

# Adult Non-Fiction Rights Guide Autumn 2023



## Zaffre Publishing Group



**Blink Publishing**'s innovative non-fiction books seek to engage, entertain, inform and excite a wide commercial audience.



**John Blake** is a commercial non-fiction imprint that publishes extraordinary real-life stories, true crime, biographies, sport, music, alternative histories and gift and humour.



**Lagom** is a health, lifestyle and wellness imprint offering fresh perspectives on physical and mental wellbeing.



**Manilla Press** is a home for novelists, journalists, memoirists, thinkers, dreamers, influencers, authorities & experts.



**Echo** is an Australian publisher of narrative non-fiction, true crime, photographic and fiction titles.

## Black and White Publishing Group



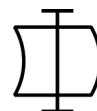
**Black and White Publishing** has teams based in both Edinburgh (where we were founded) and in London, and publishes a wide range of titles, including biography, sport, cookery, lifestyle, true crime, general and commercial non-fiction.



**Eriu** is based in Dublin, publishing books with a connection to Ireland, working closely with talented authors to bring Irish voices to international audiences.



**Heligo Books** is a business and smart-thinking imprint for curious readers and business leaders.



**Ithaka Press** is a narrative non-fiction imprint covering topics from history and memoir to reportage and books about psychology or technology.



**Nine Eight Books** is a dedicated music imprint and home for broad, bold, and entertaining musical perspectives.



**Footnote Press** is an independently run, pioneering publisher of literary fiction and narrative non-fiction, focusing on migration, identity and marginalised knowledge as well as experiences of separation, resistance and reclamation.

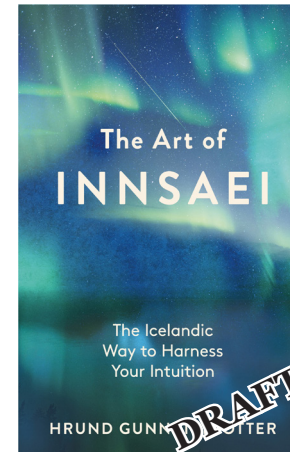
## Contents

<b>Well-being &amp; Mindfulness</b>	<b>7</b>
<b>Current Affairs</b>	<b>10</b>
<b>Smart-thinking &amp; Business</b>	<b>12</b>
<b>Climate &amp; Nature</b>	<b>14</b>
<b>Lifestyle</b>	<b>16</b>
<b>Parenting</b>	<b>19</b>
<b>Food &amp; Nutrition</b>	<b>20</b>
<b>Music</b>	<b>22</b>
<b>Popular Science</b>	<b>34</b>
<b>Popular History</b>	<b>36</b>
<b>Military Intelligence</b>	<b>38</b>
<b>True Crime</b>	<b>41</b>
<b>Memoir</b>	<b>46</b>
<b>Animals</b>	<b>50</b>
<b>Illustrated</b>	<b>52</b>
<b>Cookery</b>	<b>54</b>
<b>Corelist</b>	<b>56</b>

# The Art of InnSæi

## The Icelandic Way to Harness Your Intuition

HRUND GUNNSTEINSDÓTTIR



March 2024  
HB, 204pp

### World Rights

**Editor:**  
Michelle Signore

**Material Available:**  
Full MS

**Translation Rights:**  
Available

**US Rights:**  
Available

**TV & Film Rights:**  
Graham Maw Christie

**Icelandic wisdom to help you heal yourself and reconnect with the world around you.**

Innsæi (pronounced Inn-Sy-Ay) is an Icelandic word which, at its simplest level, means 'intuition'. There are deeper layers of meaning which help to explain the philosophy around it: the sea within, to see within and to see from the inside out. 'The sea within' implies the dynamic movement of the world within, which cannot be put into boxes or silos, because then it ceases to flow. 'To see within' means to know yourself well enough to be able to put yourself into other people's shoes and make connections that constantly regenerate you. And finally, 'to see from the inside out' implies a strong inner compass, that enables you to navigate and create your own path in the ever-changing ocean of life.

This book follows a clear structure in which she explains each of these three strands and how they work together, offering the reader practical exercises such as grounding, gratitude, connection, mindfulness and breathing. Filled with case studies and stories from spiritual leaders, scientists and artists (including Marina Abramovich), it encapsulates Hrund's personal story, the principles of Innsæi as well as some content that speaks to wider global issues such as how we treat the planet.

An alternative way of approaching life, *The Art of InnSæi* will show you how to harness your intuition and creativity and get the most out of living.

HRUND GUNNSTEINSDÓTTIR is a sustainability leader, visionary, writer and a film maker, educated in anthropology, development and complex emergencies and executive leadership. She has been recognised for her work as a Yale World Fellow, a World Economic Forum Young Global Leader and a World Economic Forum Cultural Leader. She is currently director of Festa, a centre for sustainability in Iceland. She sits on the Advisory Council of the newly founded International Leadership Centre at Yale University and is a board member of Eyrir Invest. She has qualifications from Yale, Stanford, Harvard Kennedy School, the LSE, Oxford Business School and the University of Iceland.

Her documentary film *Innsæi - the Sea Within* (in North America entitled *The Power of Intuition*) in itself was a successful visionary and leadership project.

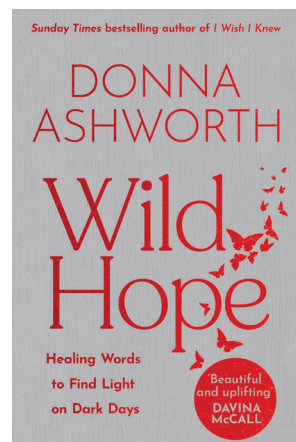




# Wild Hope

## Healing Words to Find Light on Dark Days

Donna Ashworth



September 2023  
HB, 320pp

### World Rights

**Editor:**  
Susanna Abbott

**Translation Rights:**  
Available

**US Rights:**  
Mango Publishing

**TV & Film Rights:**  
With the Author

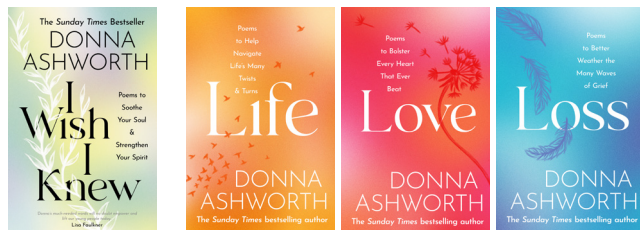
**Uplifting inspiration from the Sunday Times bestselling author of I Wish I Knew.**

The powerful new collection of wisdom to help us find hope, peace, self-acceptance and inspiration on the days we feel worn down, helpless or sad. Written with love and understanding, Donna has an extraordinary gift for empathy and warmth, for finding hope in the unlikely of circumstances. She reminds us that amidst our daily struggles and the constant barrage of bad news there is so much to hope for, and that every one of us can play a part, big or small, in making the world a better place.

With poems such as 'That Thing You Do', 'Through the Ringer' and 'Rope Ladder', Donna reminds us that most people in this world are good, and that acts of kindness and love within our individual spheres of influence, however small, all contribute to a better future. She also gently guides us, no matter how busy or overburdened we may be, to practice better self-care and self-acceptance.

Hope exists when nothing else can. On the darkest of days *Wild Hope* will help you find more light.

**Over 150,000 copies sold!**



**Rights sold in Life:** France (Hachette Livre)

**Rights sold in I Wish I Knew:** Korea (Tender Hearts), Turkey (Pegasus)

DONNA ASHWORTH is a Sunday Times bestselling author and a lover of words who lives happily in the hills of Scotland with her husband, two sons, and Brian and Dave (the dogs). Donna started her social media accounts in 2018 and is astounded daily by the international reach her words have garnered.



# Women are Angry

Dr. Jennifer Cox



June 2024  
TPB

### World Rights

**Editor:**  
Michelle Signore

**Material Available:**  
Proposal

**Translation Rights:**  
Available

**US Rights:**  
Available

**TV & Film Rights:**  
HHB Agency Ltd

**Psychotherapist Jennifer Cox lifts the lid on how women have been conditioned to repress anger, the impact this has on their physical and mental health and what they can do about it.**

Women still cannot recognise or permit their own rage. Our chronic ill health is evidence that history has not emancipated us. Micro and macro injustices are woven through our personal narratives, and we wear their imprint on our bodies and minds.

This book is an urgent call to arms to identify these feelings and channel them for good. Before they destroy us.

What if you aren't depressed?  
What if you don't have chronic fatigue?  
What if you are just... angry?

What if a lifetime of being told to repress anger, hide it away and fear it, has shown up in your body in a myriad of ways you can't control? As a woman, when was the last time you were allowed to be truly angry? Have you ever?

The answer to this, argues Dr Jennifer Cox, is never. Women are never allowed to really express their anger, and it is making us all mad. From toddlerhood when girls are conditioned to be 'good' and not make a fuss, to the sandwich years of midlife when the burden of myriad responsibilities is overwhelming, women's anger is hidden, repressed and toxic.

This book will show you where it is hiding and how to let it out.

DR. JENNIFER COX trained as a forensic psychotherapist at the Tavistock Clinic, and has a Masters in Neuroscience. Jennifer has an extensive international psychotherapy practice based in London, specialising in treating women and their undiagnosed anger. The Women Are Mad approach enables people who can't afford therapy an opportunity to 'think below the surface' about where their rage might be coming from, as they try out the practical ideas suggested for releasing it.

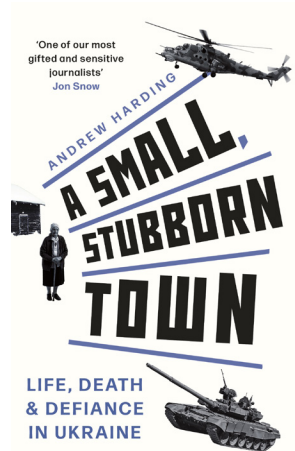
Jennifer now runs several processing groups across a month and is growing the Women Are Mad brand. The weekly *Women Are Mad* podcast has now dropped, with Jane Green as co-host and a line-up of captivating celebrity guests including Miranda Sawyer.



## A Small, Stubborn Town

### Life, Death & Defiance in Ukraine

Andrew Harding



July 2023  
HB, 160pp

#### World Rights

#### Editor:

Sarah Braybrooke

#### Translation Rights sold:

Finland (WSOY)  
Italy (RCS Solferino)  
Netherlands (Balans)  
Taiwan (Crystal Press)

#### US Rights:

Mango Publishing

#### TV & Film Rights:

Rebecca Carter Literary

**The Russians are invading. But the locals have a plan.**

It's March 2022 and Russian tanks are roaring across the vast, snow-dusted fields of Ukraine. Their destination: Voznesensk, a town with a small bridge that could change the course of the war.

The heavily-armed Russians are expecting an easy fight - or no fight at all. After all, Voznesensk is a quiet farming town, full of pensioners. But the locals appear to have other ideas.

Svetlana, a grandmother with arthritis, reacts in fury when Russian troops turn her cottage into their blood-soaked headquarters. Valentin, a quick-talking lawyer, joins the town's 'Dads Army' defenders, crouching in a trench with an AK47. Meanwhile, 21-year-old Sergei grabs a Molotov cocktail and lies in wait for Russian tanks as they push towards Dead Water Bridge.

The odds are terrible. But a plan is emerging, and there's a chance it could save not just Voznesensk, but the rest of southern Ukraine. Meanwhile, inside the tanks, an inner battle rages. As Russian officer Igor Rudenko prepares to invade, he has a secret. He is Ukrainian himself.

A gripping work of reportage that tells the story of a pivotal moment in Ukraine's war, this is a real-life thriller about ordinary people facing extraordinary circumstances with resilience, humour and ingenuity.

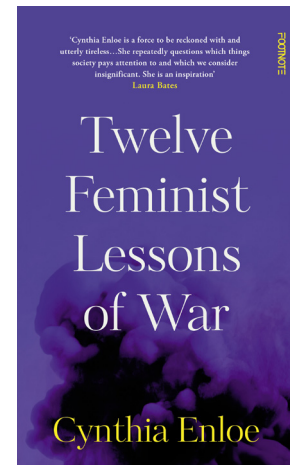
**"We are touched by the courage and dignity of Andrew Harding's characters - qualities that the author must surely possess in equal measure." - Andrey Kurkov**

**"The story of Ukraine in perfect microcosm - ordinary people doing absolutely extraordinary things - beautifully told." - Christina Lamb OBE**

ANDREW HARDING has been a foreign correspondent for BBC News for three decades, reporting from the former Soviet Union, Asia and Africa. He has covered many of the world's conflicts, including the war in Ukraine, and has won numerous awards, including an Emmy. He is the author of two internationally acclaimed non-fiction books, *The Mayor of Mogadishu*, and *These Are Not Gentle People*, which won South Africa's top literary prize.

## Twelve Feminist Lessons of War

Cynthia Enloe



September 2023  
TPB, 224pp

#### World Rights

#### Editor:

Fritha Saunders

#### US Rights sold:

University of California  
Press  
Tantor (Audio)

#### Translation Rights:

Available

**Using gender research and analysis from wars over the last century, Cynthia Enloe spells out the lessons that women activists have drawn from their immediate experiences of war.**

With her trademark engaging style, at once accessible and provocative, Cynthia Enloe draws on first-hand experiences of war in countries as diverse as Ukraine, Syria and Northern Ireland to show how feminist campaigners remain active - against all odds - in the midst of armed violence.

Women's wars are not men's wars. Wartime shapes the gendered politics of marriage, prostitution, journalism, economics, childcare, domestic violence and rape. Enloe's razor-sharp analysis highlights how understanding this can prevent wars and even end them.

With fresh, fierce and vital thinking, she shows that by paying more attention to the wounded and the women who care for them, we will be more realistic about the long 'post-war'; and that by listening to feminists on the ground, in Ukraine and elsewhere, we will better understand what is happening to our world.

**"Cynthia Enloe is a force to be reckoned with and utterly tireless. Her work has long spanned intersectional analyses of gender, race and class...she repeatedly questions which things society pays attention to and which we consider insignificant. She is an inspiration." - Laura Bates, *The Guardian***

**"A triumph." - Chatham House**

CYNTHIA ENLOE is a feminist activist, researcher and teacher. She is Research Professor at Clark University in Massachusetts and internationally known for her work on women in the military, in the global garment, banana, diplomatic and banking industries, and in domestic service. In 2018, Cynthia Enloe was chosen as one of the 100 names written on the Gender Justice Wall at the International Crimes Court in The Hague.

# Bullsh\*t Comparisons

## A Field Guide to Thinking Critically in a World of Difference

Andrew Brooks



**A guide to challenge the way you think about rankings, charts and other marketing and political tools designed to create odious and dangerous comparisons.**

Are electric cars actually greener than petrol ones? Which is the world's most successful university? Is Lisbon the new Barcelona? Should we compare the achievements of younger and older siblings even when we know it damages their self-worth?

We make comparisons every day, but how helpful are they?

Looking across a dazzling range of situations both familiar and unfamiliar, *Bullsh\*t Comparisons* is a ground-breaking examination of the role of comparison in modern society, illuminated by examples spanning from the FIFA World Footballer of the year, to wine-tasting in London, hospital care in Sierra Leone and avocado farming in Colombia.

Challenging us to think critically about the use of comparison through accessible, personal, and often amusing research, Andrew Brooks reveals the uses and abuses of comparisons in a book that isn't like anything else you have read.

This timely book will appeal to readers of *Factfulness*, *Freakonomics* and *Thinking Fast and Slow*.

ANDREW BROOKS is a Senior Lecturer in Development & Environment in the Department of Geography, King's College, London. His latest research has focused on questions of global comparisons as well as the relationships between urban change and the environment. While retaining a deep interest in Africa, his work is increasingly focused on the UK and Portugal.

His work on international development, and especially the fashion sector, has reached international media including *Al Jazeera*, *BBC News*, *CNN*, *The Economist*, *The Guardian*, *Le Monde*, *The New York Times* and *Newsweek*.

# Paying it Forward

## How to be a Social Entrepreneur

Josh Littlejohn MBE



**A SUNDAY TIMES BESTSELLER**

**Part memoir, part manifesto and part manual of a trailblazing social entrepreneur - this shows how business can put purpose alongside profit.**

When Josh Littlejohn started a small sandwich shop in his home city of Edinburgh, he would never have thought that, within ten years' time, that cafe would be frequented by Hollywood A-listers, that he would have opened a string of similar cafes across the UK and that he would be honoured with a MBE by the Queen. Not to mention raising over £22 million to combat homelessness around the world. All this before his 35th birthday.

*Paying It Forward* is part memoir, part manifesto for social entrepreneurship, and part manual for putting purpose ahead of profit. It reveals what is exactly social entrepreneurship is and how it can make a difference. How if only 20% of entrepreneurs became social entrepreneurs and focussed their energies on helping people, our world would be in a much better state.

It is also an inspiring tale of resilience, leadership, and heart, packed full of practical lessons such as how to 'Calculate Risks' and why we should 'Help Just One Person' every day, that 'If You Don't Ask, You Don't Get' and how to 'Find Your Compassion', how to 'Find Global Solutions' and how to 'Build A Movement'.

The path to being social entrepreneur is never a smooth one: this is the compass for finding your own path and making a difference in the world.

**"Essential: full of heart, honesty, humour and helpful advice." - Sir Richard Curtis CBE**

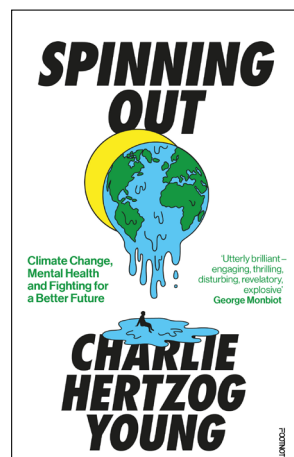
**"Josh Littlejohn is a rockstar of social impact." - Irvine Welsh**

JOSH LITTLEJOHN MBE is a social entrepreneur, philanthropist and homeless campaigner who founded the charities the Social Bite and the World's Big Sleep Out. He has appeared on the One Show and BBC Breakfast; newspaper interviews include the *New York Times*, the *Guardian* and the *Times*. In 2017, Littlejohn was given an MBE in the New Years Honours list. He has received an honorary Doctor of Science in Social Science from the University of Edinburgh and three other honorary doctorates from Scottish universities.

# Spinning Out

## Climate Change, Mental Health and Fighting for a Better Future

Charlie Hertzog Young



June 2023  
TPB, 272pp

**World Rights**

**Editor:**  
Fritha Saunders

**Translation Rights:**  
Available

**TV & Film Rights:**  
Sheil Land Associates Ltd

**Humanity is driving the earth mad. Now, the earth is driving us mad in return.**

Charlie Hertzog Young became a climate activist in his early teens. His journey led him onto airport runways and into the halls of power, but also to a serious mental health breakdown. He had to rebuild himself physically and psychologically, before focusing his efforts on collective mental recovery in response to a planet in crisis.

*Spinning Out* explores how climate chaos and the failure of those in power to tackle it are causing an inevitable mental health crisis across the globe. The relationship between the climate and our emotional wellbeing goes far deeper than eco-anxiety. It goes to the roots of our civilisation - its principles, its practices and its false solutions.

With testimony from dozens of activists, organisers and researchers across every habitable continent, this book is a celebration (of other ways to be) and a manual for anyone who wants to fight for a better world, while avoiding burnout and despair.

Wedding the needs of the earth with the needs of the human mind, *Spinning Out* offers a powerful, collective vision for change.

**“Absolutely, gloriously, heart-rendingly, heart-stoppingly glorious.” - Manda Scott**

**“A brilliant, compassionate account of the intersection between climate change and mental health [...] deserves to be widely read, borrowed, shared and discussed by anyone who cares about the climate.” - Ro Randall**

**“Utterly brilliant - engaging, thrilling, disturbing, revelatory, explosive.” - George Monbiot**

CHARLIE HERTZOG YOUNG is a political researcher the Good Law Project, the Centre for Progressive Change and a UK MP. He has previously worked for the New Economics Foundation, the Labour Party, Monocle Magazine, George Monbiot and the RSA. He studied economics and anthropology at Harvard University and SOAS, University of London, and Heterodox Economics and Public Policy Analysis at LSE. He has been an activist and organiser since his teens, founding two organisations and staging a widely publicised walk-out of George Bush's senior economic advisor, Gregory Mankiw's economics lectures.

# Moving Mountains

## Writing Nature through Illness and Disability

Edited by Louise Kenward



October 2023  
TPB, 304pp

**World Rights**

**Editor:**  
Rose Green

**Translation Rights:**  
Available

**US Rights:**  
Available

**A first-of-its-kind anthology of nature writing by authors living with chronic illness and physical disability.**

Through 24 pieces, the writers of *Moving Mountains* offer a vision of nature that encompasses the close up, the microscopic, and the vast.

From the undulations of the Peak District to the decimated indigenous flora of Jakarta, from a single falling snowflake to the enormity of the north wind, this is nature experienced wholly and acutely, written from the perspective of disabled and chronically-ill authors, those for whom climbing mountains and trekking through rough terrain is often out of reach.

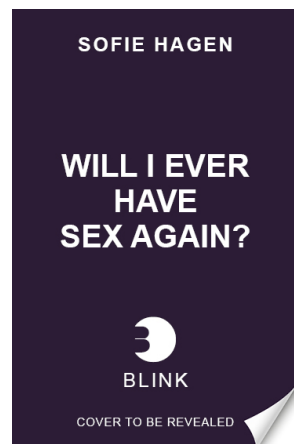
This anthology is not about overcoming or conquering, but about living with and connecting, shifting the reader's attention to the things easily overlooked by those who travel through the world untroubled by the body that carries them.

LOUISE KENWARD is a writer, artist and psychologist. Her writing has featured in *Women on Nature*, *The Polyphony*, *The Clearing* and *Radio 3 (Landscapes of Recovery)*. In 2020, she set up ZebraPsych with the aim of raising awareness of energy limiting chronic illness, and she co-produced the anthology *Disturbing the Body (Boudicca)*. Louise was Writer in Residence with Sussex Wildlife Trust (2021-2022) and is a PhD candidate at the Centre for Place Writing, Manchester Metropolitan University.



# Will I Ever Have Sex Again?

Sofie Hagen



May 2024  
HB

## World Rights

### Editor:

Susannah Otter

### Material Available:

MS due January 2024

### Translation Rights:

Available

### US Rights:

Available

### TV & Film Rights:

Carly Cook Agency

It's been 2,300 days since Sofie Hagen had sex. And, yes, she is counting. Join her as she tries to work out why.

Sofie Hagen is in her mid-30s. Everything everywhere is telling her she is in her sexual prime. She should be having plenty of sex: sex these days is fun, uninhibited, how you want it to be. We are all part of a new, enlightened generation who can work out what and how and who we want, and go get it, girlfriend.

And yet, Sofie is absolutely not having sex. She hasn't, for over 2,000 days, and she isn't sure she ever will again.

It's not that she doesn't masturbate, and it's not that she doesn't have, um, urges: she just can't seem to get down to them or act on them. In fact, she doesn't even know where to start.

Join her as she tries to work it all out.

SOFIE HAGEN is a multi-award-winning London-based Danish stand-up comedian, podcaster (co-founder of the *Guilty Feminist*) and influencer. Her first book, *Happy Fat*, was published in 2019 by 4th Estate.

# Why Don't I Have Anything to Wear?

Spend Less. Shop Smarter. Revolutionise your Wardrobe

Andrea Cheong



August 2023  
HB, 304pp

## World Rights

### Editor:

Madiya Altaf

### Translation Rights sold:

Italy (Newton Compton)

### US Rights:

Mango Publishing

### TV & Film Rights:

Gleam Futures

A guide to unlearning the habits that fast fashion and social media have used to condition us and support you to create a wardrobe that works best for you.

Have you ever opened your wardrobe, filled with clothes, and felt you had nothing to wear? Have you ever bought a jumper that only lasted about 5 washes? Have you ever seen images of landfills filled with clothes and wondered how you could make your clothes last as long as possible?

*Why Don't I Have Anything to Wear?* holds the easy solutions to these questions. In her five-step programme, Andrea Cheong will teach you how to break free from damaging shopping patterns, helping you to save money, shop smarter and create a wardrobe that works effectively for you.

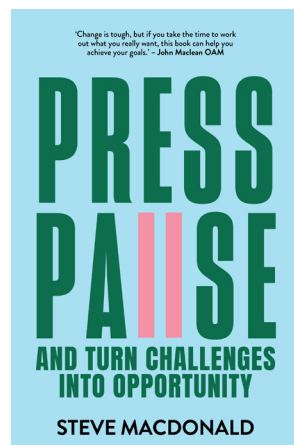
This simple guide will give you the tools and knowledge to confidently assess whether a garment you want to buy is value for money or a rip off. Filled with fun interactive quizzes, checklists and decision trees, Andrea will help you learn:

- How retailers play mind games
- The difference between sustainable buys vs sustainable brands
- The second-hand and rental market
- The different types of materials
- How to shop less to shop better, and so much more.

ANDREA CHEONG is a journalist and the founder of the Mindful Monday Method, a 5-step program to shopping better for your wallet, the planet and your mental health. She has been named one of the fashion critics to watch by *Vogue Business*, *Vogue Polska* and *Glamour UK*. Her viral lessons such as 'how to find your capsule wardrobe' has been featured on *Buzzfeed UK*. She has over 230k followers on TikTok and can be found @andreacheong\_.

## Press Pause And Turn Challenges Into Opportunity

Steve Macdonald



August 2023  
PB, 160pp

**World Rights**

**Editor:**  
Diana Hill

**Translation Rights:**  
Available

**US Rights:**  
Available

**TV & Film Rights:**  
SoloSon Media

**An accessible and engaging self-help book with guided exercises to help you recognise your values and goals and realign your habits with what is most important to you.**

Life is full of transitions - some chosen, some unexpected, some forced upon us: a global pandemic, relationships starting and ending, the arrival of a new family member, children leaving home, stepping into a new job, redundancy, the loss of a loved one. However significant or mundane, such events all have one thing in common. They represent a moment for us to press pause, reflect on our reality, and make changes that will help us unlock our full potential and live a life of fulfilment and purpose.

Steve Macdonald has had the privilege of coaching clients across the globe - including senior business leaders and high performers - through times of change. Whether their 'press pause' moment has been work-related or personal, he has found that most people struggle to leverage the opportunity out of these transition points. By the time they come to him, they are often frustrated by their inability to break their old patterns and truly step into the life they are striving to lead.

So Steve wrote this book - as a guide to navigating change. By dividing the process into clearly defined steps and posing a series of key questions, he wants to offer a structured and mindful approach to the self-reflection we all go through during a life transition - something that can often feel confusing, frightening or challenging. *Press Pause* provides a clear and positive path to identifying what is important to you, so that you can prioritise those areas in your life that you wish to recalibrate.

The aim is to help you overcome the obstacles that are preventing you from moving from one phase of life to the next, so that you can start living the life you want today.

STEVE MACDONALD is an organisational psychologist and high-performance coach, and a keynote speaker in the areas of leadership, wellbeing and strategic cultural development. He has been privileged to work with individuals and teams across the industry spectrum, including professional services, mining, banking, engineering, education, healthcare and the public sector.

## There's Still No Such Thing as Naughty

### The Primary School Years

Kate Silverton



March 2024  
TPB

**World Rights**

**Editor:**  
Michelle Signore

**Material Available:**  
MS due November 2023

**Translation Rights:**  
Available

**US Rights:**  
Available

**TV & Film Rights:**  
Bev James Management

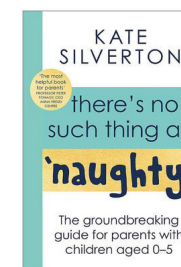
**Bestselling parenting author Kate Silverton shares the secrets of how to communicate with your school-age child in this revolutionary practical guide.**

Do you want to know how to help your child with their transition to school? How to communicate with them, support them and build their resilience in the face of this huge change to their life and routine?

*Sunday Times* bestselling author and child counsellor, Kate Silverton, is here to guide you through these exciting but testing times.

The book will explain how to understand the development of your child's brain at this crucial time, foster their empathy, connect with them, and ensure they retain their sense of self. While her advice has its basis in science, what she offers is a practical, simple toolkit for all parents who want to build a trusting, warm and caring relationship with their child and ensure that they grow up secure, happy and calm.

**Kate Silverton's first book, *There's No Such Thing as Naughty*, was a *Sunday Times* No 1 bestseller.**



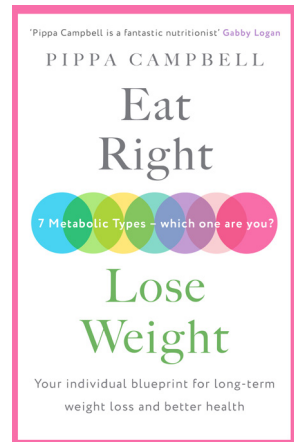
KATE SILVERTON is one of the BBC's main national news presenters. She has produced and presented numerous documentaries, including for *Panorama* and has reported from the frontlines in Iraq and Afghanistan.

Her academic roots are in child development, with a BSc in Psychology; she has worked for more than a decade in children's mental health, ultimately retraining as a children's counsellor with the children's mental health charity, Place2Be. She supports charities like the Anna Freud National Centre for Children and Families, The NHS Maudsley Foundation Trust, as well as the NSPCC and their Royal Highnesses the Duke and Duchess of Cambridge's Royal Foundation.

# Eat Right, Lose Weight

## Your Individual Blueprint for Long-term Weight Loss and Better Health

Pippa Campbell



December 2022  
TPB, mono, 288pp

**World Rights**

**Editor:**  
Michelle Signore

**Translation Rights:**  
Available

**US Rights:**  
Available

**TV & Film Rights:**  
Becca Barr Management

### TOP TEN BESTSELLER

Nutritionist Pippa Campbell identifies seven reasons why women may struggle to lose weight - and shows them what they can do about it.

### Which of the seven metabolic types are you?

Would you like to lose weight but struggle to find a plan that works for you? Do you feel frustrated because the latest diet trend isn't a long-term solution to weight loss?

In *Eat Right, Lose Weight* functional nutritional and nutrigenomics practitioner and certified metabolic balance coach Pippa Campbell shows you how to become your own diet detective and work out the specific reasons why you struggle to lose weight.

In the course of her work helping 5000 women with their weight issues, Pippa has established 7 core reasons why some women don't see the weight-loss results they desire: nutritional imbalance, gut health, hormonal rhythm, stress, detox, blood sugar imbalance and inflammation. In this practical, interactive guide, she will show you how to work out what your specific metabolic issue is, the impact it has on your body's ability to lose weight and the steps you need to take in order to put your body back on the right track.

Packed with tasty recipe ideas, meal planners and illuminating client case studies, this is the book that will change the way women approach weight loss.

*Aimed specifically at women of 35+.*

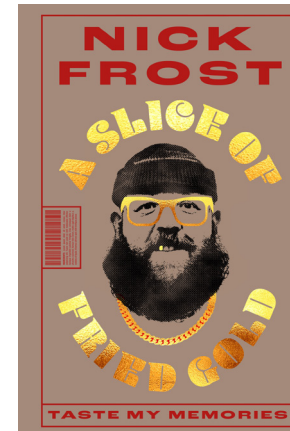
PIPPA CAMPBELL is an experienced Functional Nutrition Practitioner, Weight Loss Specialist and Certified Nutrigenomics Practitioner. She is a Certified Metabolic Balance Coach, registered with The Institute of Functional Medicine and Complimentary Medical Association. She has over 12 years of experience specialising in female health and weight loss.



# A Slice of Fried Gold

## Taste My Memories

Nick Frost



September 2023  
HB, 320pp

**World Rights**

**Editor:**  
Susannah Otter

**Translation Rights:**  
Available

**US Rights:**  
Mango Publishing

**TV & Film Rights:**  
Aevitas

Nick Frost has lit up our screens with his perfectly observed, just-the-right-side-of-absurd sketches and films. This is his love letter to food, kitchens and people he has known.

As the child of an alcoholic mother, Nick doesn't have many happy family memories, but the ones he does have are of the kitchen. His mother's stroganoff was his favourite thing to eat aged 10, and as her condition worsened, he began to learn to cook it himself, gradually taking over and using it as a magic trick to conjure up the very best bits of her - the stable, sober bits, which became harder to find as the years went on.

This was the beginning of a lifelong love of process, technique and the importance of cooking for those you love (or, in the case of Sigourney Weaver, stealing a crouton off her plate after she's left your lunch). Join Nick and learn the importance of listening to the blips; the joy of pie in a bowl (Simon Pegg's favourite) and the comfort and complication of food, however and wherever you eat it.

**"I want to eat everything in this book every single day for the rest of my life." - James Acaster**

NICK FROST is an accomplished actor, writer and comedian. He is best known for his work alongside Simon Pegg in the sitcom *Spaced* and the films *Shaun of the Dead*, *Hot Fuzz* and *The World's End*. His Instagram and Twitter feed reflect his absolute passion for cooking.

# Karma

## My Autobiography

Boy George



November 2023  
HB, 304pp  
2x8pp Plates

**World Rights**

**Editor:**  
Ciara Lloyd

**Translation Rights:**  
Available

**US Rights:**  
Available

**TV & Film Rights:**  
Round World Group

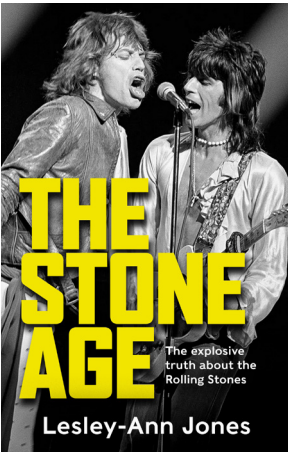
The definitive autobiography from music icon, Boy George – the Grammy, Brit and Ivor Novello award-winning lead singer of 80s pop/reggae band, Culture Club, since its inception in 1981.

Boy George has led a colourful life, to say the least, with his androgynous look making him the poster boy of a counter culture and of the glam rock generation, becoming a LGBTQ+ icon along the way. Controversial and unapologetic, he was part of the New Romantic movement that started in the late 1970s/early 80s, birthing other stars like Marilyn and Steve Strange who were equally influenced by glam rock pioneers like David Bowie and Marc Bolan.

His band, *Culture Club*, has had incredible success and remains together to this day, through the ups and downs of the ensuing decades.

Now, Boy George is telling his story in full for the very first time - from the early days of his music career in the 70s and 80s, through the hedonism of the 80s and 90s, through to the resurgence he's enjoying in present-day, *Karma* promises to be an illuminating read that holds no punches and lifts the lid on Boy George's crazy transatlantic life and career through the decades.

BOY GEORGE - the Grammy, Brit and Ivor Novello award-winning lead singer of 80s pop/reggae band, *Culture Club*, since its inception in 1981.



June 2022,  
HB, 368pp

**World Rights**

# Perfect

## An Intimate Biography of Christine McVie

Lesley-Ann Jones

A deep psychological insight into Christine as both a woman and a musician, and how she came to lead the world's most complicated band.

Christine McVie, born Christine Perfect, was both the backbone and the beating heart of Fleetwood Mac. Straddling the band's incarnations to achieve global fame, she wrote and performed many of their greatest hits.

And yet, as the 'engine' of the band during their Rumours era - an album which charted the complete romantic disintegration within the band - Christine's personal life was every bit as tempestuous as those of her bandmates, weathering affairs, divorce, addiction and fiery passion, all of which bled into her now iconic song-writing.

This is the first, the only, the ultimate picture of a rock legend.

# The Stone Age

## The Explosive Truth about the Rolling Stones

Lesley-Ann Jones

Good, bad and often ugly, here are the Rolling Stones as never seen before.

From the Sunday Times bestselling author, this new history tracks the contradictory, disturbing, granitic and unstoppable band through hope, glory and exile, into the juggernaut years and beyond into rock's ongoing reckoning. . . where the Stones seem more at odds than ever with the values and heritage against which they have always rebelled.

**Rights sold:** Croatia (Rock Portal), Czech Rep (Slovart), Germany (Piper), Poland (Zysk), Serbia (Laguna), Slovakia (Ikar), Slovenia (Učila), Spain (Planeta), The Netherlands (Oversmstel), US (Pegasus)

LESLEY-ANN JONES is an acclaimed biographer, novelist, broadcaster and keynote speaker. She is the bestselling author of *Bohemian Rhapsody: The Definitive Biography of Freddie Mercury*, *Hero: David Bowie*, and *Ride a White Swan: The Lives & Deaths of Marc Bolan*. A childhood friend of David Bowie, Lesley-Ann has interviewed many of the world's best-loved artists, including Paul McCartney, Madonna and Prince, often forming lifelong friendships with her subjects.

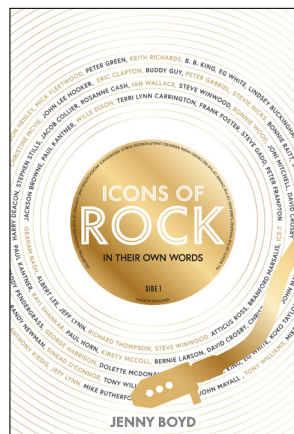


## Icons of Rock

### In their Own Words

Jenny Boyd

**B**  
JOHN BLAKE



October 2023  
HB, 352pp

**World Rights**

**Editor:**  
Ciara Lloyd

**Translation Rights:**  
Available

**US Rights:**  
Mango Publishing

**TV & Film Rights:**  
SoloSon Media

**A frank and honest look at the experiences of some of rock's finest musicians.**

There have been innumerable 'rock star' biographies and music histories before, but there is no book that presents the deepest, innermost thoughts from some of the industry's most legendary musicians on not only how they create, but what drives their creative process. Have you ever wondered how your favourite rock stars get inspired? How they write a song? How an album is put together? What made them choose a life devoted to music?

Written and compiled by Jenny Boyd, who has lived at the heart of the rock world since the 1960s and experienced many of its most iconic moments, the book contains interviews with each musician to give the reader a compelling and groundbreaking insight into the creative process at the heart of each rock star's musical success. From Eric Clapton to Mick Fleetwood, Joni Mitchell to George Harrison, this is a bible of rock royalty that provides an intimate portrait of their craft.

*Icons of Rock* is the perfect book for any fan that wants to know more about their favourite musicians and bands - or any budding composer and performer who wants a unique insight into how the world's most legendary rock stars created and delivered their greatest music.

JENNY BOYD is a former 60s model and the younger sister of Pattie Boyd (who was married to George Harrison and Eric Clapton). Married to Mick Fleetwood twice, Jenny has been immersed in the world of 'sex, drugs and rock 'n' roll' since her teens. As a rock star muse, Jenny even inspired Donovan and Mick Jagger to write songs about her, including Donovan's famous hit *Jennifer Juniper*.

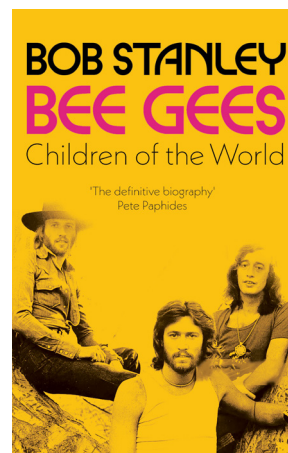
Jenny co-wrote two songs for the band Fleetwood Mac, although the group's manager gave the writing credits to her husband, Mick Fleetwood. She earned a PhD in psychology, and spent many years running an addiction treatment centre in England. Jenny has authored two books, one about music and psychology titled *Musicians in Tune* and her critically acclaimed memoir *Jennifer Juniper*.

## Bee Gees

### Children of the World

Bob Stanley

**NINE  
EIGHT  
BOOKS**



June 2023  
HB, 352pp

**Translation Rights**

**Editor:**  
Pete Selby

**Translation Rights:**  
Available

**US Rights:**  
David Goodwin Associates

**TV & Film Rights:**  
David Goodwin Associates

**A compelling and unique biography of one of the best-selling bands of all time, told with synapse-rattling insight by renowned pop scholar Bob Stanley.**

The world is full of Bee Gees fans. Yet, for a band of such renown, little is known about Barry, Maurice and Robin Gibb. Weren't two of them twins? Didn't one of them marry Lulu? Where does Andy fit into the Gibb family tree? And why did they storm out of that Clive Anderson interview?

This book is the perfect route in, pulling together every fascinating strand to tell the story of a group with the imagination of the Beatles, the pop craft of ABBA, the drama of Fleetwood Mac and the emotional heft of the Beach Boys.

Uniquely, the Bee Gees' tale spans the entire modern pop era - they are the only group to have scored British top-ten singles in the '60s, '70s, '80s and '90s - and includes world-conquering disco successes like 'Stayin' Alive' and 'More Than a Woman', both from the soundtrack of hit film *Saturday Night Fever*.

An extraordinary career with its highs and lows, Bob Stanley captures the human story at the heart of the Bee Gees in this stylish and lyrical read.

BOB STANLEY is a musician, journalist, author, film producer and pop historian. He is a member of the group Saint Etienne, which he co-founded in 1990, and has also enjoyed success as a music journalist, writing for the *NME*, *Melody Maker*, *Mojo*, *The Guardian* and *The Times*. He is a regular contributor to TV music documentaries, most notably for the BBC and Sky Arts, and has a parallel career as a DJ, producer of record labels and compilation archivist.

1984

## The Year Pop Went Queer

Ian Wade

June 2024  
HB

## World Rights

**Editor:**  
Pete Selby**Material Available:**  
MS due January 2024**Translation Rights:**  
Available**US Rights:**  
Available**TV & Film Rights:**  
SoloSon Media**1984: the year mainstream pop took gay subculture overground.**

In 1984, pop came out of the closet – even if not all of the artists felt that they could – and, in the process, charted the course of the rest of the decade.

Writer and musician Ian Wade charts where these artists, including Queen, George Michael, David Bowie, Pet Shop Boys, Frankie Goes to Hollywood and Madonna – who all enjoyed chart success in 1984 – were during that epoch-making year.

This book will study the impact these groundbreaking musicians had before, during and after on the gay community and popular culture, and it will demonstrate how they were able to break down barriers, raise consciousness and set in motion the first nascent ripples in a pond that are still being felt today.

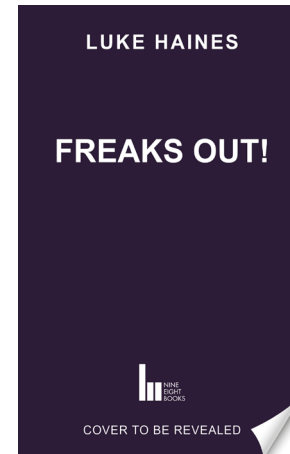
As a backdrop, *1984: The Year Pop Went Queer* will explore the strides made in the name of the cause and how the wider surrounding culture reacted with equal parts glee, bafflement and disgust.

IAN WADE is a writer, musician and pop music fan. He has written for a variety of Classic Pop specials, The Quietus, MusicOMH, Official Charts and The Guardian, as well as doing time for Smash Hits and The Face many years ago. He's also DJed at Spiritland, BFLF and Soho Radio.

Freaks Out!

## Righteous Rock 'n' Roll and the Rise and Fall of the Freaks

Luke Haines

April 2024  
HB

## World Rights

**Editor:**  
Pete Selby**Material Available:**  
Full MS**Translation Rights:**  
Available**US Rights:**  
Available**TV & Film Rights:**  
With the Author**Luke Haines – the outsider artist par excellence – turns his caustic eye to the rise and fall of alternative rock 'n' roll heroes.**

This book is for the freaks.

*Freaks Out!* will chronologically explain how 'freaks' infiltrated modern culture – and almost won the rock 'n' roll wars – only to lose to the rise of Cool Britannia and TV 'talent' shows that turned the strange and the outsiders into fodder for laughter.

Telling the story of pivotal freaks (Johnnie Ray, Gene Vincent, Hank Marvin, Syd Barrett, the Incredible String Band, Big Youth) through the prism of rock 'n' roll, as well as through wider culture (Cathars, the Ranters, Richard Dadd, Lenny Bruce, Timothy Leary, Hells Angels, Yippies), Luke Haines' writing is the perfect mix of in-depth music knowledge, personal anecdotes and fascinating memoir.

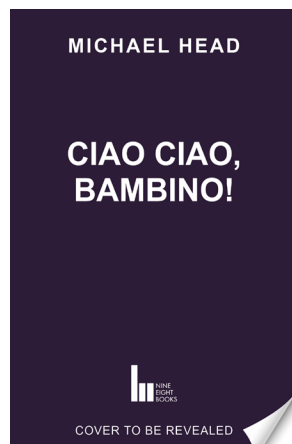
This is the ultimate celebration of freakdom.

LUKE HAINES is a London-based writer, visual artist, singer-songwriter and founder member of the *Auteurs* and *Black Box Recorder*. In 1993, the debut *Auteurs* album, *New Wave*, lost the Mercury Music Prize by one vote to *Suede*. Luke has never quite got over this.

He writes a regular monthly column for *Record Collector* and is the author of two critically acclaimed autobiographical books: *Bad Vibes* (2009) and *Post Everything* (2011).

# Ciao Ciao, Bambino!

Michael Head



June 2024  
HB

**World Rights**

**Editor:**  
Pete Selby

**Material Available:**  
MS due January 2024

**Translation Rights:**  
Available

**US Rights:**  
Available

**TV & Film Rights:**  
With the Author

**The life story of Michael Head, a man who the NME once described as 'our greatest songwriter'.**

For over forty years, Michael Head has been creating inspirational music that is rooted in the streets of Liverpool. He formed *Pale Fountains* with his friend Chris McCaffrey in the early 1980s, and then after McCaffrey tragically died from a brain tumour, he went on to create *Shack* with his brother John. But during a career that has been beset with tragedy, addiction, loss and bad luck, Head has continued to create exceptional music - and in 2022 he had his biggest commercial success with Red Elastic Band's *Dear Scott*.

This is Head's story. It is a story of growing up in Liverpool, of thwarted dreams, self-sabotage, chronic substance abuse, homelessness and brushes with death. It is also a story of an under-appreciated genius, of transcendental songs and the healing power of art and music and family and love.

Told in his own poetic voice, this is a man who walked barefoot over broken glass for forty years before the world caught up with what the faithful already knew: this man is Britain's greatest songwriter.

MICHAEL HEAD is a singer-songwriter from Liverpool. He founded the band *Pale Fountains* with his friend Chris McCaffrey in the 1980s and after the tragic death of McCaffrey went on to form *Shack* with his brother John and Pete Wilkinson. In the 1990s he befriended Arthur Lee and went on to support his band *Love* on their European tour.

After *Shack* split, Head endured a period of addiction and homelessness before signing to London Records. He went on to later sign for Noel Gallagher's Sour Mash label before forming the *Red Elastic Band*. He has released nine studio albums with four different bands, the most recent of which *Dear Scott* reached number six in the UK album charts.

# Rebel with a Cause

The Black CEO Who Made Hits and History

Darcus Beese



June 2024  
HB

**World Rights**

**Editor:**  
Pete Selby

**Material Available:**  
Full MS

**Translation Rights:**  
Available

**US Rights:**  
Available

**TV & Film Rights:**  
No Ordinary Group Ltd

**The fascinating memoir of Island Records label legend Darcus Beese.**

From Fulham to New York ... and back again. This is the remarkable story of Darcus Beese: legendary music-industry executive, OBE and a man Music Week described as 'one of the great A&R people of his or any generation'.

It is the story of how a teenage Londoner (and apprentice hairdresser) worked his way up from the postroom to head up one of the UK's biggest and most successful record labels, Island Records, signing and nurturing some of the greatest artists of the twenty-first century - most notably Amy Winehouse. And it is the story of how Darcus went to New York to run Island USA, but became despondent at what he saw and encountered.

Alongside Darcus's career successes, *Rebel with a Cause* is also the story of a young man raised in musically fertile and politically febrile times. His activist parents Darcus Howe and Barbara Beese were prominent Black Panthers in west London during a time when racism was rife, not only on the streets, in schools and on the terraces, but also in the highest institutions of power. Fighting for equality - for himself and for his artists - has therefore been inevitable for Darcus.

This is the incredible tale of a true rebel and leader.

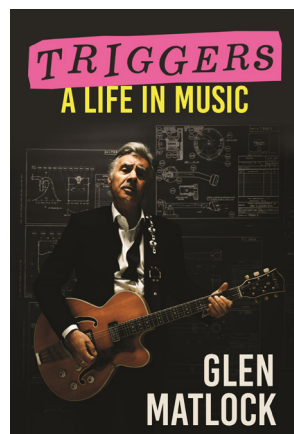
DARCUS BEESE (OBE) was the president of Island Records in the UK and the first black CEO of a UK record company. He is also largely regarded as the best A&R man of his generation, signing and nurturing the likes of Amy Winehouse, Florence and the Machine, and Mumford and Sons.

His family background is no less enthralling. His father was activist and broadcaster Darcus Howe and his mother was Barbara Beese, former UK Black Panther. Darcus has recently launched his own label at Warner Music in the UK.

## Triggers

### A Life in Music

Glen Matlock



October 2023  
HB

World Rights

Editor:  
Pete Selby

Translation Rights:  
Available

US Rights:  
Weldon Owen

TV & Film Rights:  
Kruger Cowne

The story of Sex Pistols bassist Glen Matlock, as told in his own words via thirty songs.

A fascinating new book charting the life and career of Sex Pistols legend Glen Matlock through the lens of thirty of his most formative songs - from the ones that influenced him as a child to the ones he wrote and played on as a star.

Sharing insider tales of the Sex Pistols' earliest gigs and stormiest reunions, as well as their most idiosyncratic inter-band dynamics, *Triggers* offers a vivid insight into the ultimate icons of punk. Yet, having performed and recorded with so many musical luminaries over the decades, Glen also reflects on his time with the likes of Iggy Pop, David Bowie, The Faces, Blondie, Primal Scream and many more, bookending his account with two 'winters of discontent': 1976 and 2022.

This is the story of an outspoken, uncompromising man and remarkable, game-changing musician.

GLEN MATLOCK is the legendary former bass player and songwriter in the Sex Pistols. He is credited with co-writing 10 of the 12 tracks on their sole studio album *Never Mind The Bollocks*. He left the band in 1977 and formed the *Rich Kids* with Midge Ure, enjoying chart success with their 1978 *Rich Kids* single.

Matlock has been involved in all three subsequent Sex Pistols reunions tours, the last of which took place in 2007 before relations with singer John Lydon once again broke down. In 2023 Matlock will release his 6th solo album *Consequences Coming* and has joined Blondie for their forthcoming album and tour.



May 2023  
HB, 480pp

World Rights

## Season of the Witch

### The Book of Goth

Cathi Unsworth

The first book to cover in-depth and from an insider's perspective the inception and rise of goth - one of the world's most enduringly popular musical subcultures.

This is the story of how goth was shaped by the politics of the era - from the miners' strikes and privatisation to the Troubles and AIDS - as well as how its rock 'n' roll outlaw imagery and innovative, atmospheric music cross-pollinated throughout Britain and internationally, speaking to a generation of alienated youths.

A fascinating social history, *Season of the Witch* tells the tale of an enduring counter-culture, one that steadfastly refuses to give up the ghost.

Rights sold: Croatia (under offer), Spain (Contraediciones), US (Mango Publishing)

## Running Up That Hill

### 50 Visions of Kate Bush

Tom Doyle



October 2022  
HB, 368pp

Translation Rights

A mosaic biography featuring snapshots, stories, episodes, interviews and insights that will lift the curtain on the real Kate Bush.

Kate Bush: the subject of murmured legend and one of the most ground-breaking, idiosyncratic musicians of the modern era. Comprising fifty chapters or 'visions', *Running Up That Hill* is a multi-faceted biography of this famously elusive figure, viewing her life and work from fresh and illuminating angles.

Featuring details from the author's one-to-one conversations with Kate, as well as vignettes of her key songs, albums, videos and concerts, this artful, candid and often brutally funny portrait introduces the reader to the refreshingly real Kate Bush.

Translation Rights sold: Poland (Rebis)





## Hercules!

### The A to Z of Elton John

Mick Wall



September 2023  
HB, 400pp

**World Rights**

**Editor:**  
Pete Selby

**Translation Rights:**  
Available

**US Rights:**  
Available

**TV & Film Rights:**  
The Hamilton Agency

**The perfect compendium for the casual fan or devoted connoisseur, providing a funny, comprehensive and fully alphabetised overview of the star's life and music.**

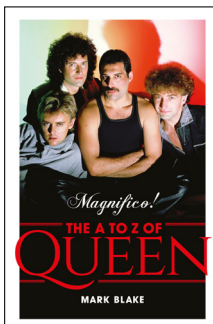
Comprising a vivid and varied series of miniature biographies, revealing profiles, thought-provoking essays and a multitude of previously unknown anecdotes and quotes.

Charting all the highs and lows, the major record releases and the significant tours, the strokes of genius and the bottoms of barrels, this insightful portrait will cover serious subjects such as Elton's battle with the media, his highly publicised addictions, his route to sobriety, his tangled love life and his struggles to come to terms with his sexuality, hair loss and temper. But, as Elton himself always does so well in the hundreds of interviews he has given over the past half-century, his stories will also be told frankly and humorously, his demons now conquered and his success unrelenting.

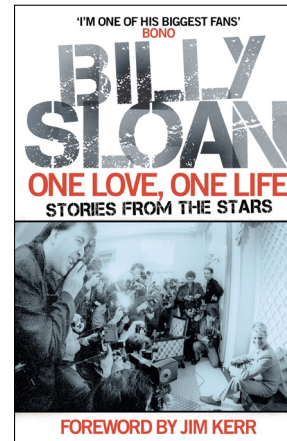
And at the heart of this book is a joyride through one of the all-time greatest musical catalogues from a brilliant, versatile, glamorous and universally loved pop superstar.

MICK WALL is one of the world's best-known music journalists, authors, and TV and radio broadcasters. The author of more than 25 internationally best-selling biographies and ghosted memoirs, his writing has also appeared in *The Times*, *The Mail on Sunday*, *Mojo*, *Rolling Stone* and dozens of newspapers and magazines around the world. Wall's bestselling *When Giants Walked The Earth: A Biography of Led Zeppelin* was a *Sunday Times* Book of the Year and has sold over 50,000 copies in the UK.

**Rights Sold for *Magnifico!*:**  
Croatia (Rock Mark), Germany  
(Hannibal), Hungary (Alexandra),  
US (Permuted Press)



NINE  
EIGHT  
BOOKS



September 2023  
HB, 288pp

**World Rights**

## One Love, One Life

### Stories from the Stars

Billy Sloan

Legendary music journalist Billy Sloan has been described as the John Peel of Scotland. He has interviewed musical icons and helped to launch the careers of huge international stars like Simple Minds and Lloyd Cole, all through his brilliant radio show and newspaper columns.

Billed as "Scotland's No. 1 pop writer" in the era of *Queen*, Tina Turner, *The Beatles* and David Bowie, this is the story of four decades spent exploring the world with the most famous names in music, and how he helped take artists from obscurity to the bigtime.

**"I'm one of his biggest fans." - Bono**

**Rights sold:** US (Mango Publishing)



IAN BROUDIE  
TOMORROW'S  
HERE TODAY

October 2023  
HB, 352pp

**World Rights**

## Tomorrow's Here Today

### Lightning Seeds, Football and Cosmic Post-Punk

Ian Broudie

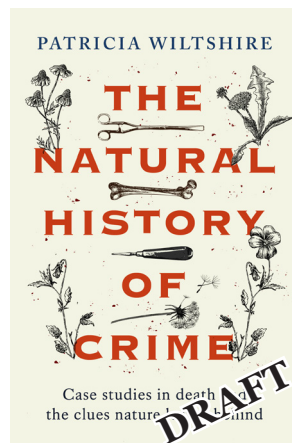
**The definitive autobiography of musician, singer-songwriter and producer Ian Broudie, chronicling his career as frontman of multi-platinum-selling rock band the Lightning Seeds, with tales of Britpop stardom and footballing royalty along the way.**

Few musicians have lived a musical life as rich as the songwriter and producer Ian Broudie. From recording the glorious uplifting psychedelic pop of his band The Lightning Seeds to producing bands like Echo & The Bunnymen and The Fall, Ian has journeyed from the energy and potential of the 1970s punk scene to the madness of '90s indie.

Now Ian reflects on his illustrious career as one of our most critically and commercially revered artists.

# The Natural History of Crime

Case Studies in Death and the Clues Nature Leaves Behind  
Patricia Wiltshire



March 2024  
HB

**World Rights**

**Editor:**  
Ciara Lloyd

**Material Available:**  
MS due November 2023

**Translation Rights:**  
Available

**US Rights:**  
Available

**TV & Film Rights:**  
Independent Literary

Working at the interface of where the criminal and natural world interact, Patricia shows us how she finds the answers to some of the worst crimes imaginable.

*'I love puzzles, and finding answers is the only truly enjoyable part of what I do.'*

Professor Patricia Wiltshire is a forensic ecologist, her days spent at crime scenes collecting samples, standing over dead bodies in a mortuary, or looking down her microscope for evidence. Nature has given us a messy, imperfect world, but her job is to help make sense of it when we need it the most.

A pioneer of forensic ecology - using the natural world to help solve crimes - Patricia has been involved in some of the most high-profile murder cases. Not only does she help the police solve crimes and give answers to the most bemusing circumstances, she can help to exonerate the innocent and enable confessions from the guilty.

How do you find justice for a mother who has lost her daughter in the most horrific of circumstances? How does she face the very worst of humanity's crimes, and the weight of responsibility to the victims and those they leave behind?

Through a study of her most infamous cases, we join Patricia in putting the puzzle together, teasing the evidence out of her cases - 'a garden came out of his hair' - and showing us all how life and death have always been, and always will be, intertwined.



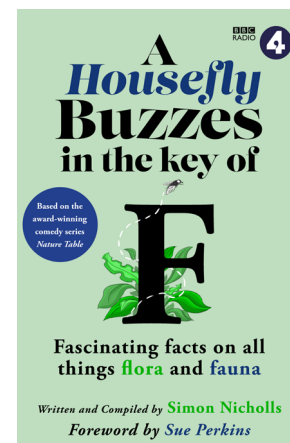
**Rights sold to Traces:** China (Beijing Qianqiu Zhiye), Germany (Knesebeck), Japan (Hakuyosha), Korea (Woongjin), Poland (Virtualo), Russia (Eksmo), Taiwan (Gusa), US (Putnam)

Professor PATRICIA WILTSHIRE has worked on over 300 criminal cases across the UK, including some of the highest profile cases of the past 25 years. A leading voice in forensic science, she has worked with every police force in the UK on cases involving rape, murder, abduction, neglect, and searching for graves and hidden remains.

JB  
JOHN BLAKE

# A Housefly Buzzes in the Key of F

Fascinating Facts on All Things Flora and Fauna  
BBC Studios



November 2023  
HB

**World Rights**

**Editor:**  
Joe Hallsworth

**Translation Rights:**  
Available

**US Rights:**  
Available

**TV & Film Rights:**  
BBC Studios

A popular science book about the natural world filled with fascinating facts, big jokes and entertaining anecdotes.

Did you know that a cockroach can live for a week without its head, before dying of starvation?

Did you know that slugs have four noses? So, if you thought that couldn't get more disgusting, now imagine them with a cold.

The natural world is an amazing, compelling and funny place: a place where fact is always more staggering - and often funnier - than fiction. Based on BBC Radio 4's popular science and comedy series *Nature Table*, and with an introduction from the show's presenter, Sue Perkins, this vibrant new book is a celebration of the astonishing everyday occurrences that happen right under our noses.

Split into sections exploring everything from nature's High Achievers, Chatterbox Plants and Wonder Women to Master Builders, True Romance and Power Plants, Simon Nicholls delves into the hidden, hilarious and downright weird world of our planet's extraordinary flora and fauna.

If you want to learn how maggots have been used to successfully prosecute murders, why raw broccoli's bitter taste is their attempt to poison us or the secrets of the elaborate, synchronised mating dance of the albatross, then focus your binoculars and get spotting this collection of fascinating facts, big jokes, fun games and entertaining anecdotes.

# Peaky Blinders: The Real Gangs and Gangsters

Carl Chinn

JB

JOHN BLAKE

CARL CHINN

## PEAKY BLINDERS THE REAL GANGS AND GANGSTERS

jb  
John  
Blake

COVER TO BE REVEALED

July 2024  
PB

World Rights

Editor:  
Ciara Lloyd

Material Available:  
MS due March 2024

US Rights:  
Available

TV & Film Rights:  
SoloSon Media

From the Sunday Times number 1 bestselling series, this new account offers up a fresh perspective on the Birmingham gangs pre-1914.

Taking a thematic approach, the fourth title in the series intends to delve far more deeply into the crimes as well as the political issues at the heart of this pre-war period.

Focusing on the historical backstreet gangs of Birmingham before 1914, Carl Chinn will delve more deeply into the worst peaky blinders and the real gangs whose bloody feuds, murders and maiming, baiting of police officers, gendered violence, indiscriminate bullying, blackmailing of publicans and music hall managers, and disturbing roles in political riots and racist attacks made Birmingham infamous as the city of the Peaky Blinders.

Over 500,000 books  
sold in the series!



September 2019



September 2020



October 2021

**Rights sold in the series:** Albania (NTP Artini O.P.), Brazil (Universo Dos Livros), Czech Republic (Albatros), Estonia (Tänapäev), France (Hachette Livre), Greece (Okeanos), Hungary (Maxim), Italy (Mondadori), Poland (Zysk), Portugal (Presenca), Spain (Atico de los Libros), The Netherlands (Kosmos), Turkey (Nemesis Yayincilik)

PROFESSOR CARL CHINN MBE Ph.D. is a social historian with a national profile, writer, public speaker, and teacher. An off-course bookmaker himself until 1984, he is the son and grandson of illegal bookmakers in Sparkbrook, and the great-grandson of a peaky blinder, whilst his mother's family were factory workers in Aston. His writings are deeply affected by his family's working-class background and life in the back-to-backs of Birmingham and he believes passionately that history must be democratised because each and every person has made their mark upon history and has a story to tell.



October 2023  
PB, 368pp

World Rights

## JFK The Conspiracy and Truth Behind the Assassination Colonel John Hughes-Wilson

For sixty years, numerous theories have swirled around this key event in American - and world - history. Yet whatever the conclusions of the official Warren Report - that the President had been assassinated by a lone gunman, Lee Harvey Oswald - many people doubt that to be true. Indeed, President Nixon later admitted on tape that the report was 'a hoax committed on the American people.'

John Hughes-Wilson, a former colonel in British Intelligence, has sifted through the millions of words and thousands of pieces of evidence, to put together an intelligence assessment of what really happened that dreadful high noon in Dallas in 1963. John Hughes-Wilson highlights the facts behind why Marilyn Monroe had to be silenced, LBJ's corrupt secrets, the Kennedys' secret Cuban coup plans, how the Mafia manipulated politicians and the CIA, and how the assassination was covered up.



June 2022  
PB, 294pp

World Rights

## Conspiracy The Greatest Cover-ups and Unsolved Mysteries Ian Shircore

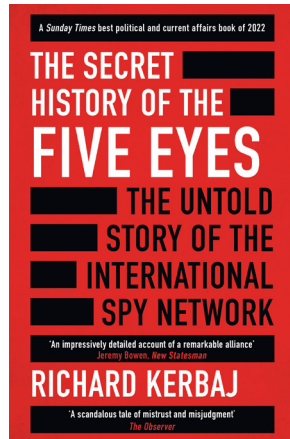
50,000 copies sold!

**A balanced analysis of the unsettling cover-ups and mysteries that litter our recent past.**

Did COVID-19 actually break out to kill 6 million people because of a leak from a Chinese laboratory? What are the links between QAnon and Russiagate, Alex Jones and Donald Trump? Why did the MI5 try to block evidence about the death of Iraq weapons inspector Dr David Kelly and the radioactive poisoning of Alexander Litvinenko?

In *Conspiracy*, Ian Shircore cuts through the fog and the fairy tales to deliver a balanced analysis of the stories that shape the times we live in. New evidence - from Freedom of Information requests, WikiLeaks files, deathbed confessions and declassified archives - has solved some classic mysteries. Yet it raises more questions than ever about the assassinations of the 1960s, the dirty secrets of the late 20th century and the deadly traumas of the last few years.





September 2022  
HB, 416pp

World Rights

## The Secret History of the Five Eyes

Richard Kerbaj

A Sunday Times best political and current affairs book of 2022

Drawn from five countries - Britain, America, Canada, Australia and New Zealand - the Five Eyes has been steeped in secrecy since its formation in 1956.

This is a character-led narrative that weaves together accounts spanning eight decades - from stories of codebreakers in the Second World War to twenty-first century Russian threats to Western democracy and the trade conflict between the US and China which have reshaped national security.

Tracing back from interviews with intelligence officials and recently declassified archives to reveal authoritative but unauthorised stories, the author bypasses the usual censorship channels to give a definitive account of the Western world's most powerful but least known intelligence alliance.

**Rights sold:** Bangladesh (Bangala Gobeshona), Taiwan (Business Weekly), US (Union Square)



May 2023  
HB, 352pp

World Rights

## How To Survive (Almost) Anything

Ollie Ollerton

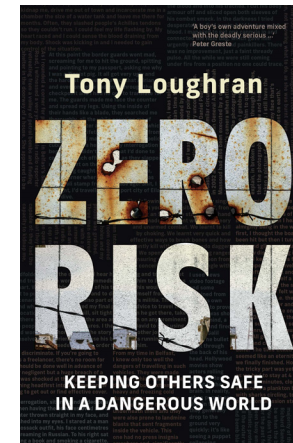
**How do you construct a camp? Build a fire? Administer first aid? How do you survive out in the wilderness? Fend off a shark? What about economic collapse? Or extreme weather? Or urban warfare?**

In *How to Survive (Almost) Anything*, ex-special forces soldier Ollie Ollerton passes on all his skills and knowledge built from a career in the armed forces across many different terrains. Meticulously, he shows you how to prepare your instincts, ready your mentality and hone your skills so that you will have the tools and the know-how to survive. Whatever comes next.

**Rights sold:** Sweden (Lind), US (Mango Publishing)

## Zero Risk

Keeping Others Safe in a Dangerous World  
Tony Loughran



October 2023  
HB, 256pp

World Rights

**Editor:**  
Diana Hill

**Translation Rights:**  
Available

**US Rights:**  
Available

**TV & Film Rights:**  
SoloSon Media

**We live in a dangerous world, with brave journalists risking their lives to tell such stories. But now they can work in greater safety, thanks to the determination and dedication of one remarkable man.**

Tony Loughran's life has been all about risk - taking it, preventing it. He survived a tough childhood in working-class Liverpool, then joined the navy, where he excelled. Next came a career as an elite commando medic, a demanding role that required doctor-level training. He dealt with serious physical injury and a stint in Belfast left him with psychological scars.

His life changed when he took responsibility for safety and security at the BBC. In his years with the world-famous broadcaster, Mr Death and Destruction, as he became known, revolutionised the protective gear and strategies used by foreign correspondents and introduced ground-breaking training that has saved many lives. Among much else, he provided the security for the notorious Martin Bashir interview with Princess Diana and protected Panorama journalists in Northern Ireland.

Then came a new life in Australia and the establishment of his own security consultancy company, ZeroRisk International. The work is always challenging: investigating the deaths of well-known journalist John Schofield and cameraman Nazeh Darwazeh, escaping when he came close to being captured in Kabul, advising media during the Lindt Café siege and getting people out of Afghanistan when the Taliban returned.

This page-turning, hard-to-put-down account of an extraordinary career is full of nail-biting excitement, engaging humour, compassion and brutal honesty. Once you read *Zero Risk*, the world will never seem quite the same again.

TONY LOUGHRAN is a global risk specialist, with over 30 years international experience as a safety and security professional. He now runs his own company - ZeroRisk International, keeping people as safe as can be in dangerous places, including Afghanistan and Ukraine.



STEVE JONES

## APACHE AT WAR

### AN ELITE PILOT'S STORY

jb  
John Blake

COVER TO BE REVEALED

May 2024  
HB

World Rights

## Apache at War

### An Elite Pilot's Story

#### Steve Jones

*Apache at War* is a memoir of the author's service flying close-support helicopters with the AAC, from patrolling 'Bandit Country' in Co. Armagh, Northern Ireland, in the late 1990s, to taking out Taliban fighters in Helmand Province, Afghanistan, in the mid to late 2000s, with active service in the Balkans and Iraq along the way; he was decorated for rescuing other soldiers from a helicopter that had crashed and caught fire.

It is also a tribute to the relationship between the author and one of the most extraordinary combat aircraft ever to enter service, the AH-64 Apache, often referred to by its military callsign 'Ugly'. For hard-pressed infantry on the ground in Afghanistan, 'getting Ugly' was often the difference between triumph and disaster.

NIGEL JONES

## OPERATION BODYGUARD

### THE SPIES AND LIES THAT SAVED D-DAY

jb

COVER TO BE REVEALED

May 2024  
HB

World Rights

## Operation Bodyguard

### The Spies and Lies that Saved D-Day

#### Nigel Jones

**A comprehensive study of the Allies' secret deception operations that led to the success of D-Day, a decisive victory of WWII.**

The Allied landings on the coast of Normandy on 6 June 1944 - the long-awaited D-Day - was not only the greatest amphibious military operation of all time, it was also the decisive turning point of the Second World War.

Operation Bodyguard was one of the greatest intelligence coups in history. Evidence from German sources confirms that Hitler held back his panzers around Calais for an astonishing seven weeks after D-Day rather than the mere fortnight expected by Allied planners - believing that the landings in Normandy were a feint and that the 'real' invasion was yet to come.

## How to Catch a Killer

### Dr Angela Gallop and Chris Gregg

DR ANGELA GALLOP  
AND CHRIS GREGG

## HOW TO CATCH A KILLER

jb

COVER TO BE REVEALED

July 2024  
HB

World Rights

Editor:  
Ciara LloydMaterial Available:  
MS due January 2024Translation Rights:  
AvailableUS Rights:  
AvailableTV & Film Rights:  
Robert Smith Literary

**An extensive investigation of many of Britain's most famous murder cases, from the UK's pre-eminent forensic scientist Dr Angela Gallop and the highly acclaimed former DCI and Head of CID for West Yorkshire Police, Chris Gregg.**

However gifted a particular forensic scientist or police officer might be, crimes are solved by teams, not individuals. In this unique and fascinating book, world-renowned forensic scientist Dr Angela Gallop and highly acclaimed former Detective Chief Superintendent and Head of CID for West Yorkshire Police Chris Gregg provide intriguing insights into some of the many cases they have helped to solve as well as looking at other high-profile cases where their individual skills could have saved time - and lives.

For the first time Chris and Angela have come together to share their bespoke perspectives on the art and science of policing. They will look at various areas of law enforcement and consider how best their own expertise was - or could have been - deployed.

A joint venture by two leading proponents in the international fight against serious crime. One representing the views, the history and the procedures of the police. The other representing the peak achievements of forensic science.

Two voices. Two areas of expertise. One goal: to catch a killer...

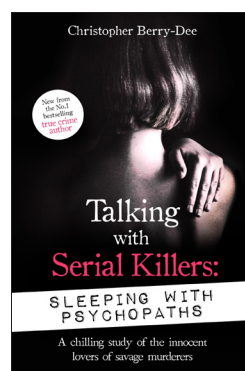
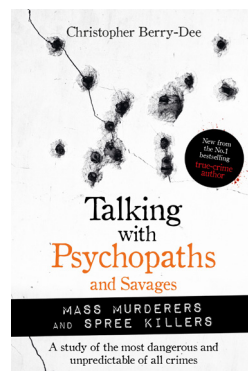
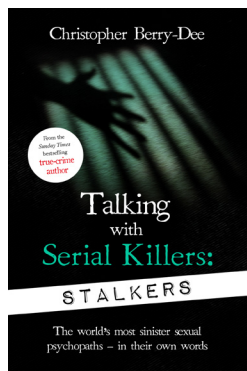
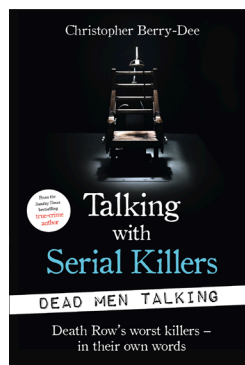
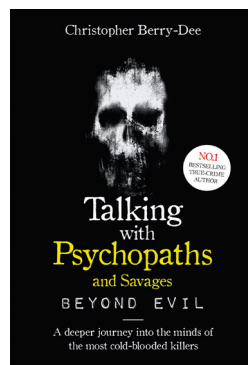
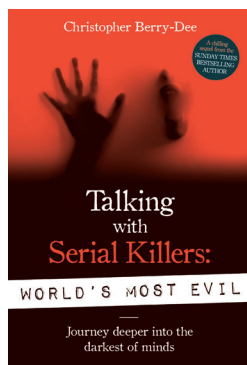
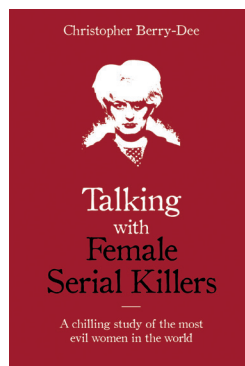
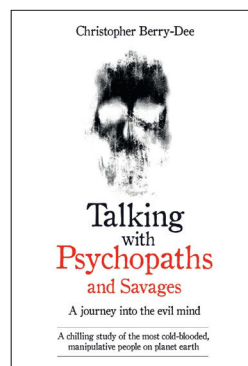
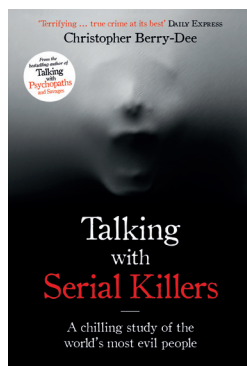
DR ANGELA GALLOP began her career as a biologist at the government's Forensic Science Service before going on to form her own company. Angela's findings helped solve the murders of young London mother Rachel Nickell, 'God's banker' Roberto Calvi, and south London school boys Damilola Taylor and Stephen Lawrence, as well as the so-called 'Pembrokeshire' murders (as seen on TV).

CHRIS GREGG was a Detective Chief Superintendent and head of the Homicide and Major Enquiry Team of West Yorkshire Police, the sixth largest force in the UK. During a 34 year career his cases included those of the Yorkshire Ripper; 'sexual sadist' and murderer of schoolgirl Leanne Tiernan, John Taylor; and the UK's most prolific murderer, Dr Harold Shipman. He also brought to justice John Humble, the infamous Ripper Hoaxer responsible for delaying the real Ripper's capture by two years.

# Talking With Serial Killers Series

Christopher Berry-Dee

Over 750,000 copies sold in the UK alone!

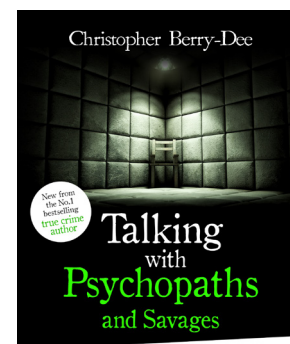


# Talking With Psychopaths and Savages

Guilty but Insane

Christopher Berry-Dee

JB  
JOHN BLAKE



GUILTY BUT INSANE

A chilling study of serial killers' minds

January 2024  
TPB

World Rights

Editor:  
Toby Buchan

Material Available:  
MS due December 2023

Translation Rights:  
Available

TV & Film Rights:  
SoloSon Media

**A study of serial murderers who have attempted to escape justice by entering a plea of insanity - and sometimes succeeded.**

The plea of insanity in criminal cases can be traced back at least to the Babylonian Code of Hammurabi, which dates from 1755-1759 BC. It is a complicated defence, and its origins in modern law lie with what are called the 'M'Naghten Rules' of 1843, formulated by British judges as a jury instruction in cases where a plea of insanity had been entered. Daniel M'Naghten shot and killed one Edward Drummond, believing him to be the British Prime Minister, Sir Robert Peel, and was acquitted on the grounds of insanity, and the M'Naghten Rules still exert considerable influence over defences today.

Clearly a plea of insanity in murder cases is of critical importance when the death penalty is still applied, and even today it may still be the difference between a life sentence in a high-security prison, or an indeterminate one in a secure psychiatric hospital. Meanwhile, 27 of the USA's 50 states have retained or readopted the death penalty, and at least 54 other countries, including China, Russia, India, Iran and Saudi Arabia, also retain it.

Naturally, a criminal who was liable to swing for murder could, and sometimes did, make every attempt to appear insane, and this book examines some of these cases, as well as trials in which the accused was indeed judged to be insane. The failure rate is high; of seven American serial killers who deployed the defence in their trials, only two were successful, ending their days in secure psychiatric facilities; two were executed, and the other three either died or were killed while serving full-life sentences, or are still in gaol.

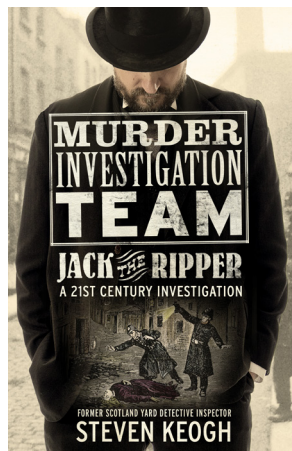
**Rights sold in the series:** Czech Republic (Albatros), Estonia (Postimees) Finland (Into Publishing), Germany (Riva), Japan (X-Knowledge), Poland (Czarna Owca), Romania (Litera), Russia (Eksmo), Sweden (Lind & Co), The Netherlands (Just Publishing), Turkey (Sahi), US (Diverson)

CHRISTOPHER BERRY-DEE is a noted writer and criminologist. He is the UK's No. 1 true-crime author. He does not shy away from visiting prisons to interview some of the most disturbed murderers who are behind bars - gaining their trust and delving into the depths of their minds.

# Murder Investigation Team

## Jack the Ripper: A 21st Century Investigation

Steven Keogh



July 2023  
PB, 416pp

**World Rights**

**Editor:**

Ciara Lloyd

**Translation Rights:**

Available

**US Rights:**

Mango Publishing  
Tantor (Audio)

**TV & Film Rights:**

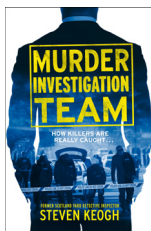
SoloSon Media

**A fresh, new assessment of the unsolved Whitechapel murders, from a modern day police expert.**

There have been countless attempts to solve the brutal murders committed by Jack the Ripper more than a hundred years ago. It seems that almost everyone has their own theory and their own suspect, ranging from the reasonably likely to the entirely preposterous. What this most famous of British criminal cases has always required is a professional eye to analyse with all the benefits of modern investigation techniques. Now this has been provided by Steven Keogh in *Murder Investigation Team: Jack the Ripper*.

In his previous book, Former DI Steven Keogh stepped inside the mind of an investigator in a never-before-seen way, delving into the forensic detail of the processes that are used to catch killers and criminals. And now, he takes his expertise to one of the most renowned of all murders in history: Jack the Ripper. Retracing the steps of the lead investigator, DCI Frederick Abberline, Steven reopens the investigation from a 21st century perspective, to give a fresh new perspective and insight into the gruesome Whitechapel murders.

Through meticulous research and exploring source material from a 21st century perspective, Steven offers a fresh, new and riveting perspective to one of the greatest unsolved crimes in British history.



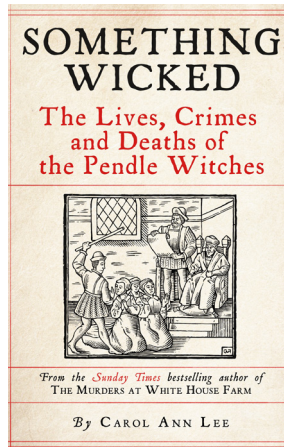
August 2022

STEVEN KEOGH was a police officer with London's Metropolitan Police for 30 years, with over half of that time spent as a Scotland Yard detective. Steven provides consultancy to film, TV, and documentary makers, and runs a YouTube channel, *Murder Academy*, providing walk-through videos on a wide range of criminal topics. He regularly appears on true crime and criminal justice podcasts, and provides freelance consultancy to film, TV, documentary makers and news outlets, helping to make our favourite police procedurals as close to the real thing as possible.

# Something Wicked

## The Lives, Crimes and Deaths of the Pendle Witches

Carol Ann Lee



May 2024  
HB

**World Rights**

**Editor:**

Justine Taylor

**Material Available:**

MS due March 2024

**Translation Rights:**

Available

**US Rights:**

Available

**TV & Film Rights:**

Robert Smith Literary

**Before Salem, there was Pendle. Undertake the spellbinding journey into the dark heart of England's largest and most notorious witch trial.**

On 20 August 1612, ten people from Pendle were executed before a vast crowd at Lancaster's Gallows Hill. The condemned and their associates had endured six months of accusations, imprisonment and torture; their treatment was such that one of the group died in Lancaster Castle's dungeons, while awaiting trial.

Today, a thriving tourism industry exists in and around Pendle, the former home of the so-called witches, yet virtually everything we know about the case originates from a single source: Thomas Potts' *Wonderfull Discoverie of Witches*, hurriedly published in 1613 and distinctly skewed in favour of the prosecution. Until now . . .

Sunday Times bestselling author Carol Ann Lee brings an entirely fresh perspective to the story by approaching it as true crime. Having worked in the genre for more than a decade, her research leads to revelatory discoveries, transforming our knowledge of those shadowy figures behind ill-famed names, and the terrible events that befell them.

After four centuries of superstition and surmise, the two central, warring families - each headed by a fiercely independent widow working as 'cunning women' - emerge fully formed, as the book uncovers the reality of their lives and their alleged crimes before exploring the trial and executions.

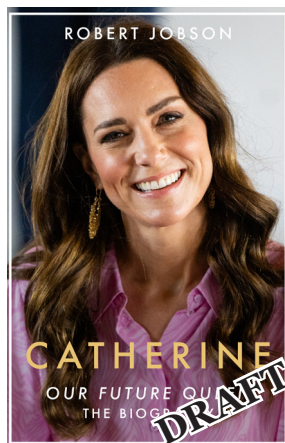
CAROL ANN LEE has written on subjects as wide-ranging as Anne Frank and Ruth Ellis, and specialises in true crime. Her book on Myra Hindley, *One of Your Own*, is the definitive study of both Hindley and the Moors Murders case. Lynda La Plante chose *Somebody's Mother*, *Somebody's Daughter*, Carol's 2019 book on the victims and survivors of the Yorkshire Ripper, as her 'Book of the Year' in the Christmas edition of *The Big Issue*. *The Murders at White House Farm*, Carol's 2015 book, was optioned for television by New Pictures, and aired on ITV1. *A Passion for Poison* was published by John Blake in 2021.



# Catherine

## Our Future Queen

Robert Jobson



July 2024  
HB

**World Rights**

**Editor:**  
Ciara Lloyd

**Material Available:**  
MS due March 2024

**Translation Rights:**  
Available

**US Rights:**  
Available

**TV & Film Rights:**  
Soloson Media

**A biography of Catherine Middleton, the commoner turned Duchess who will be Queen.**

Kate Middleton's life's story seems like a modern-day fairy-tale.

An attractive, clever, and ambitious girl from unexceptional beginnings meets and falls in love with a wealthy prince destined to be King when they are both university undergraduates. Now, with the British monarchy in transition, Catherine is destined to become the first 'commoner Queen' in British history since Anne Hyde (later the Duchess of York and Albany) - wife of James II and mother of two Queen's Mary II and Queen Anne, the first Queen of Great Britain.

Since her wedding on 29 April 2011, and becoming the Duchess of Cambridge, Catherine has endeared herself to the people of the UK, the Commonwealth and worldwide on her extensive travels, with her infectious smile, sense of style and down-to-earth nature. Her self-deprecation, willingness to laugh at herself, solid work-ethic - along with her husband, William, warmth, and accessibility - this royal family's dynamic duo have become the most popular members of the Royal Family.

As interest in the royals continues to gain legions of new, younger fans, there is increasing interest in their histories and back stories of the principal players in this story. This book aims to discover, through talking to close sources both on and off the record within the royal household, what has made Catherine the woman she is today.



April 2023

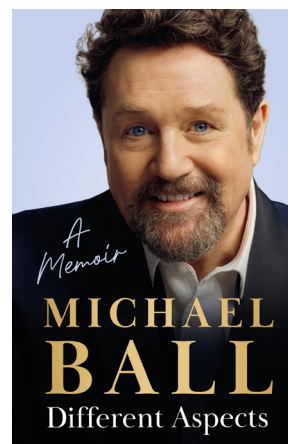
Dubbed 'the Godfather of royal reporting' by the Wall Street Journal, ROBERT JOBSON is Royal Editor of the London Evening Standard, Australia's Channel 7 shows Sunrise and The Morning Show, as well as royal commentator for the ABC network's Good Morning America. In the UK he is a regular on BBC, ITV and Sky News. A bestselling author and award-winning correspondent, he has been at the forefront of royal reporting for well over twenty-five years.

**B**  
JOHN BLAKE

# Different Aspects

## A Memoir

Michael Ball



November 2023  
HB, 304pp

**World Rights**

**Editor:**  
Ciara Lloyd

**Translation Rights:**  
Available

**US Rights:**  
Available

**TV & Film Rights:**  
Curtis Brown

**Theatre legend Michael Ball's first memoir.**

In 1989, a young Michael Ball landed the lead role in the musical *Aspects of Love*. It was a moment that changed his life forever. It was the first time he worked with legends of the stage like Andrew Lloyd Webber and Trevor Nunn; from which show came his smash hit song, *Love Changes Everything*, which rode high in the charts for 15 weeks; it was then, also, when he first met his long-term partner Cathy McGowan and battled back against the stage fright that had threatened his career.

Over three decades later, Michael returns to a new production of the same show where he made his name, definitely older, possibly wiser, and with a lifetime's worth of stories to tell. In *Different Aspects*, Michael takes us backstage inside the making of a West End hit, while diving back into memories to explore that moment in his twenties when the world was at his feet and his life changed beyond recognition.

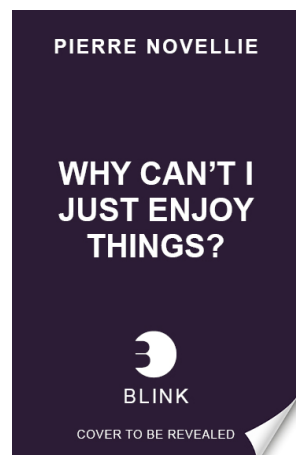
Part exploration of the pitfalls and pratfalls of modern theatre and part exploration of his life, his career and his relationships, this is the story of a life lived on the stage. There is laughter, there is tears, there is sweat and some blood, there is even some Roger Moore, although, famously, not quite enough. And through it all the show goes on.

Take your seats ladies and gentlemen, the lights are dimming, the performance is about to start.

MICHAEL BALL OBE is a singer, actor, presenter and now author. He's been a star of musical theatre for over three decades, winning the Laurence Olivier Award for Best Actor in a Musical twice, he's also won two BRIT awards and been nominated for a Grammy. Michael regularly sells out both his solo tours and his Ball & Boe shows with Alfie Boe and has multiple platinum albums. He published his first novel, *The Empire* to great acclaim in 2021. *Different Aspects* is his first non-fiction book.

## Why Can't I Just Enjoy Things?

Pierre Novellie



March 2024  
HB

**World Rights**

**Editor:**  
Joe Hallsworth

**Material Available:**  
MS due December 2023

**Translation Rights:**  
Available

**US Rights:**  
Available

**TV & Film Rights:**  
Avalon Factual Ltd

**A memoir by comedian Pierre Novellie exploring his late diagnosis of Autism Spectrum Disorder, providing a light-hearted and accessible examination of neurodiversity through the lens of observational comedy.**

During a stand-up gig, Pierre received a heckle from a neurodiverse audience member which prompted him to investigate how his own brain worked and at the age of 31, eventually led to him being diagnosed with Autism Spectrum Disorder.

The diagnosis unravelled his world, explained his struggles and answered questions he's had throughout his life: why were people in primary school obsessed with Britney Spears and not *The Goon Show* like him? Why would anyone do the cleaning up little and often when they could go full 'Crime Scene Clean Up' for the entire day? And why on earth is everyone chewing so loudly?

Through observational comedy, Pierre gives the reader an insight into the autistic's brain and demystifies some of the daily quirks that those with ASD experience, whilst highlighting a general lack of education about the disorder.

PIERRE NOVELLIE is one of the best up-and-coming comedians in the UK. He currently co-hosts *The Frank Skinner Show* on Absolute Radio live on Saturday mornings and the hit podcast *BudPod* alongside Phil Wang, with 3 million downloads to date.

As a television writer, Pierre is one of the regular writers on the rebooted *Spitting Image* (ITV/Britbox) and has written on *Mock the Week* (BBC2), *The News Quiz* (Radio 4), *The Mash Report* (BBC2), *Newzoids* (ITV) and *Adam Buxton's Shed of Christmas* (Sky). An acclaimed live act, Pierre enjoyed a sold out run at the Edinburgh Festival in 2022 and embarks on a national tour in autumn 2023.

STACEY HEALE

## WHAT NO ONE TOLD ME ABOUT GRIEF



COVER TO BE REVEALED

March 2024  
HB

**World Rights**

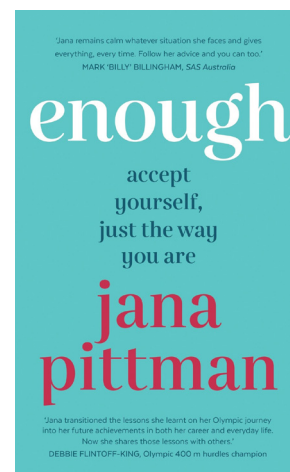
## What No One Told Me About Grief

Stacey Heale

**This isn't just a grief memoir, this is a new way of talking about living through and with grief.**

The honest and raw account of Stacey's journey through her husband's cancer diagnosis and treatment, flashing back in time to the early stages of their relationship, right through to Greg's death, funeral and beyond.

It is a call to arms; an unflinching look at the devastation of cancer, the reality of living with it and, most importantly, learning to live amongst the rubble after it has decimated everything you hold dear. Stacey is using her own story to galvanise us to think about and deal with grief differently.



April 2023  
TPB, 192pp

**World Rights**

## Enough Accept Yourself, Just the Way You Are Jana Pittman

**With honesty, conviction and humour, Jana Pittman details her path to self-acceptance in a relatable manner for all of us.**

Jana shares her life with you: the good, the bad and the ugly. Her stories of sport, medicine, divorce, loss, solo parenting - and media shenanigans - are told without embellishment or excuses.

But over the years, she's made peace with those demons, owning her flaws and choosing how to use her failures to become a stronger person - to the point where she now considers that the greatest success in life is believing in yourself.

Jana's life lessons are inspirational, not because of her achievements - stellar though they are - but because of her willingness to share with readers how to stare down your own doubts and fears and believe in yourself and your dreams.

# Another Day, Another Collar

**My Life Training Dogs**

**Steve Mann**



May 2024  
HB

**World Rights**

**Editor:**  
Matt Phillips

**Material Available:**  
MS due December 2023

**Translation Rights:**  
Available

**Funny, moving and wonderful true stories from a life spent with our beloved four-legged friends, from the UK's no. 1 dog trainer.**

From the simple joys of owning rescue dogs to handling life-saving riot dogs, Steve Mann has seen and trained them all. Every day, he sees the power of dogs to change lives and help people, in all sorts of ways. Now, for the first time, he shares stories from his wide and varied career.

Filled with tales from the frontlines of dog-training, from meeting a puppy's basic needs to handling security dogs, and running with herding dogs in the Australian Outback, via understanding dog behaviour, psychology body-language and epigenetics, this book takes the reader on a journey from first love, to handling the grief of death, with everything that life throws at you in between.

You'll laugh, you'll cry, you'll hold your dog just that bit closer. Perkins, this vibrant new book is filled with fascinating facts, big jokes, fun games and entertaining anecdotes.

**Easy Peasy series**  
**Over 350,000 copies sold in the series!**



February 2019



August 2020



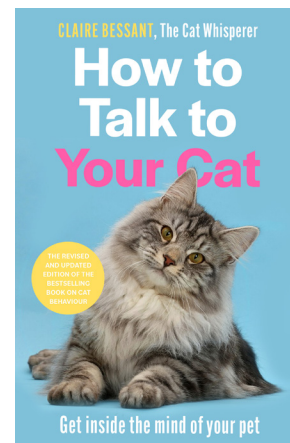
August 2022

STEVE MANN, founder of The IMDT (Institute of Modern Dog Trainers), is the author of the UK's number 1 bestselling dog training book. Steve is a world-renowned expert who presents dog training and behaviour seminars worldwide including Europe, South America, Africa and the Middle East.

# How to Talk to Your Cat

**Get Inside the Mind of Your Pet**

**Claire Bessant**



March 2023  
HB, 288pp

**World Rights**

**Editor:**  
Ciara Lloyd

**Translation Rights sold:**  
Estonia (Pegasus)  
Japan (Tsukiji Shokan)  
Spain (Planeta)

**US Rights:**  
Mango Publishing

**TV & Film Rights:**  
Soloson Media

**A newly updated edition of the bestselling cat behaviour book with over 100,000 copies already sold!**

Do you want to understand why your cat does the things it does? Claire Bessant, the original cat whisperer, teaches you how to get inside the mind of your cat

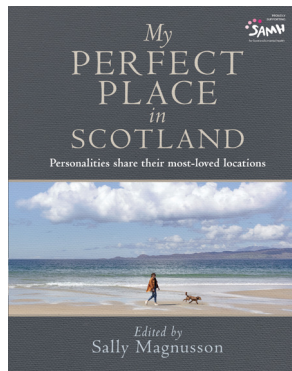
Cats are fascinating creatures; they live so closely with us, but can be difficult to fathom. Yet they do give us clues as to how they are feeling and what they are thinking - it is up to us to decipher them. Who would have guessed that, just as we thought, our cats have their own personalities which need an individual approach because no two cats are the same.

In Claire Bessant's new update of her original bestselling book, she explores new ideas and findings to help us to understand and appreciate our own individual cats, to figure out how they approach life and to help us to figure out how we can bond with them more closely.

*How to Talk to Your Cat* will help all cat owners and lovers to appreciate the dynamic between our two very different species to learn how to understand our own cats. The key to success is, of course, to learn to think like a cat!

CLAIRE BESSANT is the Chief Executive of the Feline Advisory Bureau, a charity that provides information on a wide range of cat topics and funds vets to specialise in feline medicine. She also writes for various cat magazines and is commissioning editor of a veterinary publication. She has authored and co-authored many books, including: *The Nine Life Cat*, *What Cats Want*, *The Perfect Kitten* and *How to Give your Dog a Longer and Healthier Life*.





October 2023  
HB

World Rights

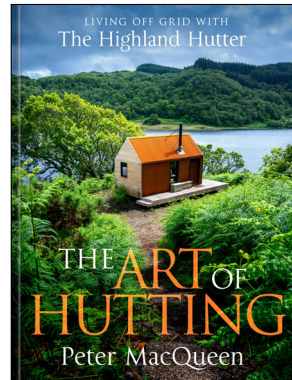
## My Perfect Place in Scotland

Edited by Sally Magnusson

This stunning collection of stories, edited by Sally Magnusson, brings thirty Scottish personalities from all walks of life to their perfect place and showcases the special locations that remind them of loved ones, speak to pivotal moments in life, or simply feed the soul.

Sally Magnusson brings together thirty well-known names together to discuss their most sacred spots, including golfing legend Catriona Matthew, the Duke of Buccleuch, Richard Scott, Chief Social Policy Adviser to the Scottish Government, Linda Bauld and Sue Lawrence, the queen of Scottish baking.

Rights sold: US (Mango Publishing)



November 2023  
HB

World Rights

## The Art of Hutting

Peter MacQueen

Peter MacQueen guides readers on how to build their own cosy hut and shows them how he lives off grid in rural Scotland.

Showcasing the country's most beautiful huts and meeting their owners along the way, Peter will guide you on how to build your own cosy hut and develop all the skills needed to live self-sufficiently, making the most out of the Scottish seasons. Readers will learn how to:

- Build a hut, from finding the right piece of land to designing the perfect hut
- Grow a beautiful garden to sustain yourself seasonally
- Chop and store wood, forage, fish and start a fire - and more practical skills to live off the land

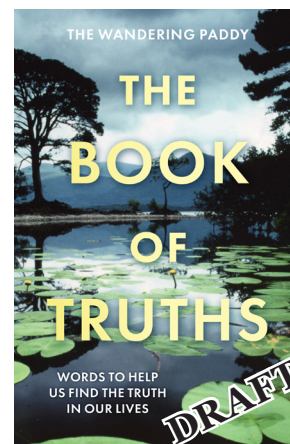
The ultimate celebration of living off-grid in your own cosy hideaway, *The Art of Hutting* is the perfect book for every lover of the outdoors.

Rights sold: US (Mango Publishing)



## The Book of Truths

The Wandering Paddy



April 2024  
HB

World Rights

Editor:  
Campbell Brown

Material Available:  
MS due January 2024

Translation Rights:  
Available

US Rights:  
Available

TV & Film Rights:  
With the Author

A beautiful collection that captures the essence of life and how the most challenging, humbling experiences we face can lead us to our own truth.

The Wandering Paddy, aka Jamie Mooney, has more than 400,000 followers on social media, a following that grows month on month.

His unique perspective on life has resonated with people both in his native Ireland and around the world, - as The Wandering Paddy he shares his thoughts and experiences, his challenges in overcoming cancer, his mental health struggles and the invaluable life lessons he has learned and can now pass on.

With a hugely engaged following, including celebrity endorsers from Sharon Stone and Pierce Brosnan to Dawn French and Maia Dunphy, The Wandering Paddy explores Life & Death, Love & Relationships, Identity & Belonging, Nature & Spirituality, Resilience & Hope, sharing his own thoughts on the power of words and the importance of seeking truth in our lives.

*The Book of Truths* is a collection that captures the essence of what The Wandering Paddy has learned about life, inspiring you towards new ways of appreciating the beauty and fragility of life, showing you how to embrace your own unique journey and make the most of every precious moment. It's all about living and loving with gratitude and compassion and cherishing the time we have together rather than taking it for granted.

THE WANDERING PADDY, aka Jamie Mooney, is an Irish author and voiceover artist from Dublin. After a career in the military, he now has a successful career in IT as well as working on his poetry and writing. Jamie is a cancer survivor, an experience which has had a major impact on his work.



# The Hebridean Baker at Home

Coinneach MacLeod



October 2023  
HB, 256pp

**World Rights**

**Editor:**  
Thomas Ross

**Translation Rights:**  
Available

**US Rights:**  
Available

**TV & Film Rights:**  
SoloSon Media

Let the Hebridean Baker whisk you off to his island home. Along with friends and family, he is sharing dishes to fill your home with Hebridean Hygge, alongside stories, songs and secret beauty spots on the island.

The bestselling author of *The Hebridean Baker* and *My Scottish Island Kitchen* is back with a cookbook that does more than just fantastic food. With 75 sumptuous recipes such as Black Pudding Meatballs, Highland Tartiflet and Cranachan Truffles, Coinneach is serving up the very best of the islands, from beaches to bedtime stories as the perfect accompaniment.

Delight in the folklore, family history, songs and poems that season each chapter, alongside the special guests who showcase the true magic of the islands - its people.



**Rights Sold:**  
US (Sourcebooks)



**Rights Sold:**  
Germany (Btb)  
US (Sourcebooks)

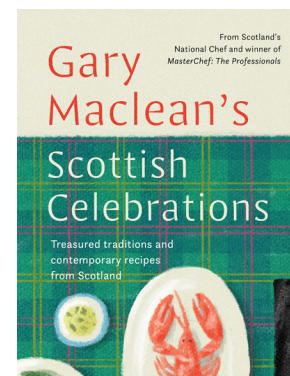
COINNEACH MACLEOD was born and raised on the Isle of Lewis, the most northerly of the Outer Hebrides of Scotland. Inspired by traditional family recipes and homegrown produce, Coinneach rose to fame as the Hebridean Baker on TikTok in 2020. He has motivated his 250,000+ worldwide followers to bake, forage, learn Gaelic, enjoy a dram or two of whisky and to seek a more wholesome, simple life. Along with his partner Peter and their Westie pup Seòras, Coinneach's aim is to bring the best of the Scottish islands to a worldwide audience.



# Scottish Celebrations

## Treasured Traditions and Contemporary Recipes from Scotland

Gary Maclean



November 2023  
HB, 224pp

**World Rights**

**Editor:**  
Thomas Ross

**Translation Rights:**  
Available

**US Rights:**  
Available

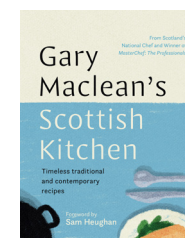
**TV & Film Rights:**  
With the Author

Enjoy a modern twist on Scottish cuisine and indulge in a rich history of family tradition with the nation's chef, Gary Maclean.

Gary Maclean is celebrating the very best in Scottish food and culture - with a few surprising tweaks.

Scotland loves to celebrate an occasion, and it always serves up great food. Covering the most beloved national dishes and local specialties, *Scottish Celebrations* takes the reader on a journey through Scotland's culinary calendar, from Burns Night in January to the biggest night of the year, Hogmanay.

Scotland's National Chef Gary Maclean, owner of seafood eatery Creel Caught, puts a contemporary spin on the nation's classics. In this book he shows readers how they can prepare a bountiful Braemar feast for hungry Highland game fans or concoct a hearty meal as Martinmas brings the cold weather nearer. From Shetland to the Borders, this book is a perfect resource for readers who wish to celebrate the best of Scotland's traditions, wherever they are in the world.

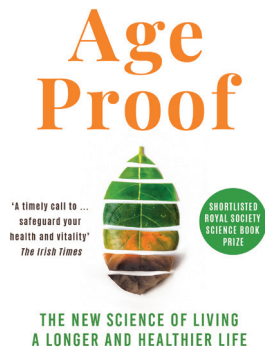


**Rights Sold:**  
US (Appetite/PRH)

Born in Glasgow, GARY MACLEAN is Scotland's National Chef, a role which promotes food health, education and Scotland's amazing produce. He is Executive Chef at City of Glasgow College and a Fellow of the Master Chefs of Great Britain. He is a BBC MasterChef: The Professionals champion and author of *Kitchen Essentials*.



THE NO. 1 INTERNATIONAL BESTSELLER  
PROFESSOR ROSE ANNE KENNY



January 2022  
HB, 304pp

World Rights

## Age Proof

Professor Rose Anne Kenny

NUMBER ONE INTERNATIONAL BESTSELLER

**A comprehensive and revealing account of aging and how we can live a healthier and longer life from one of the world's leading scientists.**

We all age. But why do some of us live longer than others? Why do we all live twice as long today as our ancestors did 200 years ago?

*Age Proof* takes Professor Kenny's seminal research and reveals why and how some people have a lower biological age (how our body looks and feels) than chronological age (the number), and the role played by food, genetics, sex, physical exercise, cold water, childhood experiences, expectations, friendships, inequality and much more.

**Translation Rights Sold:** Arabic (Jarir), Bulgaria (Riva), Brazil (Pensamento), China (China Translation and Publishing House), Hungary (Central Kiadó Csoport), Korea (Kachi), Latvia (Janis Roze), Poland (Wielka Litera), Romania (under offer), Russia (Eksmo), Slovenia (Učila), Spain (Urano), Taiwan (Commonwealth), The Netherlands (Volt)

## The Power of Not Thinking

Simon Roberts

SHORTLISTED FOR BEST SPECIALIST BUSINESS BOOK AT THE BUSINESS BOOK AWARDS 2021

Have you ever held out your hand and used your fingers to remember your pin? Have you ever had a physical response to a decision you have to make? Have you ever forgotten how to ride a bike?

Drawing on his own experience working with some of the world's leading industry experts and looking at a range of real-life examples and cutting-edge science, Roberts explains the various ways in which our body acquires, retains and employs information and why we should learn to trust the instincts that inform the most crucial decisions and actions in our lives. *The Power of Not Thinking* shows why humans are capable of far more than we are currently led to believe. We just have to stop thinking and start trusting our bodies.

**Translation Rights Sold:** Arabic (Dar Molhimon), Brazil (Buzz), China (China Youth Book), Italy (Feltrinelli), Korea (Sosobooks), Russia (Eksmo), Taiwan (Domain), Turkey (Okayun Us Yayunevi), US (Rowman & Littlefield)

Why we should stop thinking  
and start trusting our bodies

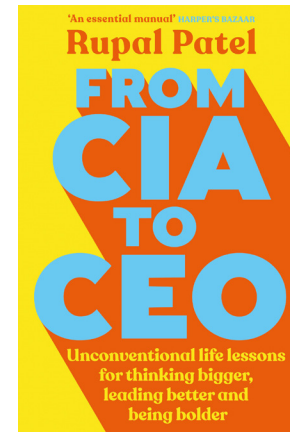
## The Power of Not Thinking

Simon Roberts

'Lively, provocative and informative'  
Gillian Tett, *Financial Times*

Jul 2022  
PB, 336pp

World Rights



May 2022  
TPB, 320pp

World Rights

## From CIA to CEO

Rupal Patel

**Unconventional life lessons for thinking bigger, leading better and being bolder.**

Agent-turned-entrepreneur Rupal Patel draws on the unique skills she developed as a female field agent in the high-octane, alpha-male world of the CIA, and combines those insights with her experience as a business leader and mentor. We learn how methods such as Profiling and Situational Awareness help amplify strengths and build resilience. How game-changing new frameworks like Identity Driven Leadership and Personal Energy Mapping instil drive, purpose and conviction.

Full of motivating stories and unique exercises, this will furnish you with the tools for achieving Mission Success. and the Do, Dump And Delegate analysis system will change your working life!

**"An essential manual" - Harper's Bazaar**

**Rights Sold:** China (China Science and Technology Press), Poland (Znak Literanova), Taiwan (Business Weekly), US Audio (Tantor)

'A treasure trove of communication advice'  
Viv Groskop

How to Inspire,  
Influence,  
and Energise

## Connect

Anyone,  
Anywhere,  
Anytime

Simon Lancaster

'Erudite, interesting and, above all, entertaining'  
Alan Johnson

June 2022  
TPB, 368pp

World Rights

## Connect

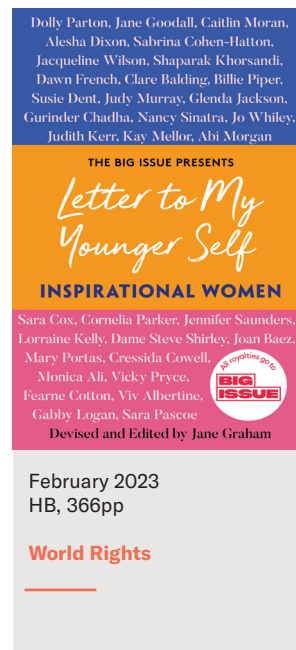
Simon Lancaster

**Communicate for success by making immediate and indelible connections: it's *How to Win Friends and Influence People* crossed with *Talk Like Ted*.**

Top speechwriter Simon Lancaster explains that the secret of brilliant communication is all about making connections. Whether in speech or in writing, at a networking event or in an email, at work or at home, the best communicators find ways of connecting with their audiences.

More than that, they are able to connect the personal with the universal, the past with the present, the abstract with the everyday, the visual with the verbal, the moral with the mundane. Like hot-wiring a car, connections are able to bypass logic and access our deepest instincts and emotions, generating an instant neurological reaction.

**Translation Rights sold:** Arabic (Jarir), Romania (under offer)



## Letter to My Younger Self

### Inspirational Women

The Big Issue & Jane Graham

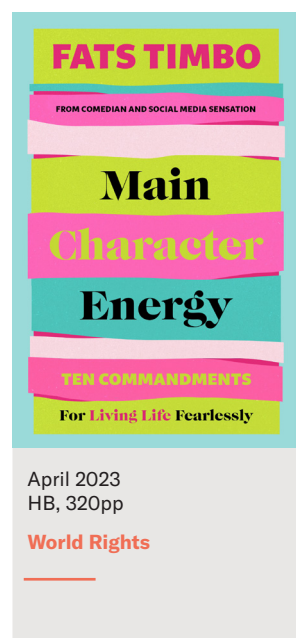
A SUNDAY TIMES BOOK OF THE YEAR

From *The Big Issue's* hugely popular section, this collection features 70 remarkable women writing letters to their younger selves.

If you could write a letter to your younger self, what would it say?

In this edition, interviewer Jane Graham asks one simple question to a wide range of women from the worlds of entertainment, politics, food, sport, literature and business.

This collection of 70 inspiring, moving and honest interviews includes Billie Piper on feeling burnt out, Cyndi Lauper on fitting in, Dolly Parton on chasing her dreams, Nancy Sinatra on marrying young, Alesha Dixon on risk-taking and so much more.



## Main Character Energy

Fats Timbo

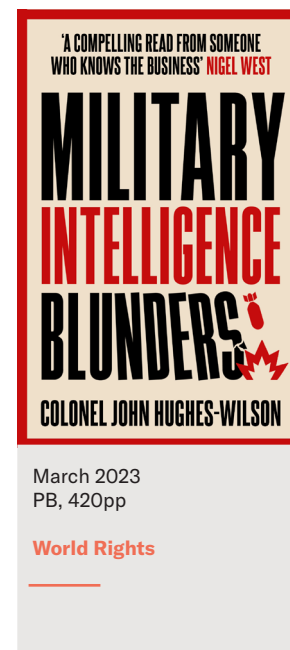
Ten commandments, ten chapters, ten ways to change your life.

This is the first inspirational book from TikTok megastar comedian, Fats Timbo.

Fats shares how she came to love her body and face down her challenges in her manifesto for all those who struggle with a fear of their own difference. Each chapter ends with personal journaling space, and once you have finished, Fats wants you to rip those pages out and create your own manifesto for living fearlessly.

**"She's hilarious" - Stylist**

**"A social pioneer" - Glamour**



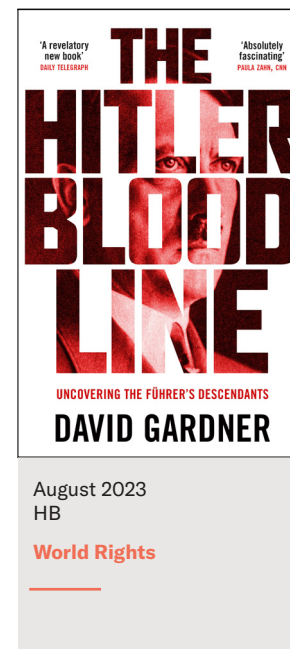
## Military Intelligence Blunders

Colonel John Hughes-Wilson

A frightening study of intelligence failings - 'blunders' - in warfare from the Second World War to the invasion of Ukraine in 2022, and their impact on events.

This book is a professional military-intelligence officer's - and controversial insider's - view of some of the greatest intelligence blunders of recent history. It includes the serious developments in government misuse of intelligence in the US-led coalition's 2003 war with Iraq, as well as failures of intelligence in Ukraine following Russia's invasion in February 2022. Colonel John Hughes-Wilson analyses not just the events that conspire to cause disaster, but why crucial intelligence is so often ignored, misunderstood or spun by politicians and seasoned generals alike. This book analyses how governments are increasingly pressurising intelligence agencies to 'spin' a party-political line.

**US Rights sold:** Tantor (Audio)



## The Hitler Bloodline

David Gardner

The astounding story of the quest to find the living descendants of the most monstrous tyrant in history - Adolf Hitler.

When Hitler killed himself in April 1945, all his siblings were still living and some had children of their own. So, what happened to them?

The answer is that no one was really certain until David Gardner published this book in 2001, having patiently and steadfastly tracked down Hitler's living relations to the USA, and made contact with some of them.

Now revised and updated, this is a fascinating study of a little-known side of Hitler's history, as well as a riveting account of how the author traced and contacted the survivors of a bloodline that most of the world probably hoped had become extinct.

**Rights Sold:** Bulgaria (Prozoretz), US (Mango Publishing)



## The Boys of Winter

### England's 2003 Rugby World Cup Win

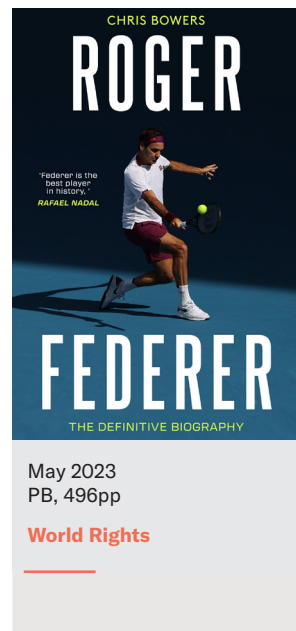
**Lawrence Dallaglio and Owen Slot**

**The inside story of England's historic 2003 Rugby World Cup win told by the people and players who were there, published on the 20th anniversary.**

England have been in four Rugby World Cup finals and only won one of them. In 2003, this team was the one that did it.

But what has become of those heroes of our youth? Dallaglio's story combines not only the first-hand accounts of those who played through that historic moment, but also stories of what's happened since. For some it was the pinnacle of their lives, for others a missed opportunity, and for others still a curse from which they never recovered.

This is the definitive account of a legendary sporting moment and simultaneously an investigation into the costs of our dreams.



## Roger Federer

### The Definitive Biography

**Chris Bowers**

**The outstanding biography of the Swiss star, arguably the greatest tennis player of all time, now exhaustively revised and updated after his retirement from the sport.**

Roger Federer is not only one of the greatest tennis players ever to pick up a racket, but he is also one of the global icons of our time.

Characterised by a mixture of passion and calmness, a fierce competitor with a regal bearing, he is both an athlete and an ambassador, a street fighter and a statesman. But who is he really? And what are the experiences and influences that have shaped him into the world figure he is today?

**Translation Rights Sold:** Croatia (Mozaik), Finland (Docendo), Italy (Solferino), Japan (Jitsugya-No Nihon), Poland (Dressler Dublin)

## Film & TV deals and options

*A Thorn in Their Side* by Robert Green and Kate Dawes - Prodigal

*Cult Following* by Bexy Cameron – TeaTime Pictures

*Perfect Gentleman* by Roy Hall – David Kane

*Fishers of Men* by Rob Lewis - FOM Film Ltd

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**Cover illustration by Alice Marwick**