

# A RECIPE FOR KINDNESS

A spoonful of love and a very big smile.

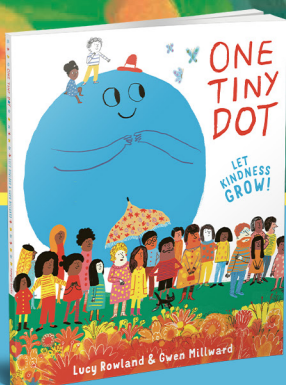
A sprinkle of joy. Let it rest for a while.

A dollop of helpful and laughter galore!

Some sharing, some giving (3 spoonfuls or more).

A kiss and a cuddle. A 'come join us too.'

Then mix it all up in a big Kindness Stew.



ONE  
TINY  
DOT

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