

Adult Non-Fiction Rights Guide Autumn 2025





Blink Publishing's innovative non-fiction books seek to engage, entertain, inform and excite a wide commercial audience.



Leap is a non-fiction imprint offering books to inspire, inform, and spark change. It speaks to the need for positive growth, both collectively and individually.



Manilla Press is a boutique home for high quality fiction and narrative non-fiction; for books that get you talking and stories that endure.



Zaffre is our flagship adult imprint that focuses on a wide range of crime, thrillers, saga, science fiction and fantasy, women's and reading group fiction.



Echo is an Australian publisher of narrative non-fiction, true crime, photographic and fiction titles.



Black and White Publishing has teams based in both Edinburgh (where we were founded) and in London, and publishes a wide range of titles, including biography, sport, cookery, lifestyle, true crime, general and commercial non-fiction.



Eriu is based in Dublin, publishing books with a connection to Ireland, working closely with talented authors to bring Irish voices to international audiences.



Ithaka Press is a narrative non-fiction imprint covering topics from history and memoir to reportage and books about psychology or technology.



Footnote Press is an independently run, pioneering publisher of literary fiction and narrative non-fiction, focusing on migration, identity and marginalised knowledge as well as experiences of separation, resistance and reclamation.

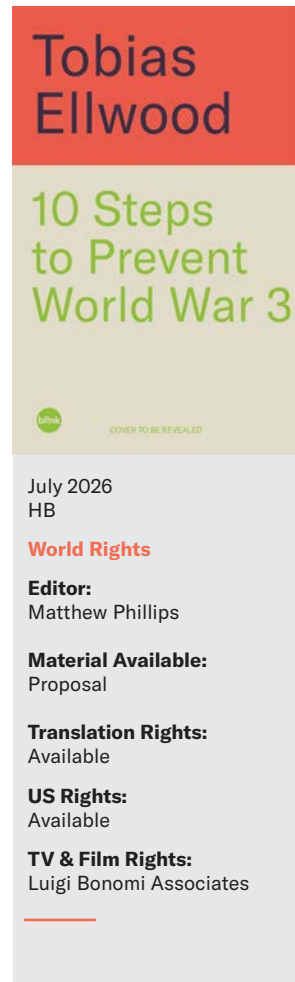
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10 Steps to Prevent World War 3

Tobias Ellwood



An urgent call-to-action outlining how we can prevent a global conflict in the near-future, drawing upon the author's expertise and first-hand experiences of geopolitics.

We are in a cold war, but one unlike anything we've seen before. Influence, ignorance and ideology have been weaponized, with USA and China fighting on the global battleground to push their rival visions of the future.

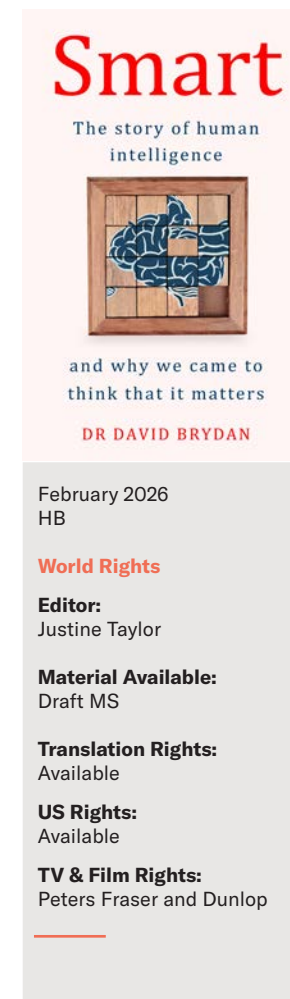
The world is splintering into two competing spheres of influence and it's no exaggeration to say that we are potentially looking down the barrel of a gun towards global armageddon. Western leaders can no longer be complacent or passive, allowing foreign actors to chip away at our political infrastructure and national security.

The stakes could not be higher, but there is a path towards a brighter future. *10 Steps to Prevent World War 3* draws on a blend of big ideas, personal narrative and geopolitical insights to uncover the mindset and strategies that can build a peaceful global future.

TOBIAS ELLWOOD is a leading expert and commentator in the fields of geopolitics, foreign relations, military strategy, terrorism, defence, British politics, Ukraine, the Middle East, and NATO. His insights are informed by nearly two decades as a Member of Parliament (UK), during which he also served as a Foreign Minister, Defence Minister, and Chair of the House of Commons Defence Committee. This extensive leadership placed him at the forefront of UK foreign relations and security.

Smart A History of Intelligence

David Brydan



The story of human intelligence and why we came to think that it matters.

We encounter the idea of intelligence everywhere in our modern lives. Parents are told that their children will grow up smart if they are made to listen to Mozart, play with the right toys, and eat the healthiest foods. Schools plunge everyone into the ruthless world of testing and academic competition. Those who attend the right universities are likely to earn vastly more over their lifetimes than those who found education a struggle.

We are told repeatedly that some of the richest and most successful people in society - tech pioneers, CEOs or financial wizards - are rich and successful precisely because they're so smart. And now, we see AI having more and more of an impact on our jobs, our societies, and the very survival of our species.

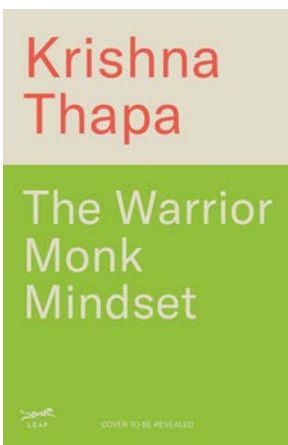
Intelligence is an idea that infuses every aspect of our world, and one that we think matters. But this hasn't always been the case. Like all ideas, intelligence has a history.

Smart draws on science, politics, and popular culture to uncover the stories of the people and projects that built the modern idea of intelligence - the men and women who created Mensa, the priest who built a village for gifted children in the mountains of Sicily, and the plan to boost the intelligence of the Venezuelan people by teaching them lateral thinking skills. Intelligence is not just an idea, but a potentially dangerous one.

DR DAVID BRYDAN is an historian of the 20th century, based at King's College London. His previous work has focussed on the political and social history of the modern period, including the history of fascism, international cooperation and humanitarianism. He has published a book on the history of Spain with Oxford University Press, as well as edited collections with Bloomsbury Academic and others.

The Warrior Monk Mindset

Krishna Thapa



March 2027
HB

World Rights

Editor:
George Brooker

Material Available:
March 2026

Translation Rights
Available

US Rights:
Available

TV & Film Rights:
Reserved to the Author

Krishna Thapa distils the timeless wisdom he learned as a practising monk and a SAS serviceman into practical steps to live a less anxious, more meaningful life.

Growing up in mountainous Nepal, Krishna Thapa faced huge adversity and pressure to become one of the rare men to be chosen to join the prestigious Gurkhas. But through self-discipline, mental toughness, and hard work, Thapa transformed himself into one of only a handful of Gurkhas to make it into the SAS, going on to fight on the frontlines of conflicts in Iraq and Afghanistan.

In *The Warrior Monk Mindset*, Krishna shares his incredible life story and reveals the practical lesson and tools rooted not in doctrine but in a tangible philosophy you can live your life by every day. Krishna's story illuminates a middle path to embrace both the warrior and the monk side of yourself, and shows how anyone can push past trials and setbacks to realise their full potential.

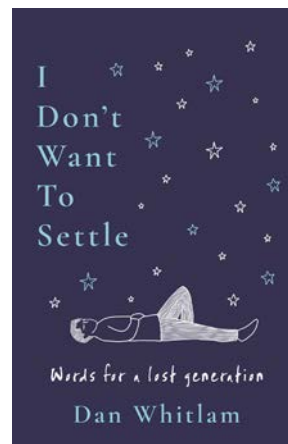
KRISHNA THAPA, the Warrior Monk, is an ex-SAS member, distinguished mountaineer with a global reputation, currently holding nine world records in the field of mountaineering, and a spiritual guide who seamlessly integrates ancient wisdom and philosophy into modern leadership and life. He holds the distinction of being one of two Gurkhas from the Royal Gurkha Rifles to successfully pass selection into the British Special Forces, where he served as the head of the Mountain Troops.



I Don't Want to Settle

Words for a Lost Generation

Dan Whitlam



September 2025
PB, 160pp

World Rights

Editor:
Lucy Tirahan

Translation Rights:
Available

US Rights Sold:
Andrews McMeel

TV & Film Rights:
Reserved to the Author

A much sought after debut poetry collection by spoken word artist and TikTok sensation Dan Whitlam.

If you feel like you're running out of time, if you're grieving a relationship or worried you haven't yet experienced one, if you're unsure what to do with your life or if you're making the right decisions, if you find yourself comparing your milestones to everyone else's, if you feel weighed down by the pressure to succeed, if you feel like you're growing one day but feel stuck the next, if you feel lost . . .

this is a poetry collection for you.

With the accessibility of someone like Rupi Kaur and the soft-spoken sincerity of someone like Loyle Carner, Dan Whitlam explores the themes of growing up, relationships, mental health and more in his debut collection *I Don't Want to Settle*. He attracted online attention with his piece 'Young Minds', which has been viewed 1M times on TikTok and was later produced for Spotify where he has over 170K monthly listeners.

Featuring an array of personal reflections, illustrations, never-before-seen poems and much-loved viral hits, *I Don't Want To Settle* is a candid and relatable companion for growth and healing.

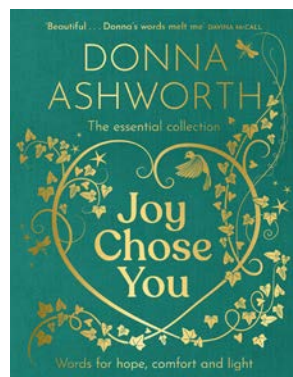
DAN WHITLAM is a poet, spoken word artist, rapper and actor from London. He has gained traction from his music videos on TikTok which narrate the lives of 20-somethings through spoken word and rap. His soulful voice and poignant lyrics have quickly made him one-to-watch.

His poetry has been featured on BBC Radio 4, Radio 1 and Radio London as well as in a series of successful shows performed in venues around London, Germany, France and the US.

Joy Chose You

Words for Hope, Comfort and Light

Donna Ashworth



October 2025
HB, 256pp

World Rights

Editor:
Justine Taylor

Translation Rights:
Available

US Rights Sold:
Hay House

TV & Film Rights:
Reserved to the Author

A beautiful, colour-illustrated collection of Donna's most loved poems to bring you joy and comfort.

Joy Chose You is a beautiful, colour-illustrated collection of Donna's most loved poems to bring more joy into our imperfect lives. When we allow joy to wrap her quiet warmth around us we find ourselves opening up to more life, love and light.

With poems such as 'Joy Comes Back', 'Happy' and 'Hope Floats', as well as over 20 brand new poems, Donna's wise words help us find hope in the dark, calm amid worry and greater joy in the beauty of living.

*joy has been beckoning you
for many a year my friend
you were just too busy doing, to see*

*the very next time joy wraps
her quiet warmth around you
as the garden embraces your weary
body
in its wildness*

tip her a nod

*you cannot force her to stay
but if you are a gracious host*

joy comes back.

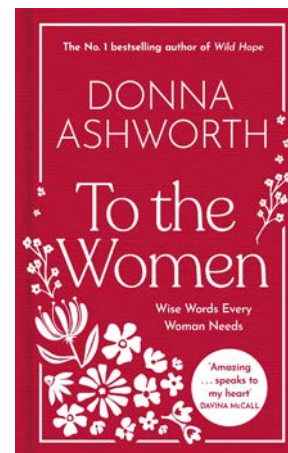
DONNA ASHWORTH is a *Sunday Times*-bestselling author and the UK's Number 1 bestselling poet. She lives in the hills of Scotland with her husband, two sons, and Brian and Dave (the dogs). Donna started her social media accounts in 2018 in a bid to create a 'safe' social space for women to come together and connect, but her love of all things wordy quickly became the focus and a past love for poetry was reignited. Over 10 books and nearly 2 million followers later, Donna is delighted daily with her mission to shower the world with words and bring poetry back into focus.



To the Women

Wise Words Every Woman Needs

Donna Ashworth



February 2025
HB, 288pp

World Rights

Editor:
Justine Taylor

Rights Sold: Croatia
(Znanje), Thailand (Amarin)

Rights Previously Sold:
China (Beijing), Czechia
(Grada), France (Hachette),
Italy (TEA), Korea (Tender
Hearts), Poland (Helion),
Portugal (Bertrand), Serbia
(Laguna), Taiwan (Willful),
Turkey (Pegasus)

US Rights Sold:
Hay House

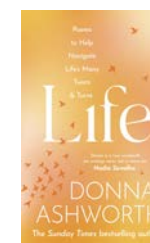
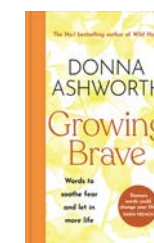
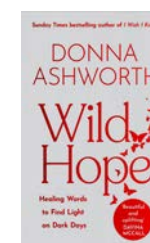
TV & Film Rights:
Reserved to the Author

The original bestselling collection from the UK's bestselling poet, fully revised and updated with over 70 new poems.

To the Women is a celebration of the beauty, strength and joy of being a woman. A love letter to our deep capacity to love, rage, fear and rebuild, Donna Ashworth reminds us that we are stronger when we come together and unstoppable when we accept ourselves. With poems such as 'Be That Woman', 'Take Up Space', 'When One Woman Screams', 'There Will Be Days' and 'To the Woman Who Thinks She Isn't Good Enough', Donna helps us find comfort, inspiration and courage in the many roles we play in life as daughters, guides, mothers and friends.

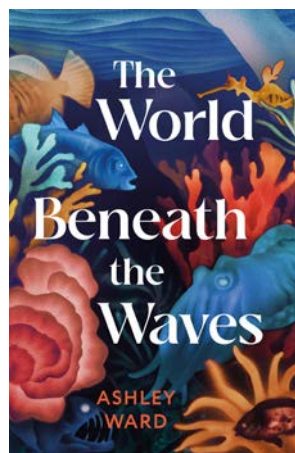
Originally self-published in 2020 with 48 poems, this beautiful gift hardback edition has been fully revised and updated complete with over 70 new poems. Full of wisdom and comfort every woman needs to hear, Donna helps us see that we're never walking alone.

Number 1 *Sunday Times* Bestseller
Over 550,000 copies sold across all titles



The World Beneath The Waves

Dr Ashley Ward



DRAFT

July 2026
HB

World Rights

Editor:
Justine Taylor

Material Available:
Draft MS

Translation Rights:
Available

US Rights:
Available

TV & Film Rights:
Reserved to the Author

A vital portrait of the oceans in crisis, uncovering the life they cradle, the damage we've done, and the science that could help save them.

The World Beneath the Waves is a sweeping natural history of the oceans - an awe-inspiring exploration of marine life, our deep connections with the sea, and the urgent challenges facing these vast blue realms.

Spanning seven vivid chapters, the journey takes in sunlit coasts and dives through intertidal zones, coral reefs, and tropical waters, and the inky abyss of the deep sea. Along the way, we encounter dazzling marine marvels from bioluminescent creatures like the vampire squid to an evolutionary arms race among molluscs. Discover the bristlemouth fish, the most abundant vertebrate on Earth, and the ancient six-gill shark, unchanged for over 200 million years. Learn how coral larvae sniff out new homes, and why even the humble mussel hides stories of evolutionary ingenuity.

The book also examines humanity's complex relationship with the ocean from ancient fishing traditions to the devastating legacy of industrial whaling, which saw blue whale numbers plummet from 300,000 to just hundreds by the 1960s. Today, the ocean bears the scars of overfishing, pollution and climate change but it also offers hope. Through cutting-edge science and conservation, some of this damage may yet be reversed.

This is a hopeful, galvanising book, one that invites wonder, ignites curiosity, and reminds us of both the beauty and fragility of the world beneath the waves.

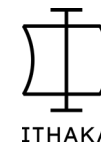
DR ASHLEY WARD is Professor of Biology at the University of Sydney, Australia. His role at one of the world's pre-eminent faculties for Biology, particularly with regard to marine life, is the culmination of a career spent studying the behaviour of a broad range of marine animals. His first book, *The Social Lives of Animals* (Profile (UK) and Basic (US)), sold over 10,000 audiobooks, and is published in 10 languages.



How to Save the Amazon

A Journalist's Deadly Quest for Answers

Dom Phillips & Contributors



May 2025
HB, 384pp

World Rights

Editor:
Sarah Braybrooke

Translation Rights Sold:
Brazil (Companhia das Letras)

US Rights Sold:
Chelsea Green

TV & Film Rights:
Janklow & Nesbit

An urgent work of reportage which takes the reader deep inside the Amazon rainforest, and shows that even if you kill a journalist, you cannot silence a story.

On 5 June 2022, award-winning journalist Dom Phillips was working on this book, alongside the indigenous expert Bruno Pereira, when they were both shot. They are believed to have been assassinated by one of the criminal networks whose ecological exploitation they were working to expose.

As the world becomes more aware of the significance of the Amazon, home to nearly 400 billion trees, working in this vast region has become ever more dangerous for activists and journalists. Fires and land grabs have spiked in recent decades, pushing the world's biggest forest ever closer to a point of no return. The last few years have seen efforts to reduce deforestation, but the question remains; can we save this globally essential ecosystem before it's too late?

Dom's important and ultimately hopeful book argues the answer is yes. A group of expert writers took up his partially completed manuscript, committed to his mission of uncovering the truth about deforestation and searching for solutions. Blending in-depth reporting and encounters with indigenous activists, ecologists, farmers, and political figures, *How to Save The Amazon* is a dazzling account of how we can fight ecological destruction.

**Recipient of a Whiting Foundation Award
A Guardian 2025 'Book To Look Forward To'**

'How to Save the Amazon is a work of courage interrupted by tragedy. It is a tribute to Dom Phillips' passion and open-heartedness that his friends came together to finish his work. No book speaks more persuasively to the importance of the Amazon and the dangers that it faces'

Elizabeth Kolbert, Pulitzer Prize-winning author of *The Sixth Extinction*

DOM PHILLIPS was a highly experienced British freelance journalist. He moved to Brazil in 2007 and wrote extensively for British and American newspapers such as *The Guardian* and *Washington Post*. In 2023, *How to Save the Amazon* was awarded a Creative Non-fiction Grant by the Whiting Foundation. It is the first time the grant has been awarded to a multiple-author project.



Thread

A Caesarean Story of Myth, Magic and Medicine

Hannah Marsh



June 2025
HB, 320pp

World Rights

Editor:
Carole Tonkinson

Translation Rights:
Available

US Rights:
Available

TV & Film Rights:
Bell Lomax Moreton

A compelling journey through myth, magic and medicine to reframe the story of the Caesarean section.

Back in 2017, journalist Hannah Marsh was about to give birth to her son after months of preparation, reading and hypnobirthing classes. Following thirty hours of induced labour, Hannah was quickly acquainted with a caesarean section: a process she had not physically or emotionally prepared for.

In an attempt to heal, Hannah began interrogating the following questions: why do the words 'caesarean section' bring up feelings of doubt, shame and judgement for some, but a sense of safety, relief, validation and reassurance for others? Why are those two powerful words rarely spoken of in the ecstatic tones with which we celebrate so-called 'natural', or vaginal birth? Why is the procedure rarely called 'beautiful', or associated with an innate sense of feminine power?

Working her way through history, culture, and folklore, it wasn't long before Hannah stumbled upon the pioneering voices and fascinating tales history seems to have forgotten. Take Koronis, mother of Aesclepius, the Greek God of surgery, or Dr James Barry, born Margaret Anne Bulkley, who performed an early and rare successful c-section, in which both mother and child survived, in South Africa in 1826.

Weaving in the arc of her own experience, a journalist's insatiable curiosity, and the stories of both contemporary and historical women who endured and drove developments, *Thread* is an unflinching but compassionate examination of a procedure which is much more than surgery and medicine.

HANNAH MARSH is a journalist who specialises in writing about women and gender. She wrote a series of columns for *The Independent* focusing on feminist and gender issues and she has penned columns for *The Vagenda*. Hannah gave birth via Caesarean in 2017. After being diagnosed with PTSD following the birth, discovering more about the procedure, and its history, became both a fascination and a key part of her healing.



The Stuff of History

A Curated Compendium of Curious Objects and Forgotten People

Steven Moore



October 2025
HB, 304pp

World Rights

Editor:
Matthew Phillips

Translation Rights:
Available

US Rights:
Available

TV & Film Rights:
Dunn Fogg

A beguiling, entertaining and consummately curated miscellany of fascinating forgotten histories.

Too often history focuses on the tales of kings, or those (often men) who were given the credit for shaping our stories. Yet, what fascinates most are the figures who have passed through the cracks of history, people like:

- The fourteen-year-old boy who lived undetected in the chimneys of Buckingham Palace
- Archie Lee, the re-inventor of Santa Claus
- The women at Playtex who helped put the first man on the moon
- The family tragedy that convinced Monet to make the famous trip to Venice which changed the course of art history

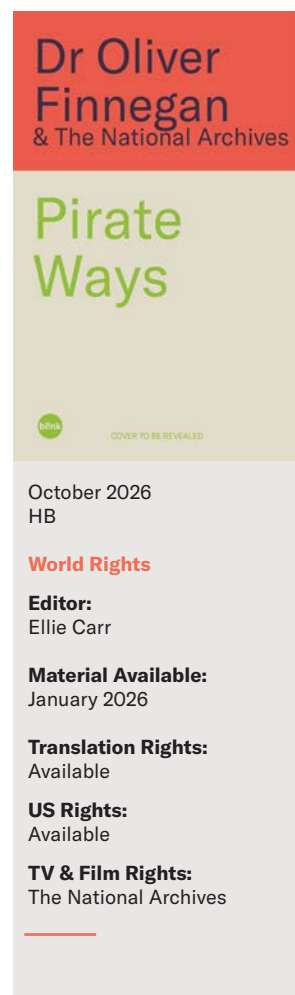
But it's not just forgotten heroes that you'll meet, this compendium also reveals the curious back stories behind everyday objects - the humble fork, the china cup, the real history of tea, and Queen Victoria's underwear - to name but a few.

The Stuff of History is a thoughtful, entertaining and carefully curated miscellany of fascinating forgotten histories from popular historian, Steven Moore.

STEVEN MOORE is a uniquely qualified individual having worked as an antiques dealer, auctioneer and museum curator. He is a published author, journalist, and also a highly experienced TV presenter best known for his appearances on the BBC, particularly BBC One's top-rated factual *Antiques Roadshow*, where he has been a regular expert since 2003. More recently he has joined BBC One's *Antiques Roadtrip*.

Pirate Ways

Dr Oliver Finnegan



A fascinating study of piracy on the high seas from 1500 to 1850.

Those who have ruled the waves have forever captured popular imagination and those who have done so illegally, even more so. Our history books are full of swaggering pirate villainy, renegade sea captains and plundering rogues. But save for a few famous names that are frequently cited, the true nature of historic global piracy has not yet been fully explored.

In this fascinating study drawn on previously unseen records held at the National Archives, historian Oliver Finnegan reveals the true account of piracy between 1500 and 1850, whilst also examining its impact on our seas today. Spanning three distinct eras, *Pirate Ways* covers a wider geographical and chronological scope than readers generally associate with piracy, while engaging with very current themes such as migration, colonialism, gender and social networks.

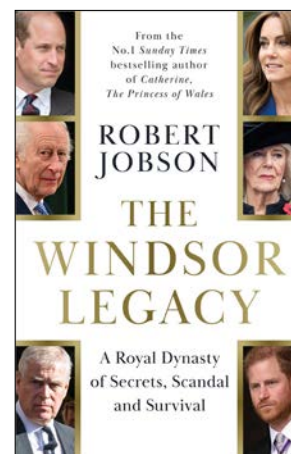
This is a history of the waves that is as yet untold. The richness of these stories is staggering; from the day-to-day of life on board a ship, to the planning of ambushes and selling of stolen goods, and a pirate's eyewitness description of taking a merchantman deck by deck, the intricacy of *Pirate Ways* brings forth a cast of characters, all of whom played their own unique part in this important aspect of global history.

DR OLIVER FINNEGAN is a historian and the Prize Papers Record Specialist at the National Archives. He specialises in early modern oceanic history, covering piracy, the slave trade and overseas networks. He holds a PhD from the University of Cambridge and previously worked as a Postdoctoral Research Associate on the Prize Papers Project at Carl von Ossietzky Universität in Oldenburg, Germany. He is also lead curator on the forthcoming piracy exhibition at the National Archives.

The Windsor Legacy

A Royal Dynasty of Secrets, Scandal and Survival

Robert Jobson



November 2025
HB, 352pp

World Rights

Editor:
Ciara Lloyd

Material Available:
Full MS

Translation Rights Sold:
Poland (Foksal)

US Rights Sold:
Pegasus

TV & Film Rights:
Reserved to the Author

A riveting exploration of the British monarchy's resilience and influence over the past century.

In an age where resilience is essential, *The Windsor Legacy* delivers an enthralling narrative of inspiration and royal intrigue.

Penned by Robert Jobson, a *Sunday Times* and *New York Times* bestselling author and a front-line royal correspondent for over three decades, this extraordinary work will take readers deep into the heart of royal history.

From the abdication crisis, royal family entanglements with Hitler and the Nazis, Cold War espionage, betrayal, scandalous love affairs, to more recent constitutional crises and the monarchy's most closely guarded secrets and feuds.

The historic narrative romp, told through the key characters and clashes at the heart of the family, will be packed with exclusive revelations, and be as comprehensive as it is captivating.



Sunday Times Number One Bestseller
New York Times Bestseller

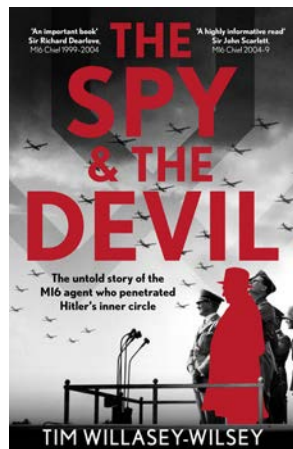
Rights Sold: Bulgaria (Prozoretz), Czechia (Albatros), Estonia (Hea Lugu), Finland (Tammi), France (L'Archipel), Hungary (Libri), Italy (Rizzoli), Latvia (Latvijas Mediji), Lithuania (ALMA Littera), Netherlands (Meulenhoff), Poland (Foksal), Portugal (Porto), Romania (Corint), Serbia (Albion), Slovakia (Ikar), US (Pegasus)

Dubbed 'the Godfather of royal reporting' by the *Wall Street Journal*, ROBERT JOBSON is Royal Editor of the *London Evening Standard*, Australia's Channel 7 show *The Morning Show*, as well as royal commentator for the ABC network's *Good Morning America*. In the UK he is a regular on BBC, ITV and Sky News. A bestselling author and award-winning correspondent, he has been at the forefront of royal reporting for well over twenty-five years.

The Spy and the Devil

The Untold Story of the MI6 Agent who Penetrated Hitler's Inner Circle

Tim Willasey-Wilsey



May 2025
HB, 448pp

World Rights

Editor:
Ciara Lloyd

Translation Rights:
Lithuania (Briedis)

US Rights:
Available

TV & Film Rights:
SoloSon Media

The forgotten tale of MI6's top spy in Nazi Germany and his bid to stop the Second World War.

In the world of espionage, where the accounts of renowned spies often dominate the narrative, this is a rare gem - an untold story of a completely unknown spy.

Baron William de Ropp, a Baltic German aristocrat and undercover agent, wasn't just any ordinary spy; he was MI6's top-secret agent in Nazi Germany from 1931 to 1939, managing to escape Berlin just before war broke out. This unsung hero had direct access to Adolf Hitler and an inside track on the Nazi regime. His reports, shrouded in secrecy, had the power to shape British policy toward Germany in a pivotal period of history.

The Spy and the Devil is a riveting tale of espionage, intrigue, and the untold impact of one man's secret mission on the course of history. In the world of espionage, where the accounts of renowned spies often dominate the narrative, this is a rare gem. Journey into the shadows of Nazi Germany, where a forgotten British spy worked tirelessly to avert catastrophe, and discover the secrets that history almost left behind.

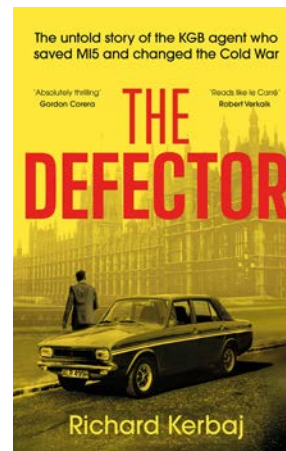
Drawing on his years of service in the Foreign Office, Tim Willasey-Wilsey offers an insider's view of this enigmatic British spy.

TIM WILLASEY-WILSEY, CMG, is Visiting Professor of War Studies at King's College, London and Senior Associate Fellow at the Royal United-Service Institute (RUSI). He served for twenty-seven years as a Foreign Office diplomat in Africa, Latin America, Asia and Europe.

The Defector

The Story of the KGB Agent Who Saved MI5 and Changed the Cold War

Richard Kerbaj



September 2025
HB, 304pp

World Rights

Editor:
Ciara Lloyd

Translation Rights Sold:
Estonia (Sinisukk)
Finland (under offer)

US Rights Sold:
Pegasus (US)
HarperCollins (Canada)

TV & Film Rights:
C&W

The secret history of the renegade KGB agent who changed the Cold War.

Drawing on newly declassified intelligence documents and dozens of interviews with spymasters, *The Defector* tells a startling story of a Soviet mission to plant fake Kremlin agents within British and American intelligence services, the paranoia that ensued and how the actions of a genuine turncoat, the former KGB officer Oleg Lyalin, and the secrets he revealed resulted in one of the most dramatic and pivotal moments in the Cold War.

Lyalin led MI5 to rethink its relationship with the CIA. And his defection discredited a previous KGB defector, Anatoly Golitsyn, the darling of the CIA, and ultimately destroyed the reputation of the US agency's head of counterintelligence, James Jesus Angleton.

At the heart of Lyalin's story is a narrative entwined with lies, disinformation, Kremlin deception campaigns, intelligence failures by the CIA and MI5 and a tangled love life. Told in full here, for the first time, by one of this country's leading commentators on national security, it reveals how during the darkest moments of the Cold War one of the West's greatest achievements transpired as a result of MI5's break with the CIA.

The disclosure of the inside story of this historic event also comes at a time when there is a renewed interest in the relationship between transatlantic spy services - from the intelligence they share or hold back, to the way they respond to their political masters and stand up to threats from Russia.

'Reads like le Carré'

Robert Verkaik

RICHARD KERBAJ is a Bafta-winning and twice Emmy-nominated filmmaker and writer who has specialised in investigating crime and national security-related stories for more than fifteen years. He was the security correspondent for the *Sunday Times* from 2010 to 2020. Before that, he worked for *The Times* as a foreign correspondent, and for *The Australian* newspaper. He is also the writer and producer of several award-winning documentaries.

Dope

How Drugs Changed Sport

James Witts

May 2026
HB**DRAFT****World Rights****Editor:**
Joe Hallsworth**Material Available:**
March 2026**Translation Rights:**
Available**US Rights:**
Available**TV & Film Rights:**
The North Literary Agency

A look at the murky world of doping in sport, uncovering how the cheats keep one step ahead of the authorities and what drives them to do so.

As human beings, we're fascinated by elite human performance. And if it derives from nefarious means? Arguably that's even more alluring - just look at the Enhanced Games, the sporting free-for-all where doping is allowed that will take place in Las Vegas in 2026. The lengths athletes, and their support teams, go to in search of peak performance is unsettling, dangerous and captivating.

Just as intriguing is how the anti-doping authorities combat, or attempt to combat, the cheats. Blood tests, urine tests, examination of fitness data, monitoring social media à la Big Brother in an effort to determine where the athlete's training. Is it in a country that doesn't have an accredited testing lab nearby? The alarm bells ring.

It's good versus evil, but who's winning?

Through the lens of case studies throughout the history of doping in sport, *Dope* examines the landscape of sport and doping in the modern era. It uncovers the common methods of cheating and what tricks the authorities have up their sleeves to identify and catch those who cross the line.

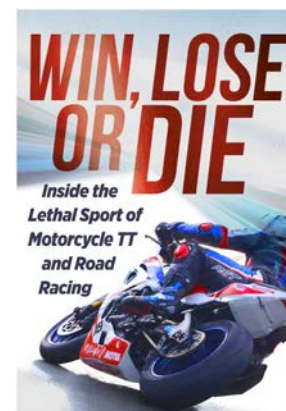
This is an eye-opening and enthralling account of modern day sport - one which will change the way you view it forever.

JAMES WITTS has carved out a career from making science accessible, whether for the broadsheets (*Observer*), consumer magazines (*Cyclist*, *Rouleur*, *New Scientist*) or websites (*CyclingNews*, *BBC Focus*, *Live Science*). He has written three books: *The Science of the Tour de France*; *Training Secrets of the World's Greatest Footballers*, and *Riding with the Rocketmen* - that lifted the lid on elite sporting performance.

Win, Lose or Die

Inside the Lethal Sport of Motorcycle TT and Road Racing

Stuart Barker



STUART BARKER

May 2026
HB**DRAFT****World Rights****Editor:**
Joe Hallsworth**Material Available:**
Draft MS**Translation Rights:**
Available**US Rights:**
Available**TV & Film Rights:**
David Luxton

The unvarnished truth behind the world's most dangerous sport - motorcycle road racing - in the words of those who ride it.

The Isle of Man TT is not the only motorcycle road race in the world. Events like the North West 200, the Ulster Grand Prix, the Macau Grand Prix and the Cookstown 100 are every bit as brutal as the TT, if not more.

Competitors race around closed public roads at speeds of over 200mph, and there is absolutely no room for error. Trees, houses, lampposts and stone walls are just some of the hazards waiting to catch out the unwary, or the unlucky. As with the Isle of Man TT, these events provide some of the greatest highs and the most tragic of lows seen in any sporting field, and there are only three possible outcomes for riders: win, lose, or die.

Over the years, some of the biggest names in motorcycle racing have tackled 'pure roads' events, including Geoff Duke, Mike Hailwood, Giacomo Agostini, Joey Dunlop, Carl Fogarty, and even the great Barry Sheene. Their modern counterparts, like John McGuinness and Michael Dunlop, continue to push speeds higher and higher, the risks increasing year on year. Faster, faster, faster.

Through a host of exclusive interviews with riders, mechanics, team bosses, and race organisers, *Win, Lose or Die* takes readers behind the scenes of one of the world's most lethal sports, revealing the triumphs and tragedies, the blood, the guts, the sweat, and the tears that are involved in winning a road race.

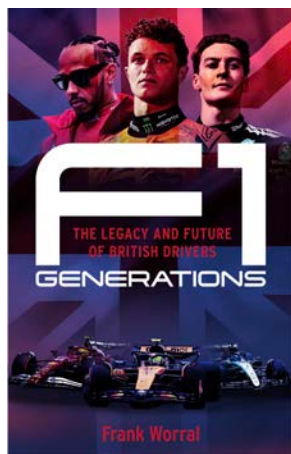


STUART BARKER began working as a motorcycle journalist for *Motor Cycle News* in 1996. Freelance since 2001, he has written for most of the major motorcycling titles and was editor of the Isle of Man TT programme for eight years. He has written nine books including a bestselling biography of Barry Sheene and a biography of Evel Knievel which is set to be made into a major Hollywood movie. Other works include *Ragged Edge*, a history of the Isle of Man TT, and biographies of Joey Dunlop, Valentino Rossi and Marc Márquez.

F1 Generations

The Legacy and Future of British Drivers

Frank Worrall



November 2025
HB

World Rights

Editor:
Joe Hallsworth

Material Available:
Final PDF

Translation Rights:
Available

US Rights:
Available

TV & Film Rights:
Reserved to the Author

A look at how the baton is being passed on by Lewis Hamilton to the next generation of British drivers currently fighting for the F1 World Championship.

As Lewis Hamilton reaches the twilight of his extraordinary career that has seen him cement himself as one of Britain's greatest ever sportsmen, a new generation of young, exciting and fast drivers have quickly taken the top seats of F1 and look set to dominate the sport for years to come - in particular, Lando Norris and George Russell.

In one of the most exciting and closely-fought F1 Championships in recent years, these two extraordinary talents have established themselves as two of the world's best with the potential to add their names to the list of F1 champions. In *F1 Generations*, bestselling sportswriter Frank Worrall looks at the passing of the baton from Hamilton to Norris and Russell.

But, of course, the history of British F1 drivers didn't start with Hamilton. Worrall will look at Hamilton, Norris and Russell in the context of the lineage of successful and trailblazing British drivers that came before them - from Sterling Moss, Jackie Stewart, Graham Hill and James Hunt to Damon Hill, David Coulthard and Jenson Button - to explore what it takes to reach the very pinnacle of motor sports and the legacy that you leave behind in the process.

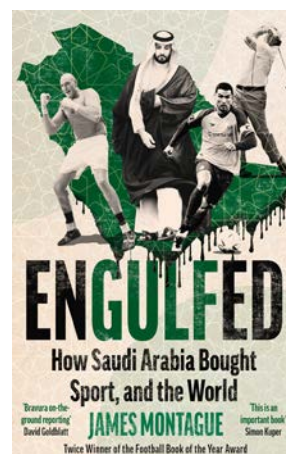
This is the in-depth and ultimate look at British F1's past, present and bright future.

FRANK WORRALL is a journalist who writes regularly for the *Sunday Times* and *The Sun*. He is also the author of number one bestseller *Roy Keane: Red Man Walking*, and countless other sports books including *Rooney: Wayne's World*, *Giggsy*, *The Magnificent Sevens* and *Lewis Hamilton: The Definitive Biography*.

Engulfed

How Saudi Arabia Bought Sport, and the World

James Montague



March 2025
HB, 304pp

World Rights

Editor:
Joe Hallsworth

Translation Rights Sold:
Germany (Stiebner Verlag),
Italy (66thand2nd),
Netherlands (Thomas Rap),
Spain (Esfera de los Libros)

US Rights:
Available

TV & Film Rights:
David Luxton

An in-depth look at how the murder of Jamal Khashoggi sped up the Saudi state's involvement and investment in sport.

In 2034, Saudi Arabia will host the men's FIFA World Cup and mark the culmination of Mohammed bin Salman's ambitious plan to modernise Saudi Arabia, a kingdom of unfathomable wealth at the heart of the Islamic world, which is only now emerging from nearly a century of self-isolation. How did we get here? Why would a country spend tens of billions of dollars, perhaps even hundreds of billions in the long run, to buy and control sport?

Engulfed is a story about ambition, family rivalries, extreme wealth, power, murder and disinformation. It is also the story of dictatorship, political corruption and, at its root, how sport - football, yes, but also golf, boxing and even e-sports - became a vital geopolitical tool for Saudi Arabia.

Drawing on Montague's exclusive first-hand interviews from his extensive travels across Saudi Arabia, the US, the north-east of England, Spain, Turkey and beyond, *Engulfed* uncovers how the House of Saud zeroed in on the political power of sport, using it both as a powerful political tool of influence and as a way to rectify the PR damage caused by one of the most infamous assassinations in history: the murder of Jamal Khashoggi.

'Deep knowledge of the region combined with bravura on-the-ground reporting and, above all, a clear-eyed realism about how sport has placed itself in the malign service of power.'

David Goldblatt

'Saudi Arabia is a hard country to report on and understand, but Montague is equal to the task. An important book.'

Simon Kuper

JAMES MONTAGUE is an award-winning author and journalist who has reported regularly for the *New York Times*, *BBC World Service*, *CNN*, *GQ* and *The Guardian*, amongst others, from over 100 different countries. He is the author of four highly-praised football books and his work has been translated into over a dozen languages. He currently lives in Istanbul.

Prince: A Sign O' The Times

John McKie



September 2025
HB, 544pp

World Rights

Editor:
Joe Hallsworth

Translation Rights Sold:
Poland (Czarna Owca)

US Rights:
Available

TV & Film Rights:
Reserved to the Author

A new, definitive biography on the era-defining artist Prince based on over 220 exclusive new interviews.

There are pop stars, and then there is Prince. In this kaleidoscopic, freewheeling biography, John McKie examines the remarkable life and career of one of the most mysterious figures in music through the prism of the record most widely considered his masterpiece, 1987's *Sign o' the Times*.

Drawing on more than 200 interviews with friends, ex-girlfriends, bandmates, recording engineers, bodyguards, personal assistants, wardrobe designers and hairdressers, accomplished music writer John McKie examines the life of this musical polymath with the help of many of the people who knew him best.

Family members and friends discuss his childhood when he learned to master several instruments, there is new information on how he made the soundtrack to *Purple Rain*, the full story about why he decided to stop using his name, the now legendary Super Bowl half-time show and that guitar solo at the Rock 'n' Roll Hall of Fame which has been viewed on YouTube 100 million times.

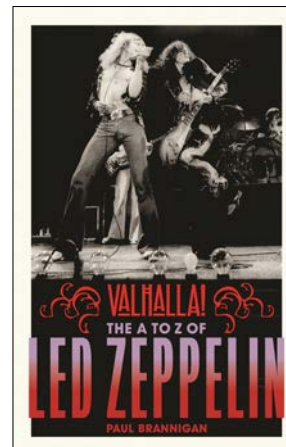
McKie also dives into the personality of the man: what made him laugh, the way he hired and fired colleagues, what he was like to live with, how his relentless drive to make music led to him recording for hours without sleep, how he changed his car stereo to road test his new hits and even booked his guitar and album sleeves their own seats on flights.

Prince: A Sign o' the Times is the most comprehensive book ever written about one of the most enigmatic and talented pop stars of all time.

JOHN MCKIE is a music writer and former editor of *Smash Hits* and *Q Magazines*. *Prince: Sign o' the Times* is his first book.

Valhalla! The A to Z of Led Zeppelin

Paul Brannigan



September 2026
HB

World Rights

Editor:
Ciara Lloyd

Material Available:
November 2025

Translation Rights:
Available

US Rights:
Available

TV & Film Rights:
Reserved to the Author

A definitive 'A to Z' biography of iconic rock legends Led Zeppelin.

Titled in tribute to the gloriously theatrical lyric from 'Immigrant Song', *Valhalla! The A to Z of Led Zeppelin* aims to illuminate and unpack the mythology and majesty of the greatest hard-rock band of all time.

Utilising a similar tone and structure to Mark Blake's wildly entertaining, critically acclaimed *Magnifico! The A to Z of Queen*, this book seeks to re-animate Led Zeppelin for a global audience in a digestible, accessible and authoritative format. Liberated from the constraints of a conventional biography, the alphabetised entries will include eyewitness anecdotes and analytical mini-essays, as well as original critiques of the music of Plant, Page, Jones and Bonham - and, crucially, what their songs reveal about the men who crafted them.

Among the book's irreverent pages, readers will find out just how much money the quartet invested in Monty Python and exactly why Barack Obama felt compelled to host them in a room with 3-inch-thick windows and a secret-service presence. Yet this meticulously researched guide also provides a comprehensive overview of the group's game-changing rise to ascendancy and the subsequent fallout as three creatively restless musicians struggled to process the devastating loss of their dear friend and esteemed bandmate John Bonham.

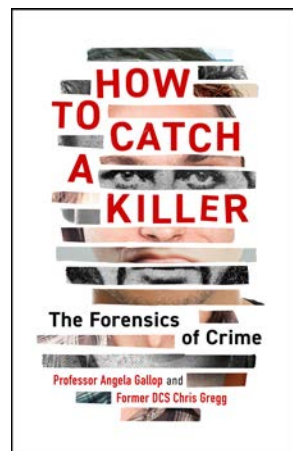
Packed with insightful trivia to delight Led Zep loyalists and casual fans alike, this is the rock and roll story of the good and bad.

PAUL BRANNIGAN is an established music writer, whose previous books include *This Is a Call: The Life and Times of Dave Grohl* (a *Sunday Times* Bestseller), the two-volume *Birth School Metallica* ('Music Book of the Year' in the *Sunday Times*, the *NME* and *The Independent* and *Eruption: The Eddie Van Halen Story*.

How To Catch A Killer

The Forensics of Crime

Dr Angela Gallop and Former DCS Chris Gregg



April 2026
HB

World Rights

Editor:
Ciara Lloyd

Material Available:
October 2025

Translation Rights:
Available

US Rights:
Available

TV & Film Rights:
Robert Smith Literary

Two voices. Two areas of expertise. One goal: To catch a killer.

However gifted a particular forensic scientist or police officer might be, crimes are solved by teams, not individuals. In this unique and fascinating book, world-renowned forensic scientist Dr Angela Gallop and highly acclaimed former Detective Chief Superintendent and Head of CID for West Yorkshire Police Chris Gregg provide intriguing insights into some of the many cases they have helped to solve as well as looking at other high-profile cases where their individual skills could have saved time - and lives.

For the first time Chris and Angela have come together to share their bespoke perspectives on the art and science of policing. They will look at various areas of law enforcement and consider how best their own expertise was - or could have been - deployed.

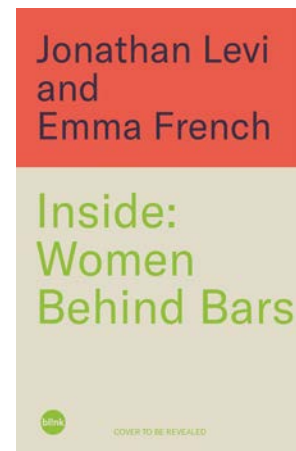
A joint venture by two leading proponents in the international fight against serious crime. One representing the views, the history and the procedures of the police. The other representing the peak achievements of forensic science.

CHRIS GREGG became Detective Chief Superintendent and head of the Homicide and Major Enquiry Team of West Yorkshire Police, the sixth largest force in the UK. During a 34 year career his cases included those of the Yorkshire Ripper and the UK's most prolific murderer, Dr Harold Shipman.

DR ANGELA GALLOP began her career as a biologist at the government's Forensic Science Service before going on to form her own company and become the UK's most celebrated forensic scientist. Angela met Chris working on the investigation of Yorkshire Ripper victim Helen Rytka. Together in 2010 they created Axiom International to offer forensic expertise and training to agencies all over the world.

Inside: Women Behind Bars

Jonathan Levi and Emma French



June 2026
PB

World Rights

Editor:
Ciara Lloyd

Material Available:
January 2026

Translation Rights:
Available

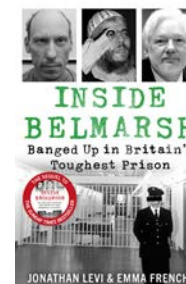
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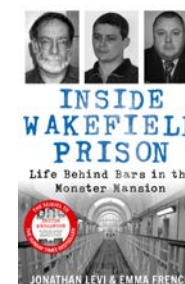
A shocking and revealing glimpse into the realities behind the headlines.

Inside: Women Behind Bars dives deep into the lives of female prisoners through the eyes of those who know them best. Do these women express regret? Do they live up to the public's perception of them? And what does daily life look like for some of the most troubled and high-risk female inmates?

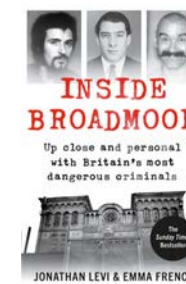
Featuring a wide range of cases, including some of the most talked-about female offenders in recent history, the book promises compelling and eye-opening stories.



July 2025



June 2024



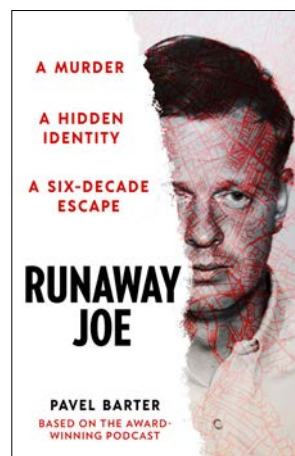
August 2019

JONATHAN LEVI is a successful television executive and BAFTA-nominated documentary film maker. Attracted to the extremes in society, he was the first person to ever gain full access to the patients and staff at Broadmoor Prison for a highly-acclaimed primetime ITV series offering startling insights into the minds of some of Britain's most notorious psychiatric patients.

DR EMMA FRENCH writes about how particular people, places and stories hit the headlines and capture the public imagination. Her books include *Selling Shakespeare to Hollywood*, and, as co-author with Jonathan Levi, *Hatton Garden: The Inside Story*.

Runaway Joe

Pavel Barter



April 2026
TPB

World Rights

Editor:
Deirdre Nolan

Material Available:
November 2025

Translation Rights:
Available

US Rights:
Available

TV & Film Rights:
Storyline Agency

DRAFT

An investigation into one of the oldest unsolved cases on the FBI's books, spanning six decades and the Atlantic Ocean.

1967. Rochester, New York. Joseph Maloney poisoned his wife at their son's fifth birthday party. Following her death and awaiting trial, he escaped from the psychiatric wing of Rochester State Hospital and went on the run.

A few years later a mysterious man named Michael O'Shea arrived in Dublin, Ireland, claiming to have family in the Midlands and beginning to work in the film industry. He married Sheila Chandler and sold a house in Dublin, moving to a large country estate in the Midlands where he lived like a lord for a decade.

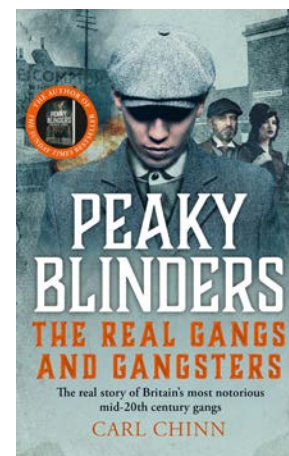
In 1984, following an extradition treaty with the US, Michael, now identified as Joseph Maloney, was again arrested and put on trial, but the case collapsed due to a constitutional legality. He then fled to East Berlin, and after the fall of the Berlin Wall he moved to Northern Cyprus, where he is believed to have died in 2005.

Based on the hit podcast series, this is a fascinating insight into the mind and actions of a true psychopath, following his trail of destruction across the Atlantic and the extraordinary lies, manipulation and violence he was capable of.

PAVEL BARTER is a reporter for *The Sunday Times* in Ireland who has produced and presented award-winning radio documentaries for RTE in Ireland and other broadcasters. These include *Grief of a Nation*, the story of an Irish photographer who captured the events surrounding JFK's assassination, which won Gold at the New York Festivals in 2021.

Peaky Blinders: The Real Gangs and Gangsters

Carl Chinn



August 2025
PB, 368pp

World Rights

Editor:
Ciara Lloyd

Translation Rights
Poland (Zysk)

US Rights:
Available

TV & Film Rights:
SoloSon Media

From the Sunday Times Number One bestselling series, this new account offers a fresh perspective on the Birmingham gangs pre-1914.

At the turn of the 20th Century, Birmingham was transforming into a wealthy, bustling metropolis, celebrated for its manufacturing and local government. Yet behind this optimistic facade, the poorest and most vulnerable in society were abandoned. This longstanding inequality aroused unrest, sparking violence and terror from backstreet gangsters who'd become known as peaky blinders.

In this fourth instalment of the bestselling series, Chinn draws upon his decades of expertise to reveal even more about these notorious gangs, going back to where it all began. He exposes the people whose bloody feuds, murders, baiting of police officers, bullying of the poor, gendered violence, blackmailing, and roles in political riots and racist attacks made Birmingham infamous as the city of the Peaky Blinders.

Over 500,000 books sold in the series!



September 2019



September 2020



October 2021

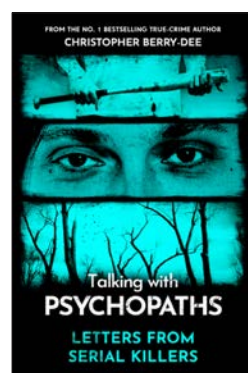
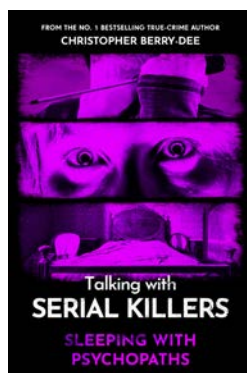
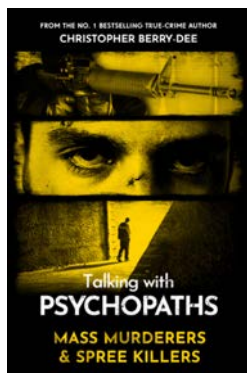
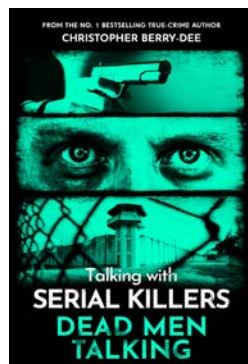
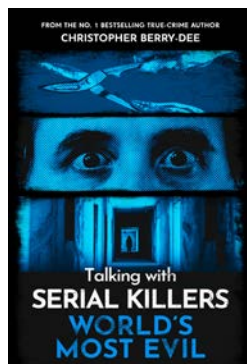
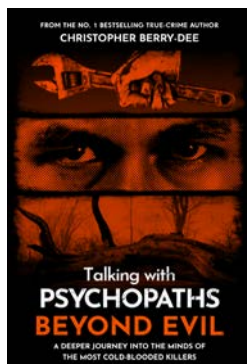
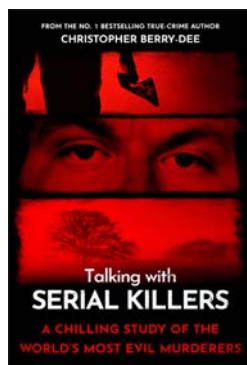
Rights sold in the series: Arabic (Dar Molhimon), Albania (NTP Artini O.P.), Brazil (Universo Dos Livros), Czechia (Albatros), France (Hachette), Georgia (Bank of Books), Greece (Okeanos), Hungary (Maxim), Italy (Mondadori), Poland (Zysk), Portugal (Presenca), Spain (Atico de los Libros), The Netherlands (Kosmos), Turkey (Nemesis)

PROFESSOR CARL CHINN MBE Ph.D. is a social historian with a national profile, writer, public speaker, and teacher. An off-course bookmaker himself until 1984, he is the son and grandson of illegal bookmakers in Sparkbrook, and the great-grandson of a peaky blinder.

Talking With Serial Killers Series

Christopher Berry-Dee

Almost a million copies sold in the UK alone!



Talking With Serial Killers Inside Psychopaths' Minds – In Their Own Words

Christopher Berry-Dee

A chilling new book from the No. 1 bestselling true crime writer and criminologist.

An expert look into the minds, motivations and mentality of convicted serial killers, from the UK's No.1 true crime writer, based on the author's unique and extensive archive of correspondence between him and these murderers. The material is original and most of it has never been published before.

Christopher Berry-Dee's bestselling *Talking with Serial Killers* series dives deep into the minds of some of the world's most dangerous murderers. Through face-to-face interviews and letters from prison, Berry-Dee allows these killers to reveal their darkest thoughts in their own words. The result is a chilling and psychologically intense exploration of what drives seemingly ordinary people to commit extraordinary acts of violence. Gripping, disturbing, and thought-provoking, the series offers a rare window into the twisted logic and emotional void of the criminal mind.

'Terrifying - true crime at its best.'

Daily Express

Rights sold in the series: Czechia (Albatros), Estonia (Postimees), Finland (Into), Germany (Riva), Hungary (Central Kiadó Csoport), Japan (X-Knowledge), Poland (Czarna Owca), Romania (Litera), Russia (Eksmo), Sweden (Lind & Co), The Netherlands (Just Publishing), Turkey (Sahi), US (Diversio)

CHRISTOPHER BERRY-DEE is a noted writer and criminologist. He is the UK's No. 1 true-crime author. He does not shy away from visiting prisons to interview some of the most disturbed murderers who are behind bars – gaining their trust and delving into the depths of their minds.

How To Achieve Financial Freedom

Eoin McGee



January 2026
TPB

DRAFT

World Rights

Editor:
Deirdre Nolan

Material Available:
November 2025

Translation Rights:
Available

US Rights:
Available

TV & Film Rights:
NK Management

Create a life of financial freedom – on your own terms.

Bestselling author, broadcaster and podcaster Eoin McGee has helped thousands of readers to take control of their money. Now he's showing them how to break free from it.

In *How to Achieve Financial Freedom*, McGee moves beyond budgeting and debt advice to tackle the deeper questions: what does it mean to live a life unburdened by financial stress, and how can we make that life happen?

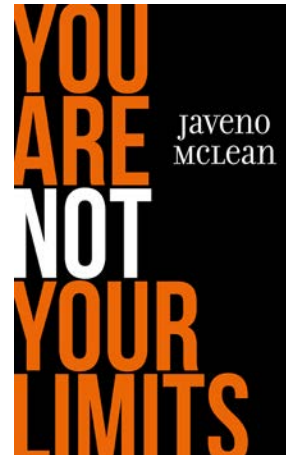
Drawing on years of experience as a financial planner and TV presenter, McGee offers a clear roadmap to building wealth, making smart choices and designing a future that aligns with your values. With practical tools, this book empowers readers to move from surviving to thriving.

Whether you're starting out, starting over or simply ready to start living on your own terms, this is your guide to financial freedom – and the peace of mind that comes with it.

EOIN MCGEE is a financial planner, the founder of Prosperous Financial Services and the host of RTE's *How to Be Good with Money*. He is the author of the bestselling books *How to Be Good with Money* and *How to Make Your Money Work*.

You Are Not Your Limits

Javeno McLean



May 2025
HB, 288pp

World Rights

Editor:
Carole Tonkinson

Translation Rights Sold:
Poland (Kompania Mediowa)

US Rights:
Available

TV & Film Rights:
Ey3 Media

The inspiring story of Javeno McLean, founder of an award-winning Health Centre, and his 'superstars', people with health challenges who have inspired millions across the globe.

On a summer's day in 2023, Javeno Mclean was about to train a young girl called Kiera who was recovering from a brain tumour. After chemotherapy damaged her nerves, Kiera was unsure if she would ever be able to walk again. With a good feeling about Kiera's progress, Javeno decided to record her arrival...

She gets out of the front passenger seat of a car without any help. She puts one hand on top of the door and one on the frame before pulling herself up. I'm encouraging her: 'Go on, K-Boogie!' Kiera steadies herself, gets her balance and walks across the pavement to J7. I'm next to her, but I didn't need to support her. She puts her hand on the door... and opens it. The video has since been watched over 23 million times.

After leaving professional sports to run fitness classes in the local community, Javeno realised he wanted to be a different kind of trainer. He envisioned a truly inclusive health centre: one where anybody could come and be empowered to soar, no matter what challenges they may be facing in life.

This book is the story of how that vision became a reality, what it's taught Javeno about love, community and resilience. But mostly it's about the people who came through the door.

'When I see his (Instagram) posts it fills me with such hope in humanity. And reminds me to always try and remember to be kind. Patient. Grateful.'

Michelle Pfeiffer

With a Foreword from Lauren Steadman MBE and an Introduction by Ben Shephard

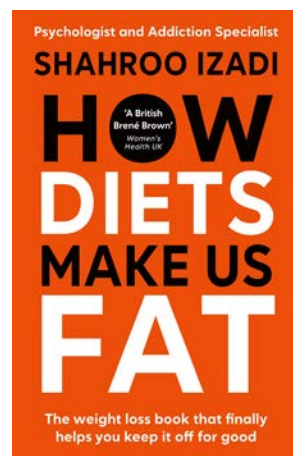
JAVENO MCLEAN is a personal trainer, community champion and owner of the award winning J7 Health Centre in Manchester. He is best known for his inspirational, life-changing personal training with the disabled, sick and elderly in his community. His uplifting videos posted on social media have captured the hearts of millions around the globe.



How Diets Make Us Fat

The Weight Loss Book That Finally Helps You Keep It Off For Good

Shahroo Izadi



December 2025
HB

World Rights

Editor:
Carole Tonkinson

Material Available:
Final PDF

Translation Rights:
Available

US Rights:
Available

TV & Film Rights:
Roocover Limited

Shahroo Izadi delves deep into the intricacies of food addiction perpetuated by diets and unveils the secret to sustainable weight loss.

The gig's up. 70 years since 'cabbage soup', obesity has tripled, 97% of all dieters gain it all back - and more, and diets are 5 times more likely to result in an eating disorder than sustained weight loss.

In this ground-breaking book, Shahroo Izadi delves deep into the intricacies of food addiction perpetuated by diets and unveils the secret to sustainable weight loss through actively unlearning damaging - and fattening - diet habits.

Drawing on both professional and lived experience, Izadi challenges conventional wisdom surrounding diets and obesity treatment, offering readers a clear, compassionate and restorative framework for reclaiming power over food and losing weight for good.

How Diets Make Us Fat serves as a defiant call to arms against the diet industry's exploitation and manipulation. By learning to truly trust and believe in themselves again, readers can flip a defiant middle finger to the industry that has profited from their suffering for far too long and finally find the mental peace and physical balance they so deserve.

'Britain's answer to Brené Brown.'

Women's Health

SHAHROO IZADI is a psychologist and addiction specialist, who has written two bestselling books. She has hosted workshops at Amazon, Google, Facebook, and JP Morgan, among others, that help people build healthier habits. She was named 'Thought Leader of the Year' at House of Lords by the Baton Awards and her work has featured in *The Telegraph*, *Marie Claire* and *Grazia* among others. Shahroo herself has struggled with food addiction, and is keen to spread a message of healing that is built on kindness.



Breathwork

Techniques for Better Mental, Emotional and Physical Health

Ashley Roberts



July 2025
HB, 256pp

World Rights

Editor:
Madiya Altaf

Translation Rights:
Available

US Rights:
Open Road

TV & Film Rights:
M&C Saatchi

An accessible and practical guide on how breathwork can improve your mental, physical and brain health.

Breathing comes naturally to us, we do it without thinking, but what happens if instead of taking this process for granted, we pay attention and focus on our breath?

This simple act, known as breathwork, is proven to help clear our minds, strengthen our nervous system, and oxygenate our entire body. But how do we harness this hidden power to help us with everyday anxiety, improve our sleep pattern and become happier?

A member of a popular girl group, radio host and television presenter, Ashley Roberts is no stranger to constant change, stressful scenarios and the pressures of a demanding career.

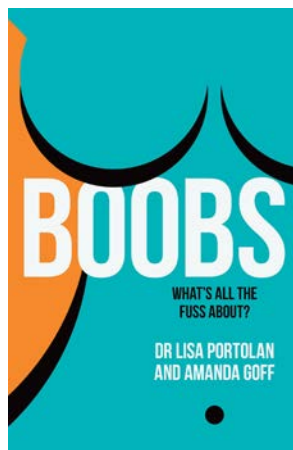
After seeking medical help, her doctor confirmed that owing to these external stresses, her body was no longer able to keep up. As she tried to take back control, she discovered breathwork, and before long, her life began to change...

In *Breathwork*, Ashley shares the effective tools that have helped her in her self-improvement, spanning from breathing exercises to mantras, affirmations and meditations, and thus takes us on an extraordinary journey to better mental and physical wellbeing and inner peace.

ASHLEY ROBERTS is a multi-talented presenter, broadcaster, musician and actor. She is most famously known for being a member of *The Pussycat Dolls*, who sold over 55 million records worldwide, becoming one of the best-selling female groups of all time.

Boobs

Dr Lisa Portolan and Amanda Goff



September 2025
PB, 240pp

World Rights

Editor:
Samantha Miles

Translation Rights:
Available

US Rights:
Available

TV & Film Rights:
SoloSon Media

A tongue in cheek social history of our obsession with breasts.

For most of her life, unconcernedly flat-chested author and academic Dr Lisa Portolan had never really thought about her breasts. But then she met Amanda Goff - aka former escort Samantha X - fellow author, journalist and owner of a huge pair of breasts. A friendship formed, then a working relationship ... and as the two women embarked on business dealings together, the monolithic power of mammary glands became glaringly apparent.

All too often, men would ogle Amanda's chest in meetings, text her romantic/perverse messages, and try to get into her pants. The same men would focus their attention on Lisa's face, send her professional emails, and otherwise ignore her. Lisa was left pondering whether she should have her breasts augmented in order to become more visible, while Amanda wondered whether she should have hers reduced. But they both found themselves asking the same question: why all the fuss about boobs?

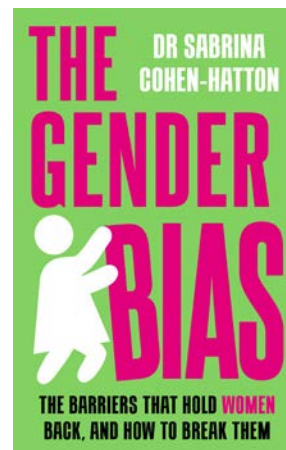
Lisa and Amanda don't pretend to have all the answers - they're not even sure how they feel about them most of the time. But that's precisely the point. *Boobs* is a smart, irreverent, wide-ranging and often hilarious conversation about the human and social-historical journey of breasts, richly illustrated with personal anecdotes and perspectives opposite ends of the bust spectrum.

DR LISA PORTOLAN is the author of *Ten Ways to Find Love ... and How to Keep It* (Echo, 2025) and *Love, Intimacy and Online Dating: How a Global Pandemic Redefined Intimacy* (Routledge, 2023) and has a PhD in digital intimacy. She is a frequent commentator on love, sex and intimacy and the intersection with digital technology, and has appeared on *The Project*, the *Today* show and *Insight*.

AMANDA GOFF is a journalist, best-selling author and was formerly known as Samantha X. She was a successful journalist in London and in Sydney, before ditching her nine-to-five to become Samantha X, Australia's most famous escort, at the age of 38. She wrote two bestselling memoirs - *Hooked* (Ebury, 2014) and *Back on Top: Confessions of a High-Class Escort* (Hachette, 2017) - and retired as an escort at 49. Her latest book is *Misfit: The Unravelling of Samantha X* (Echo, 2025).

The Gender Bias

Sabrina Cohen-Hatton



February 2026
PB (Reissue)

World Rights

Editor:
Madiya Altaf

Translation Rights:
Available

US Rights:
Available

TV & Film Rights:
Morgan Green Creatives

The barriers that hold women back, and how to break them.

Two people are firefighters and do the same job. When one is asked what they do for a living, their response is met with: 'That's amazing, you are so brave!', while the other is asked: 'Isn't that dangerous? Aren't you scared? What about your kids?' Can you guess the difference between the two?

These comments are the reality for Dr Sabrina Cohen-Hatton and many other women at work and in life. Gender biases stop women from succeeding - but why are certain qualities associated with success viewed less favourably for women?

After leaving home at 15, going through extreme personal adversity and a period of homelessness, Sabrina gained first-hand experience of the hurdles women face to become successful. In *The Gender Bias*, she explores the everyday prejudices women experience through the prism of success. From leadership, to risk-taking, perception and failure, Sabrina exposes the invisible barriers that are holding women back.

Through an analysis of studies and data, Sabrina unpicks why women are judged differently, examines why that matters and offers practical solutions on how we can tackle our biases and overcome sustained systems.

DR SABRINA COHEN-HATTON is one of the most senior woman fire officers in the world. She has a 1st Class Honours degree in Psychology, a Masters in International Fire Service Development and a PhD in Behavioural Neuroscience. She is now recognised as a leading international expert on risk-critical decision making in crises and is an Honorary Research Fellow at Cardiff University.



Protein in 15

Easy, Tasty, Unprocessed Meals for Everyone

Joe Wicks



December 2025
HB, 224pp

World Rights

Editor:
Carole Tonkinson

Material Available:
Final PDF

Translation Rights:
Available

US Rights:
Available

TV & Film Rights:
Reserved to the Author

Full of quick, delicious protein-packed recipes for the whole family, from the author of the second bestselling cookbook of this century.

We all need protein to help us balance blood sugar, build muscle, and maintain energy and concentration. Whether you're an experienced gym-goer, a mid-life woman battling peri-menopausal symptoms or simply want to boost your protein without relying on ready-made bars, shakes and protein powder, this book is for you. Real food for real people, the recipes are tight on time but big on flavour and are made with easy-to-source, unprocessed ingredients.

Chapters include:

- Easy-peasy dinners
- Plant-powered meals
- Lunchbox inspo
- Home takeaways
- Fast prep slow-cook bangers
- Pasta and noodle winners

Protein in 15 will show you that it's possible to eat a protein-rich diet using fresh, whole foods without chemical nasties.

Best known as The Body Coach, JOE WICKS has transformed the way millions approach fitness and nutrition through his online HIIT workouts, bestselling books, and hugely popular fitness app. He shot to fame with his *Lean in 15* recipe book series and became known as the UK's P.E. teacher during COVID-19, leading daily livestreamed workouts for families around the world. His efforts not only kept people moving during lockdown but also raised over £650,000 for charity, earning him an MBE for services to fitness and charity.

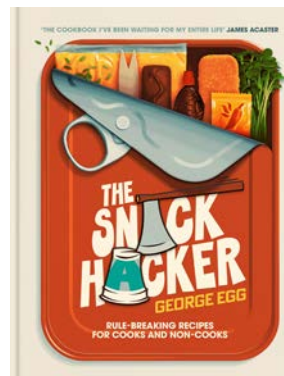
Joe has published 15 books, selling over four million copies worldwide. His Body Coach brand has expanded to include a hugely popular fitness app, which quickly topped the charts, offering personalised workouts and meal plans to users worldwide.



Snack Hacker

Rule-Breaking Recipes for Cooks and Non-Cooks

George Egg



June 2025
HB, 256pp

World Rights

Editor:
Joe Hallsworth

Translation Rights:
Available

US Rights:
Available

TV & Film Rights:
David Luxton

A cookbook showing you how to make creative and inventive snacks by using what's in your store cupboard and modifying existing products.

What began as a lockdown project ballooned into a full-time pursuit for accessible, innovative and delicious culinary ideas, racking up millions of online views in the process. In his first recipe book, George delivers delights that will appeal as much to the food-fanatic as they will to the culinary curious - a crash course for the undiscovered gourmand and a reminder to the seasoned foodie that it's OK to have fun in the kitchen.

Presenting a mixture of hacks for fast food favourites alongside recipes for 'proper' dinners using surprising combinations and unconventional methods, while leaning into the food nostalgia of formative years, *The Snack Hacker* inhabits a place where the frowned-upon (processed cheese, crab-sticks, salad cream) sits with the gourmet (honey, tahini, seaweed). Join George as he guides you from Deep-fried Pot Noodle to Chip Shop Tortilla, Microwave Shakshuka to Twiglet Brownies, Peshwari Toasties to Beer-Battered Celebrations - all stitched together with his culinary memories of growing up in '80s London.

A colourful cookbook that's rich with inventive design, illustration and photography, *The Snack Hacker* offers an inspiring approach to unpretentious cooking whether you're a professional chef, a home cook or a kitchen-shy greedy-guts.

AN INSTANT SUNDAY TIMES BESTSELLER

WINNER OF 'CONTENT CREATOR OF THE YEAR' AT THE FORTNUM AND MASON FOOD AND DRINK AWARDS 2024

GEORGE EGG is a comedian, a cook and a content creator. Since 2015 he has written, produced and performed four live cooking-with-comedy shows. All four shows enjoyed sell out runs at The Edinburgh Festival Fringe and went on to tour both nationally as well as overseas.

During the Covid lockdown George began producing 'Snack Hacker'. Over one hundred episodes later, the show has amassed tens of millions of views, an avid social media following and has attracted a slew of A-list guests from the worlds of comedy and food.



Tails of Scotland

The Story of Scottish Dogs

Peter MacQueen



October 2025
HB, 256pp

World Rights

Editor:
Alison McBride

Translation Rights:
Available

US Rights:
Available

TV & Film Rights:
Reserved to the Author

Dog-loving Scotsman Peter MacQueen is embarking on an extraordinary adventure: a deep dive into Scotland's iconic dog breeds, filled with stunning photography.

From the sheep-covered hills of the Borders to the windswept and majestic Isle of Skye, Peter dives into the world of Scotland's most celebrated breeds with his new book *Tails of Scotland: The Story of Scottish Dogs*.

For a small country, Scotland has a remarkable number of native breeds of dogs - each chapter is a journey of discovery, revealing the history, traits and distinct personalities of twelve distinct Scottish dogs. From the regal Scottish Deerhound, the gentle giant of the glens, to the mischievous West Highland Terrier stealing hearts (and socks!) across the country, Peter meets the people who adore them and uncovers what makes each breed a perfect fit for its place - and its people.

Whether he's watching a Border Collie command its flock or exploring the inquisitive spirit and unique charm of a Dandie Dinmont, Peter unearths the traditions that make these dogs an integral part of Scotland's heritage.

Packed with lively storytelling, stunning photography of dogs in Scotland's breathtaking landscapes, and practical tips for both current and future owners, *Tails of Scotland* is a heartfelt celebration of dogs and the folk who can't live without them.

PETER MACQUEEN is a Scottish TV presenter, producer and author. Born and raised in Oban, Scotland, he fell in love with outdoor skills when his family built a hut on the Argyllshire coast. He has produced several documentaries and educational series on BBC Alba, Channel 4, and CBBC. His first book, *The Art of Hutting*, was published in 2023. MacQueen currently lives with his partner and international baker, Coinneach MacLeod, along with their Highland Terrier, Floraidh, and Dandie Dinmont Terrier, Peigi. They are currently developing a new agri-tourism business.



Jules and Greg's Wild Swim

Julie Wilson Nimmo and Greg Hemphill



October 2025
HB, 240pp

World Rights

Editor:
Alison McBride

Translation Rights:
Available

US Rights:
Available

TV & Film Rights:
United Agents

Plunge into adventure with *Jules & Greg's Wild Swim* - the uplifting and hilarious companion to the hit BBC TV series.

With their trademark humour and heart, Jules and Greg take you on a journey to Scotland's most breathtaking wild swimming spots and share the exclusive behind-the-scenes tales of their swimming adventures.

Brimming with practical advice, personal anecdotes and Jules and Greg's infectious enthusiasm, this guide offers everything you need to embrace the invigorating world of open-water swimming - whether you're a curious first-timer or a seasoned dipper.

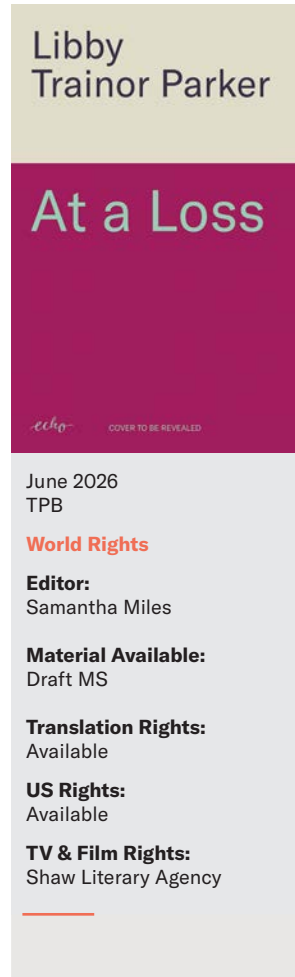
Join Jules and Greg as they celebrate the joy, health benefits, and sheer wonder of wild swimming. Your next great escape begins here.

JULIE WILSON NIMMO is from East Kilbride, Scotland. She is an actress, known for her roles in shows such as *Pulp Video*, *Chewin' the Fat* and *Scot Squad*, as well as portraying Miss Hoolie in the BBC Children's series *Balamory*. Jules and Greg got married 25 years ago after meeting on a radio show. Jules took up cold water dipping during Covid and hasn't looked back since.

GREG HEMPHILL is an actor, writer, presenter and director who is mainly known for playing Victor in the sitcom *Still Game*. He graduated from The University of Glasgow in 1992 and recently moved to the East Neuk. He grew up in Montreal, Canada, is a keen swimmer and reader, loves to play poker and watch horror movies.

At A Loss

Libby Trainor-Parker



A how-to guide for surviving miscarriage and grief.

This is a how-to guide for surviving pregnancy loss and grief, told through shared stories, interviews with experts and support for taking care of your heart. Written in Libby's signature warm, conversational, compassionate style, *At a Loss* is part instruction manual, part journalistic memoir and part stand-up comedy routine. Offering a hand to hold, some steps towards recovery and a whole lot of understanding and empathy for people living with loss, this book is designed for you to pick up when you need it, lean on when you feel lost, and bookmark sections to navigate tragedy, shock and grief.

This is the best friend and companion you need when you're traversing this territory, told by someone who has lived through countless pregnancy losses and now dedicates her time to supporting and advocating for people in the same situation.

June 2026
TPB

World Rights

Editor:
Samantha Miles

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Translation Rights:
Available

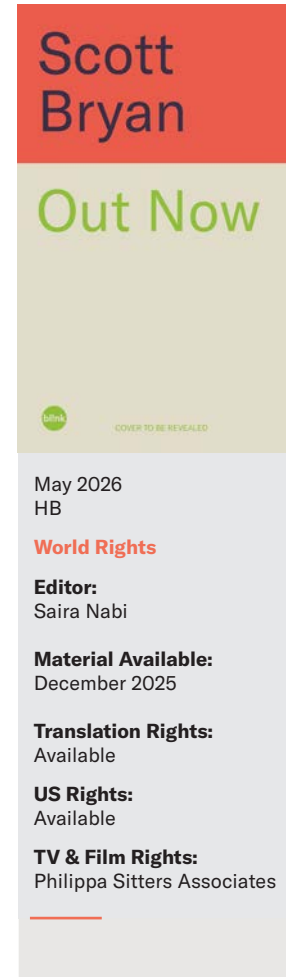
US Rights:
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TV & Film Rights:
Shaw Literary Agency

Writer, comedian, journalist, teacher, and cabaret performer LIBBY TRAINOR-PARKER is a passionate patient advocate dedicated to awareness and action. Blending gentle humour with hard-hitting truths to empower others navigating the healthcare system, Libby's debut book, *Endo Days: Life, Love, and Laughter with Endometriosis* (Wakefield Press, 2023) offers a candid and comedic look at living with chronic illness, combining personal anecdotes with practical advice and much-needed levity.

Out Now

Scott Bryan



Scott Bryan takes a nostalgia trip through the history of queer representation on television, looking at how they transformed society and affected him personally.

Out Now tells the story of the slow reveal of queer representation on television over the past thirty years, from the first same-sex kisses of the 90s soaps to the authentic portrayal of queer teens in *Heartstopper*.

Scott guides us from show to show, reminding us of the often harsh lens through which the public understood and watched these stories play out, whilst sharing moments from his own story, which underline just how vital this boundary pushing was, and still is. This book will not only bring together this untold history, but provide hours of heartfelt nostalgia with a personal thread running through.

May 2026
HB

World Rights

Editor:
Saira Nabi

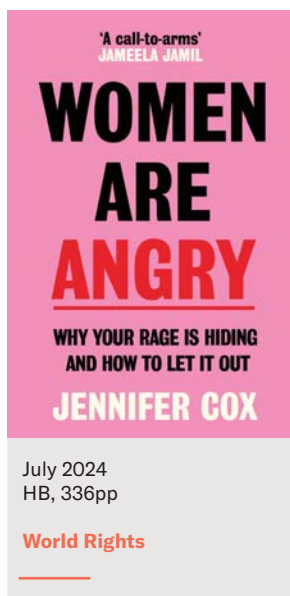
Material Available:
December 2025

Translation Rights:
Available

US Rights:
Available

TV & Film Rights:
Philippa Sitters Associates

SCOTT BRYAN is a TV critic, broadcaster and journalist. His work has appeared in the *New York Times*, *Variety*, *the Guardian* and more. He regularly appears to talk about television on BBC Breakfast, BBC Radio 5 Live's 'Must Watch' podcast, on social media and beyond. He lives in East London.



Women are Angry

Jennifer Cox

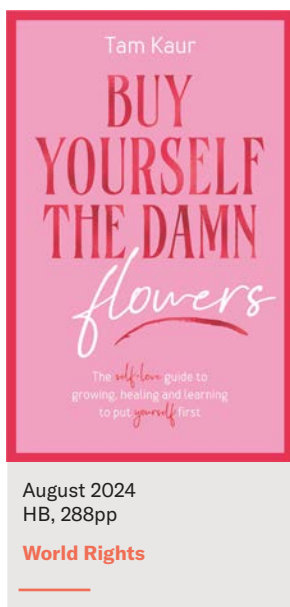
What if you aren't depressed? What if you don't have chronic fatigue? What if you are just . . . angry?

In a world where patience is a virtue and being a good girl is for life, women are never allowed to truly express their anger - and it is making us ill. After a lifetime of being told to repress it, to hide it away and fear it, anger has begun to manifest in female bodies in myriad ways we can't control. And the results are alarming.

Jennifer Cox takes us on a journey from cradle to grave, revealing how, at every stage of our lives, women are conditioned not to speak out or 'make a fuss', and showing us how to tune in to our feelings of frustration and offers us the tools to express what we have subdued for so long.

The Times Self-Help Book of the Year 2024

Rights Sold: Brazil (Pensamento), the Netherlands (Kosmos), Turkey (Eksik Parca), Serbia (Laguna), US (Mango)



Buy Yourself the Damn Flowers

Tam Kaur

Social media star Tam Kaur's ultimate guide to radical self-love, helping you find yourself through dating, breakups, bad relationships and more.

After a series of bad relationships, Tam knew things needed to change. She decided to practice self-love: take herself out on dates, buy herself flowers, and spend time doing the things she loves.

This is a practical self-love guide that will help you to learn how to cultivate a deep and lasting love for yourself. Based on her own experiences, Tam provides advice on how to break free from seeking external validation, feeling unworthy, how to set boundaries, build confidence and so much more.

Ultimately, showing you how the best relationship in life is always the one you have with yourself.

Rights Sold: Indonesia (Bhuana), Netherlands (Het Spectrum), Turkey (Mona), US (Mango)



InnSaei

Hrund Gunnsteinsdóttir

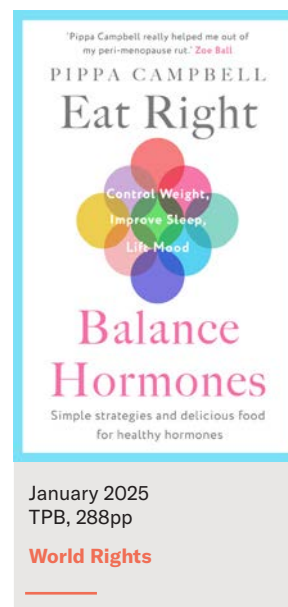
Heal, revive and reset with the Icelandic art of intuition.

Simply put, InnSaei (pronounced 'in-sy-eh') is the Icelandic word for intuition. It means the sea within (the flow of our unconscious mind), to see within (how we introspect), and to see from the inside out (how we navigate the world). InnSaei exists within all of us.

We live in a world where it's easy to feel lost, disconnected or without a purpose. Learning about InnSaei is the first step to reconnecting with yourself and the environment.

Hrund Gunnsteinsdóttir explains how aligning with the sea within will help you to make more informed decisions and welcome creativity and wonder back into your life; and seeing from the inside out will empower you to make change around you and live a more fulfilled life.

Rights Sold: Arabic (Hachette Antoine), Brazil (Universo dos Livros), Estonia (Pegasus), Germany (Rowohlt), Greece (Brainfood Media), Hungary (Helikon), Iceland (Salka), Poland (Insignis), Portugal (Leya), Serbia (Vulkan), Spain (Planeta), Taiwan (YuanLiwo), Turkey (Destek), US (HarperOne)



Eat Right, Balance Hormones

Pippa Campbell

Simple strategies and delicious food for healthy hormones.

Are you looking for expert advice on how to balance your mood, sleep better, control your weight and lift brain fog?

Pippa has helped thousands of women suffering from symptoms of menopause and hormonal imbalance. In this book, she offers a personalised plan to help women uncover the root cause of their hormonal imbalance and show them how to adjust their diet in order to achieve a better balance.

Packed with advice tailored towards your specific symptoms, lifestyle tips and 60 delicious, easy hormone-friendly recipes, this is the book that no woman can live without!

Rights Sold: Estonia (Pegasus), Serbia (Publik Praktikum), Taiwan (Acorn), US Audio (Dreamscape), US (Open Road)



June 2025
HB, 320pp

World Rights

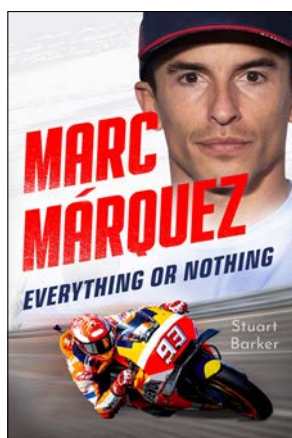
Fixed

Moses Swaibu

Insider account of a football match-fixing scandal, from a former professional footballer and convicted fixer.

In 2012, English football was rocked by the biggest match-fixing operation to hit these shores in the modern era. An Asian syndicate had infiltrated the Conference South with players being offered vast sums of money to help rig games and net millions of pounds for the fixers. Loyal fans attending matches were oblivious to the fact that outcomes had been predetermined. The remarkable story of how this syndicate was able to take hold of the national sport is told to us by a man who not only played in many of these games, but went to jail for helping to fix them - Moses Swaibu.

Fixed breaks new ground as Moses Swaibu becomes the first player ever to write openly about how he helped to fix games, revealing exactly what happens on the pitch when a match is being manipulated. This is a sporting account like none ever written before.



May 2025
HB, 336pp

World Rights

Marc Márquez

Stuart Barker

The definitive biography of MotoGP superstar racer Marc Márquez.

Márquez's hyper aggressive riding style has made him many enemies, and his epic championship battle with Valentino Rossi in 2015 led to one of the most controversial moments in the history of MotoGP.

But his story off the track is just as incredible: devastating accidents, surgeries and recoveries, racing on despite a diagnosis that left him knowing one more head injury could leave him blind. His self-admittedly ruthless personality and desire to win make him an explosive, dominant and at times controversial character.

Told by bestselling author Stuart Barker, with the insight of rivals, team members, pundits, managers and many close to his story, this is the a story of pure sporting theatre and white-knuckle speed twinned with real human drama. *Marc Marquez: Everything or Nothing* is the Márquez told in full for the very first time.

Rights Sold: Hungary (Athenaeum)



May 2025
HB, 368pp

World Rights

Consumed

Saabira Chaudhuri

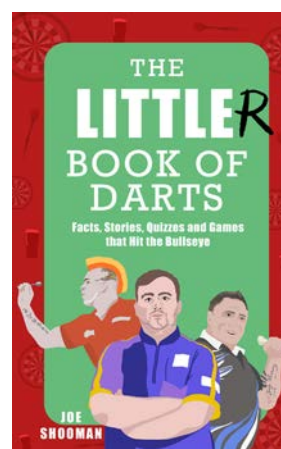
A vital investigation into how disposability has transformed our lives and why we've been unable to kick our plastic habit.

Over the past seventy years, McDonald's, Coca-Cola, Procter & Gamble, Unilever and other consumer goods makers have harnessed single-use plastics to turbocharge their profits. They've poured billions of dollars into convincing us we need disposable diapers, cups, bags, bottles, shampoo in sachets and plastic-packaged ultra-processed foods.

We were never clamouring for any of these items, but this shift towards disposability has fundamentally transformed our daily habits. While at first we shaped plastics, somewhere along the way, plastics took over and began shaping us.

How did plastic take over our lives? And why have we been unable to rein it in? In investigating how we got here, *Consumed* arms us to make better decisions about where we go next.

Rights Sold: US Audio (Tantor)



October 2025
HB, 240pp

World Rights

The Little(r) Book of Darts

Joe Shooman

A celebration of all things darts packed full of trivia and quizzes.

The Little(r) Book of Darts is a celebration of the working man's javelin, packed full of trivia, quizzes and games that embody the drama, humour, fun and downright chaos that is at the very heart of the darts experience. Covering everything from Bullseye, the link between Dexty's Midnight

Runners and Jocky Wilson, how Michael van Gerwin lost his hair, the real reason Gerwyn Price wears industrial-sized ear defenders and what to wear to impress your boss when they catch you chugging a jug of beer in the crowd, this is the embodiment of the magic that these highly-trained athletes bring to the oche day after day.



Crossing

Sabrin Hasbun

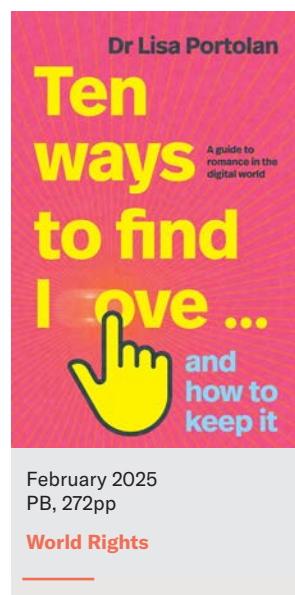
A story about grief and what it means to lose not only loved ones, but also a place in the world and a sense of belonging.

A beautiful and compelling family memoir retracing the love story between Sabrin Hasbun's Palestinian father and Italian mother, and the life of her half-Italian, half-Palestinian family from the 1960s to 2020. In the wake of the death of her mother, Sabrin tries to renegotiate her mixed identity and understand her mother's choices which led her from an oppressive childhood in a village in Tuscany to finding love and community activism in Palestine.

This is a story about overcoming grief and what it means to lose not only loved ones, but also a place in the world and a sense of belonging.

Winner of the Footnote x Counterpoints Writing Prize

Rights Sold: Italy (Feltrinelli)



Ten Ways To Find Love... and How To Keep It

Dr Lisa Portolan

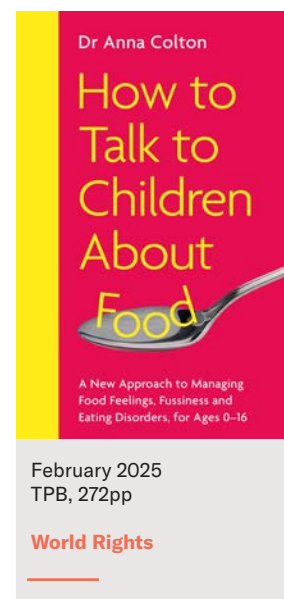
A guide to romance in the digital world.

Everyone is looking for love ... but the search for love in the 21st century is fraught with obstacles (not least among them pandemics), uncertainties (does romantic love really exist, and if it does, are we worthy of it?) and contradictions (the popularity of dating apps versus our cynicism about them).

Complicating the issue is our consumer culture's fixation on the disposable and the new. When it comes to finding love, many of us become stuck in a cycle of looking for the next, even better relationship. Ironically, while we're on this quest for romantic novelty, we may also be craving long-term partnerships, feeling like failures if we don't achieve them.

And what is the most profound lesson to be drawn from this incisive, compassionate, often humorous handbook? Ultimately, the pursuit of love is not just about finding a soulmate - it's about becoming a better version of ourselves in the process.

US Rights Sold: Open Road



How To Talk To Children About Food

Dr Anna Colton

A new approach to managing food feelings, fussiness and eating disorders for ages 0-16.

Were you ever told 'you can't have dessert until you eat all your vegetables?' Or to 'be grateful for your meal'? Or perhaps you yourself have said 'Mummy's on a diet so she can't eat that' or 'Daddy is fat, you don't want to be like him'. We may not realise, but we are constantly communicating our thoughts on food to our children.

Clinical psychologist and eating disorder specialist Dr Anna Colton guides us through a judgement and shame-free journey from pregnancy to a child's adolescence with accessible scientific and psychological explanations. She shows us how we've formed our relationship with food and gives us the practical, evidence-based tools to instil a positive relationship with eating in our children.

Rights Sold: Poland (Media Rodzina), Slovakia (Ikar), Turkey (Aykiri)



The Hebridean Baker: The Scottish Cookbook

Coinneach MacLeod

The Hebridean Baker returns with his fourth cookbook sharing with his readers the art of Scottish cooking and baking.

Join the Hebridean Baker on an irresistible culinary voyage to the heart of Scotland's islands that will inspire you in the kitchen. From savoury pies to biscuit tin favourites, cakes for every occasion and forgotten culinary gems, these recipes are woven together with a delectable and captivating narrative.

The Hebridean Baker: The Scottish Cookbook is a celebration of tradition, innovation and the sheer joy of sharing delicious food. Each chapter weaves a broad narrative of tradition, folklore, travel and the vibrant cultural tapestry of the Hebrides whilst inviting readers to savour the essence of Scotland, one delectable recipe at a time.

Rights sold: US (Sourcebooks)

Film & TV deals and options

Karma by Boy George - under option

A Thorn in Their Side by Robert Green and Kate Dawes - Prodigal

Cult Following by Bexy Cameron – TeaTime Pictures

Perfect Gentleman by Roy Hall – David Kane

Fishers of Men by Rob Lewis - FOM Film Ltd

Frances Kray: The Tragic Bride by Jacky Hyams - 42 M & P

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