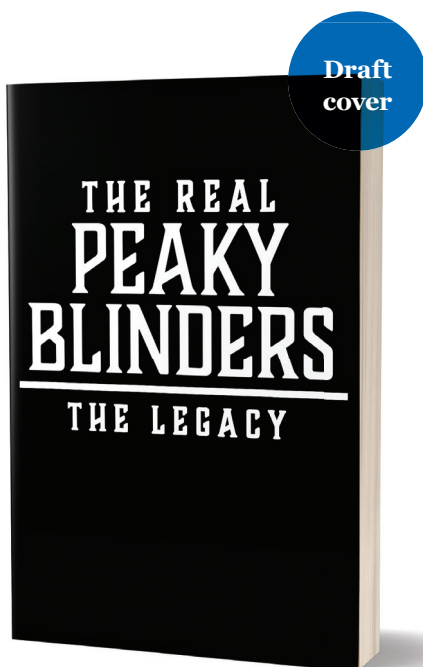
The Peaky Blinders as we know them, thanks to the hit TV series, are infused with drama and dread. Fashionably dressed, the charismatic but deeply flawed Shelby family blind enemies by slashing them with the disposable safety razor blades stitched in to the peaks of their flat caps, as they fight bloody gangland wars involving Irish terrorists and the authorities.

Well-known social historian, broadcaster and author, Carl Chinn, revealed the true story of the notorious Peaky Blinders in his bestselling *Peaky Blinders: The Real Story* and now in this follow-up book, he explores the legacy they created in Birmingham and beyond.

Revisit the world of Billy Kimber's Peaky Blinders and the London gangsters Darby Sabini and Alfie Solomon as their burgeoning empires spread across the UK in the 1920s and 30s.

PROFESSOR CARL CHINN MBE PH.D. is a social historian with a national profile. An off-course bookmaker himself until 1984, he is the son and grandson of illegal bookmakers and the great-grandson of a peaky blinder. His writings are deeply affected by his family's working-class background and life in the back-to-backs of Birmingham.

9781789462937 | Paperback | £8.99 | John Blake





THE FOLLOW-UP TO THE
INCREDIBLE *SUNDAY TIMES*
BESTSELLER,
PEAKY BLINDERS:
THE REAL STORY.



Stories of Hope

HEATHER MORRIS

‘Stories are what connect us, and remind us that hope is always possible.’ Heather Morris, author of *The Tattooist of Auschwitz*

Heather Morris grew up on a farm in rural New Zealand. On her way back from school, Heather would visit her grandfather and listen to his experiences of war - stories he told only Heather. From a young age Heather discovered that people would share if she stopped and listened.

In *Stories of Hope*, Heather Morris will explore the art of listening - a skill she employed when she met Lale Sokolov, the *Tattooist of Auschwitz*. It was her ability to listen that led him to entrust her with his story. Heather will examine her extraordinary journey in the form of a series of tales of the people she has met, and the remarkable stories they have shared with her.

Born in New Zealand, **HEATHER MORRIS** is an international number one bestselling author. In 2003 Heather met Lale Sokolov and changed both their lives. Their friendship grew and Lale embarked on a journey of self-scrutiny, entrusting the innermost details of his life during the Holocaust to her. Her second novel, *Cilka's Journey*, is the sequel to *The Tattooist of Auschwitz*.



‘A touching and redemptive tale of love and selflessness’

TIMES LITERARY SUPPLEMENT

‘A sincere . . . moving attempt to speak the unspeakable’

SUNDAY TIMES

9781786580474 | Hardback | £14.99 | Manilla Press
9781786580498 | Trade Paperback | £13.99
9781786580634 | Physical Audiobook | £19.99

INTERNATIONAL BESTSELLING AUTHOR OF
The Tattooist of Auschwitz

September

**HEATHER
MORRIS**
stories
OF
HOPE

**Finding Inspiration
In Everyday Lives**

Raw Speed

TAI WOFFINDEN
WITH PETER OAKES

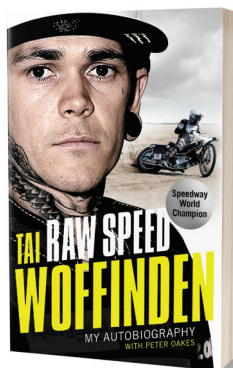
‘Gripping insight into what drives a champion. The best speedway book for a long time’ *Daily Telegraph*

With a vast array of titles to his name, including youngest ever Grand Prix World Champion, Tai has come a long way from his Scunthorpe roots. His love affair with speedway began when his family emigrated to Australia while he was a child, but he has not been without his share of struggles. In 2010, he lost his father to cancer, and in 2019 he was badly injured following a crash during a race in Poland.

Told with his trademark honesty and directness, Tai’s autobiography provides an eye-opening insight into the life of one of speedway’s greatest talents.

TAI WOFFINDEN won the Speedway Grand Prix series in 2013, becoming World Champion for the first time, a title he regained in 2015. When he did it again in 2018, he became the only British rider ever to win it three times. He also races regularly in Poland and Sweden.

9781789462067 | Paperback | £8.99 | John Blake



Ultimate Hard Bastards

KATE KRAY

Meet the hardest men in Britain: minders, villains, gangsters, bodyguards, SAS hitmen, murderers, and terrorists

In this awesome follow-up to the hugely successful *Hard Bastards* and *Hard Bastards 2*, Kate Kray, gets the answers to questions nobody else would dare to ask. We learn the truth about what drives some of these characters to live on the edge of the law, whether it be a matter of gaining respect or striving for survival.

Married to Ronnie Kray from 1989 to 1994, **KATE KRAY** is a bestselling true crime writer the author of several books including *The Twins: Men of Violence*, *Killers* and *The World’s 20 Worst Crimes*.

9781789462708 | Paperback | £8.99 | John Blake

JB

JOHN BLAKE

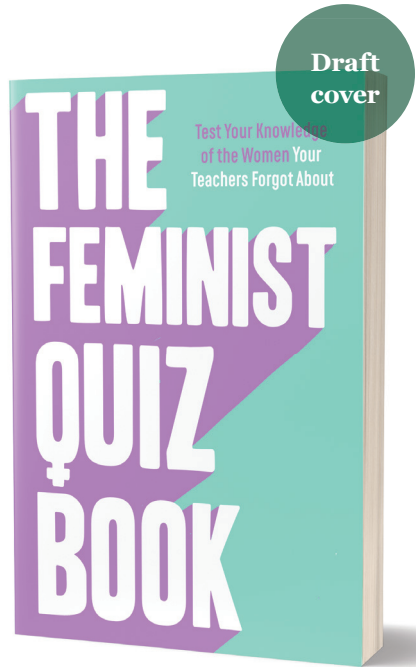
The Feminist Quiz Book: Test Your Knowledge of the Women Your Teachers Forgot About

Over 100 questions on feminist history from around the world!

Delve into the fascinating history of women who refused, dared, led, asked and discovered, from Queen Elizabeth II to Mary Wollstonecraft, from the incredible Rosa Parks to the inspiring Malala Yousafzai.

Find out if you know the women who created the very items that surround you, discover the women who weren't afraid to be the first, and test yourself on the women who keep fighting.

The Feminist Quiz Book is a celebration of women from around the world and the perfect gift for the feminist in your life.



Loved And Wanted

CHRISTA PARRAVANI

A harrowing account of one woman's reckoning with life, death and choice. For readers of *Educated*, *Hillbilly Elegy* and *Three Women*

In 2017 Christa Parravani had recently moved her family from California to West Virginia and was surviving on a teacher's salary and raising two young children with her husband, screenwriter Anthony Swofford.

Another pregnancy, a year after giving birth to her second child, came as a shock. Christa had a history of ectopic pregnancies, and worried that she wouldn't be able to find adequate medical care. She immediately requested a termination, but her doctor refused to help. The only doctor who would perform an abortion made it clear that this would be illicit, not condoned by her colleagues or their community.

Christa Parravani has crafted, through her own harrowing experiences with healthcare in contemporary America, a brilliant and moving exploration of the choices women have.



CHRISTA PARRAVANI is the bestselling author of the critically acclaimed memoir *Her*, which shares Parravani's journey through grief after the loss of her identical twin sister

Cara. She is an Assistant Professor in Creative Non-fiction at West Virginia University.



PRAISE FOR CHRISTA PARRAVANI

'Haunting . . . more than a beautifully written memoir. [A] powerful and raw love letter.'
WASHINGTON POST

9781786580542 | Hardback | £14.99 | Manilla Press
9781786580559 | Trade paperback | £14.99

The Tories

MICHAEL PORTILLO

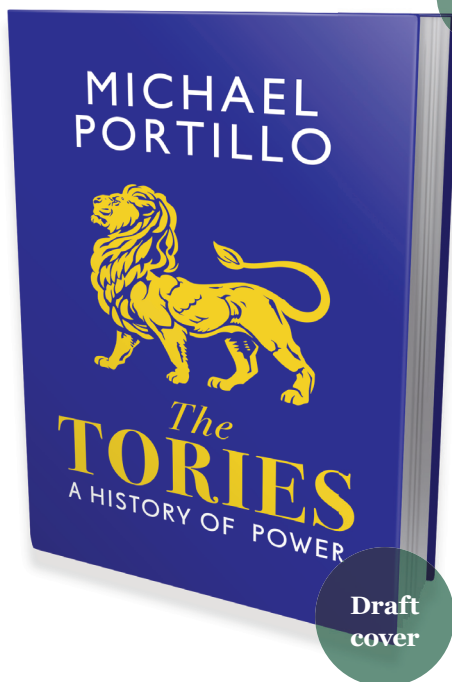
In this fascinating new book, ex-MP and former Conservative cabinet member Michael Portillo provides a first-hand account of the inner workings of the Tories, studying the history that led to their historic win last December and what it could mean for the future.

As well as providing insights from his own time at the heart of government and the experiences of many of his former colleagues and friends, the expert historian studies the DNA of the party and traces the characteristics that have shaped its identity since it was founded in the early nineteenth century.



MICHAEL PORTILLO was an MP for nearly twenty years. Since retiring from active politics in 2005, Michael has enjoyed a successful media career, becoming a regular guest on *BBC One's* weekly political

discussion programme *This Week*, and making three documentary series: *Great British Railway Journeys* for *BBC Two*, *Portillo's Hidden History of Britain* for *Channel 5* and *The Trouble with the Tories* for *Channel 5*, aired before the 2019 General Election. As well as being a long-serving member of the panel on *BBC Radio 4's The Moral Maze*, Michael has also written regular columns for *The Sunday Times* and contributed to a number of other newspapers and magazines.



97817887036421 | Hardback | £25.00 | Blink
9781788703666 | Physical Audiobook | £19.99

On This Day She

JO BELL, TANIA HERSHMAN,
AND AILSA HOLLAND

An inspiring collection that shines a light on incredible women who were never given the acknowledgement they deserved.

Here are the women whom time has forgotten; those who didn't make it into the history books and those whom society failed to uphold as significant figures in their own right. Finally, we shall know their stories.

On This Day She sets out to redress this imbalance and give voice to the women the history books have failed to make room for: the good, the bad and everything in between – this is a record of human existence at its most authentic.

For all the women forgotten, maligned and erased, here's to you: it's time you were given the space you have always deserved.

TANIA HERSHMAN, AILSA HOLLAND and JO BELL are all poets and writers who joined together to form the twitter account OnThisDayShe which celebrates the lives of women throughout history.



9781789462715 | Hardback | £20.00 | John Blake
9781789463637 | Trade Paperback | £14.99

The Crown

ROBERT LACEY

The fascinating royal and social history that inspired the second and third seasons of *The Crown*, from the show's historical consultant.

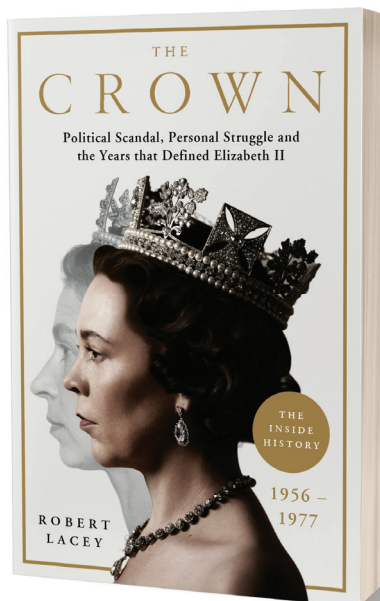
In this incredible companion to the second and third seasons of Netflix's acclaimed series *The Crown*, renowned biographer and the show's historical consultant Robert Lacey takes us through the real history that inspired the drama. Covering two tumultuous decades in the reign of Elizabeth II, Lacey looks at the key social, political and personal moments and the effect they had not only on the royal family, but also on the world around them.

Extensively researched and complete with beautifully reproduced photographs, this is a unique look behind the history that inspired the show and the years that would prove to be the making of The Queen.



ROBERT LACEY is a renowned British historian. He is the author of numerous international bestsellers, including *Majesty*, his pioneering biography of Queen Elizabeth II, *The Kingdom* and *Great Tales*

from *English History*. For nearly 40 years Robert has been writing about the Queen and her extraordinary life, making him an expert of her long reign.



9781788701822 | Paperback | £8.99 | Blink
9781788703185 | Physical Audiobook | £16.99 | Blink

Right, Said Fred

ANDREW FLINTOFF

The hilarious and eye-opening new book from one of Britain's best-loved figures.

In *Right, Said Fred* our favourite sportsman-turned-comedian-slash-leftfield-thinker Freddie Flintoff expels an eclectic and entertaining smorgasbord of anecdotes, impressions, reflections, ruminations, musings, cogitations, observations, rants, confessions and pearls of wisdom on all aspects of life's rich tapestry.

As a prolific philosopher of life's most unfathomable questions, Freddie calls upon his own inexplicable experiences: from mid-life crises, becoming a father again in his forties, mental health, veganism, to the perils and bonuses of being tall, and how to be rude effectively.

Right, Said Fred is an unexpectedly helpful, occasionally silly and absorbing brain dump on the world and everything it holds, from one of Britain's most-loved national treasures.

ANDREW 'FREDDIE' FLINTOFF (MBE) is a presenter, broadcaster, television panellist and former England international cricketer. He lives with his wife, Rachael, and their three children.

9781788701983 | Hardback | £20.00 | Blink



Valentino Rossi

STUART BARKER

This is a story of speed, love and loss - the definitive biography of the most world's most legendary motorsports racer.

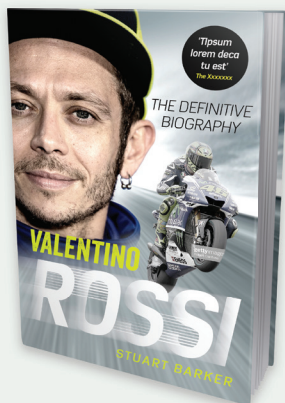
'At high speed everything becomes more difficult and more beautiful. When you're racing at 180mph, the semi-bends become bends, the little holes become big holes, everything becomes extreme and bigger.'

Valentino Rossi is an icon: the most successful and well-loved motorcycle racer ever, he transcended MotoGP to become a symbol of courage and daring. Racing for twenty-three years at the highest level of the world's most dangerous sport, he is a modern-day gladiator. Racing for over twenty years, Rossi has seen it all. Deaths on the track, glorious success, injuries, wealth, infamous altercations.

Using exclusive new interviews, bestselling motorsport author Stuart Barker brings the most in-depth book ever written about the Italian superstar.

STUART BARKER has written six motorcycling books, including a bestselling biography of Barry Sheene. He has also written for publications including Motor Cycle News, Bike, and Motorcycle Sport. He is currently the editor of the official Isle of Man TT and Classic TT/Manx Grand Prix programmes.

9781789462951 | Hardback | £18.99 | John Blake



Easy Peasy Doggy Diary

STEVE MANN

Track your dog's training progress with the help of the UK's No.1 dog-trainer

From the author of the best selling dog training book of 2019, *Easy Peasy Puppy Squeazy*, comes this journal containing everything you need to chart your dog's progress, record their key milestones and track their transformation into the perfectly behaved pet of your dreams.

This weekly diary is the perfect tool to help you and your dog stay on track, set out in a simple format with over 25 new tips and techniques to help you enjoy the journey to domesticated bliss.

Beautifully designed with weekly targets and progress checks, this is the perfect way to record those special moments such as walking without a lead, perfecting recall, sleeping through the night and socialisation with other dogs and visitors.



A regular on TV, **STEVE MANN** has been a professional dog trainer for over 30 years. He has trained over 100,000 dogs and thousands of professional dog trainers. He is founder and chairman of the Institute of Modern Dog Trainers and presents

seminars, courses and workshops for dog trainers worldwide.

9781788703543 | Paperback | £9.99 | Blink

Why Did You Do It, Daddy?

KIM CHOWN

The most shocking true story of child abuse ever told...

Why Did You Do It, Daddy? is the moving true story of one man's horrific campaign of abuse against his own daughter, which continued for more than a decade of her childhood. Behind a veneer of respectability, university lecturer Francis Beaumont terrorised and brutalised his own child, Kim, raping her several times a day, making her pregnant and performing DIY abortions before threatening to kill her.

Only aged 20 did Kim feel able to escape from him and she descended into alcoholism, after her siblings and mother refused to help her seek justice. But after almost ending her own life, Kim fought back. With the support of her husband and adult children, she finally told the world who her university lecturer father really is.

KIM CHOWN finally saw her father in court in 2017, charged with five counts of rape, finding justice after 40 years. Kim has been approached several times by other media outlets and ghostwriters to tell her story but only now does she feel able to speak out. Today Kim now runs a successful aesthetics business and is still sober. She wishes to tell her story to help other survivors of historic abuse come forward but also prove whatever you're up against justice can be done.

9781789462227 | Paperback | £8.99 | John Blake

JB

JOHN BLAKE

Battle Ready

OLLIE OLLERTON

TAKE CONTROL AND TRANSFORM YOUR LIFE with SAS hero and no.1 bestselling author Ollie Ollerton

How do you keep going when you're in your lowest moment?

How do you eliminate doubt and embrace courage?

How do you transform your life?

As an ex-Special Forces soldier Ollie Ollerton knows more than his fair share about keeping going. But it's in Ollie's personal life that he really had to dig deep. At his lowest he was battling a failed relationship, substance abuse, depression and a reckless disregard for his own life.

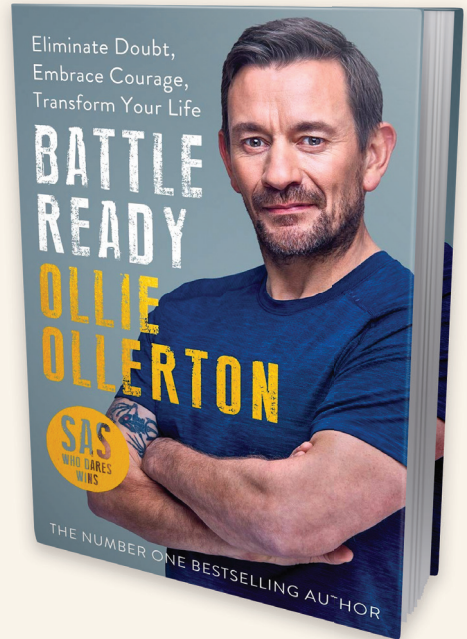
In *Battle Ready* Ollie shares the step-by-step plan that changed his life. From finding purpose and visualising an outcome, to breaking bad habits and establishing positive new routines, his advice will help readers to overcome their own obstacles: to become ready for any battle.



MATTHEW 'OLLIE' OLLERTON

is a former Special Forces soldier and a member of the Directing Staff on Channel 4's hit show *SAS: Who Dares Wins*.

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Contacts

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Andrea Tome

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andrea.tome@bonnierbooks.co.uk
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Regional Sales Manager (East England)
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Regional Sales Manager (The South)
jennie.harwood@bonnierbooks.co.uk
07791 233639

Alan Scollan

Regional Sales Manager (Scotland)
alan.scollan@bonnierbooks.co.uk
07909090051

Robyn Haque

Regional Sales Manager (London)
robyn.haque@bonnierbooks.co.uk
07526 168207

International sales queries:

Arjumand Siddiqui

Head of International Sales
arjumand.siddiqui@bonnierbooks.co.uk

Carrie-Ann Pitt

Head of Asia and Middle East
carrie-ann.pitt@bonnierbooks.co.uk

Victoria Hart

International Sales Manager, Europe,
Africa and Central & Southern America
Victoria.hart@bonnierbooks.co.uk

For media enquiries, please contact

Francesca Russell

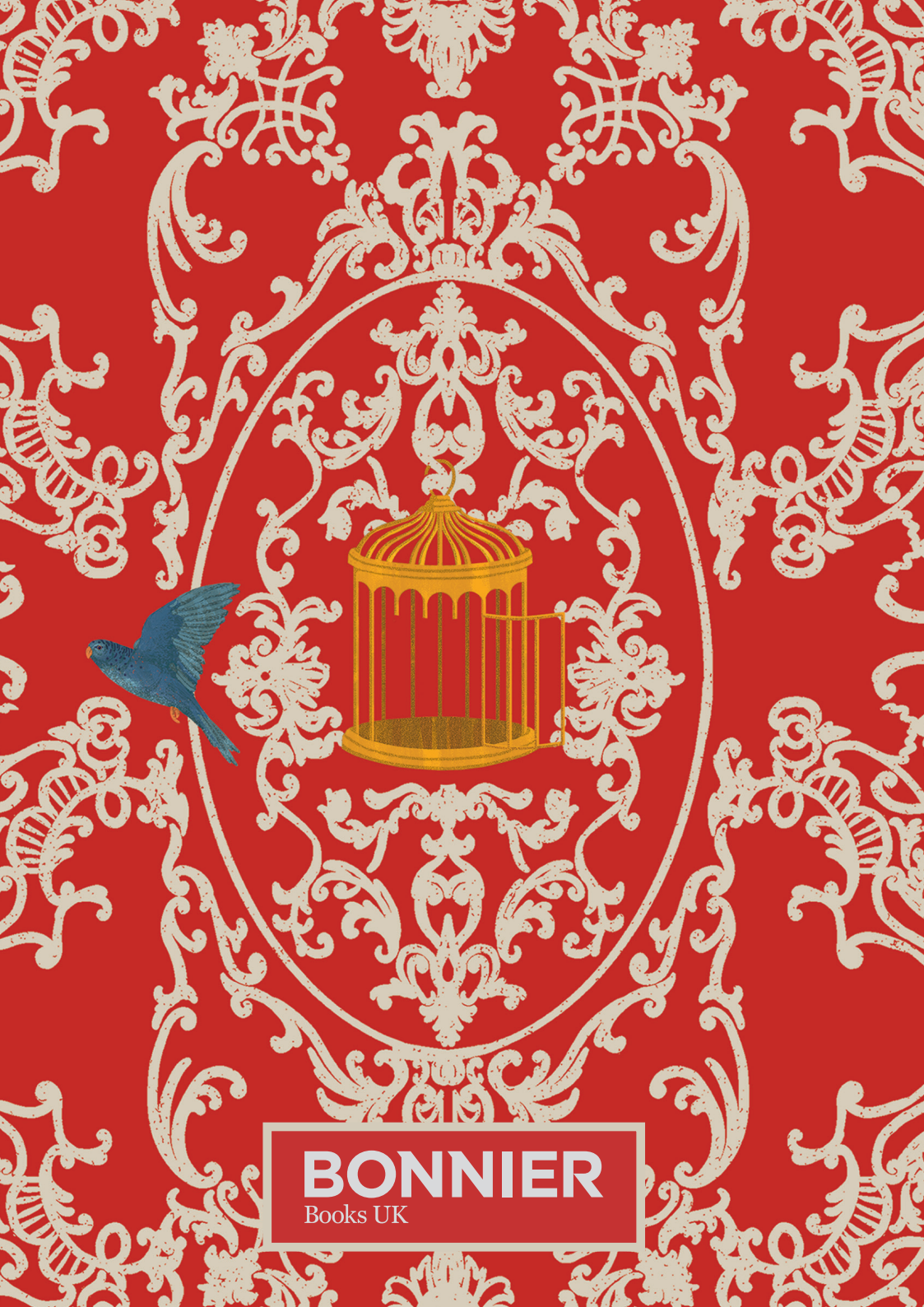
Publicity Director – Adult Fiction
francesca.russell@bonnierbooks.co.uk

Karen Stretch

Publicity Director – Adult Non-Fiction
Karen.stretch@bonnierbooks.co.uk

For our head office, please contact

Bonnier Books UK
1.07-1.09, The Plaza, 535 Kings Road,
London, SW10 0SZ
hello@bonnierbooks.co.uk
+44 (0)20 3770 8888
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